Learning never stops…Log-in with us!
www.powayadultschool.com
Greetings, everyone, and welcome to Poway Adult School’s Fall Quarter!

Although the learning environment may be different, this fall the quality and variety of Poway Adult School’s courses are going strong. Faced with the closure of school campuses throughout the District, we found ourselves without classrooms to deliver our courses. Through innovative changes, instructor training and technological usage, most of our courses are now available through an online format.

A major difference this term is the expansion of our adult Career Technical Education courses. We heard from many of you about the negative economic impact COVID-19 has had on jobs within our community. Many of our community members found themselves needing to make a career transition or to enhance their current job skills. In response to that need, Poway Adult School has implemented a variety of new programs to help people transition back to the workforce. Some of these new career programs include training to become Court Reporters, Nurse Assistants, Phlebotomy Technicians, and a host of careers in the Information and Computer Technology industry sector. Students can also gain certifications, licenses and certificates through courses in Real Estate, QuickBooks, MS Office Pro, Google Suites and Accounting.

While we are ready to begin our full online format this fall, you’ll notice that there are some courses that were not able to transition effectively to online. For example, some of our community’s favorites that are missing from the fall schedule include cooking, ceramics, orchestra, sewing, and a significant reduction in painting and fitness courses. These courses will return as soon we are given the approval to return to campuses to offer face-to-face instruction.

We hope we will “see” you in class this fall. Remember … Learning never stops at Poway Adult School!

Kathleen Porter
Executive Director

Mission Statement

To provide adults with exemplary learning opportunities by offering timely and relevant courses, programs, and services that are responsive to our community’s needs. Poway Adult School works with students to identify and reach their individual goals, including career advancement, college preparation, and life enrichment.
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<tbody>
<tr>
<td>August 26</td>
<td>Adult Education Registration Begins</td>
</tr>
<tr>
<td>August 31</td>
<td>English as a Second Language Registration Begins</td>
</tr>
<tr>
<td>September 14</td>
<td>English as a Second Language Classes Begin</td>
</tr>
<tr>
<td>September 14</td>
<td>Adult Education Fall Classes Begin</td>
</tr>
<tr>
<td>November 11</td>
<td>Veteran’s Day Holiday observed, No Classes, Office Closed</td>
</tr>
<tr>
<td>November 23–29</td>
<td>Thanksgiving Recess, No Classes, Office Closed</td>
</tr>
<tr>
<td>December 9</td>
<td>Adult Education Winter Registration Begins</td>
</tr>
<tr>
<td>December 11</td>
<td>Adult Education Fall Classes End</td>
</tr>
<tr>
<td>December 17</td>
<td>English as a Second Language Classes End</td>
</tr>
<tr>
<td>December 21–January 3</td>
<td>Winter Recess, Office Closed</td>
</tr>
</tbody>
</table>

### Would You Like to Teach Others?

Have you ever considered teaching others? Become part of our PUSD Adult School staff. Anyone with a special knowledge, talent or skill is welcomed to contact us. Learn more about this opportunity by setting an appointment with us at (858) 668-4009 or dguzman@powayusd.com. We are always looking for new teachers, so bring your expertise and enthusiasm to show others how to Live And Learn!

### Special Announcement:

Keep checking our website for updates!

If we are given approval to return to campus during the Fall Term, many of your favorite classes are ready to return.

- Ceramics
- Cake Decorating
- Metal Arts
- Fitness
- Gardening
- And many more.....
Conduct classes at your work site! We are the experts in adult education and possess a diverse range of courses designed to meet your business strategy, improve employee performance and morale. Gain knowledge of the tools necessary to plan, implement and manage projects in any business environment. Contact us at dguzman@powayusd.com for further information.

Our Programs, Classes and Workshops:

**Administrative Operations**
- Google tools – Docs, Sheets, Drives and Sites
- MS Office Professional
- QuickBooks
- Accounting
- Technical writing
- Effective communication techniques

**Business Leadership**
Improving Business Results Through Performance. Specifically designed Business Leader workshop that presents game-changing techniques to enhance higher performance at all levels: individual, team and organizational. Contact us to setup initial meeting.

**English as a Second Language Classes for Employees**
From beginner to intermediate levels. A pre-assessment can be conducted to develop the appropriate course and improve communication within your company. Curriculum can also include general technical terms routinely used in the workplace.

"Training tailored to fit your business"

Further enhance employee morale and well-being by conducting on-site yoga, meditation, stress-management or other healthy lifestyle courses. Your possibilities are endless.
Poway Adult School offers high-demand career training programs to help you gain employment in competitive wage professions. You can pursue a career pathway certificate or qualify to earn an industry-valid certification. Each can be used to validate your skills to employers for career-entry or advancement positions.
Ace Your Interview

This workshop focuses on interview preparation and practices. Topics include reviewing and incorporating transferable skills, exploring various types of interview questions and developing your best answers to avoid interview pitfalls.

12/2 12:30–2:00 PM
1day  W    ONLINE
9327  Free   MCANDREWS

Target Your Resume

Create a resume that focuses on your experience and employer needs. Write compelling Professional Summaries to highlight your skills that meet or exceed job requirements. The Professional Summary becomes your talking points for networking.

10/14 12:30–2:00 PM
1day  W    ONLINE
9326  Free   MCANDREWS

Typing Tests

Typing tests are provided by Poway Adult School for $15 + $5 per copy of the certificate. Please call (858) 668-4024 to schedule an appointment.

Getting Started on Computers

This class is a perfect fit for beginners in the computerized world. We will cover the basics of navigating through your computer. You will learn to search the internet, the fundamentals of emailing and the essentials of Microsoft Word.

9/15–10/20 10:00AM–12:00PM
6wks  T    ONLINE
9390  $99   HERNANDEZ
Court Reporter Certification

Module 1

Become a Court Reporter and enter a well-paying career. Court Reporters create word-for-word transcriptions at trials, depositions, and other legal proceedings. This program consists of 6 Modules. Each Module is 11 weeks long. You may expect to practice 12 hours a week in addition to attending classes. The course runs 18-24 months. Additionally, you will complete a Court Reporting Internship of 40 hours (20 hours in court and 20 hours in depositions) and a production of a 40-page transcript. Upon completion of the 6 modules and prior to Certification, there is a preparation (lab and self-study) where you will be given materials to study on your own. Once program requirements are complete, students will be qualified to sit for the National Shorthand Reporter Exam (RPR).

Module 1 is the introductory course in real time stenographic machine shorthand writing. Beginning theory will be covered. You will learn brief forms for writing thousands of the most common words and phrases and a phonetic-based system for writing all words.

1. Textbook fee is $214
2. Case Catalyst Software can be purchased ($345) or rented ($10 month) here: [https://www.stenograph.com/student-writer-packages](https://www.stenograph.com/student-writer-packages)
3. Steno Machine will be required for class and maybe purchased (new or used) or rented (must have extended DZ key) see website for more information. [https://www.stenoworks.com/](https://www.stenoworks.com/)
4. Students are to provide their own laptops (computer with 3 ports, Windows 10, minimum 128 GB storage capacity and 8 GB RAM, Intel Core, i3, i5, or i7 processor.)

Please make every effort to make these purchases / rentals and take receipt of necessary items prior to the first day of class.

Recommended Pre-Requisites: A-Z Introductory Course

Required Pre-Requisites: High school diploma or equivalency and functional computer use; Students seeking work as Court Reporters must have clean background checks.

You are required to attend an orientation on September 17th, 5:30pm - 6:30pm

Module 1 fee is $1,396 this can be made in 4 monthly payments of $349, please call (858) 668-4024 to request a payment plan

9/22–12/15
11wks
9409
$1396
T, W, Th
5:30–9:00PM
ONLINE
MORENO

Registration Information on Last Page
Health Science & Medical Technology

Nurse Assistant

This online course is streamlined to provide students with the required classroom and clinical hours needed to take the Certified Nurse Assistant examination. It is designed for part-time students desiring entry-level career skills or needing to meet pre-requisites for further health career training. It will begin with 60 hours of theory and move into clinical skills instruction via online activities and at a clinical setting when able. Students who complete the required coursework and all clinical skills will qualify to take the State certification exam which we expect will be in winter 2021.

In order to start the course, students must:

• Be at least 18 years of age
• Have a clear background check
• Provide your social security card
• Provide your valid, government-issued photo identification
• Complete Live Scan (fingerprinting) the first week of class
• Take a basic reading placement appraisal (scheduled once you register)
• Provide proof of negative TB test
• Clear medical report with a doctor’s signature
• Functional computer literacy
• A computer with internet access, a camera and microphone

Additional details:

• You must provide Ceil Blue scrubs, closed toed tennis or nursing shoes, gait belt and a blood pressure cuff.
• You must attend one or more days on campus using safety protocols and wearing student provided personal protective equipment to accomplish initial activities for the course such as: fingerprinting, participating in CPR Certification (Fee of $47.00 cash, which you will pay directly to the CPR teacher), collecting workbooks and turning in medical paperwork.
• An online Orientation will be given on Friday, September 25 from 4:30 pm to 6:00 pm.
• We will issue electronic textbook logons to students on Saturday, September 26 from 8:30 am to 12:00 pm.

Fees: If you want to make a $450 deposit please call 858-668-4024, otherwise, full payment is due upon registration. Additional fees throughout the course are estimated at $300.

10/2-12/19  F  4:00–8:00 PM
12wks  Sat  8:00 AM–12:00 PM
9410  ONLINE
ARELLANO

995
## ICT CERTIFICATIONS

### Information & Computer Technology

- ICT High Demand Careers
- Industry Certified
- ICT Earn High Wages
- Transferable College Credits

#### Hardware and Operating Systems

Get a deeper knowledge of computer hardware and operating systems. The course includes multiple hardware and operating system fundamentals, installation, configuration and upgrading, diagnosing and troubleshooting. Other topics include preventative maintenance, portable computing, and basic TCP/IP networking concepts. This course helps you to prepare for the Comptia A+ certification exam. Please note: Upon completion of this course, with a grade of B or higher, completed units may be transferred to Palomar College for college credit. This class is non-refundable once software is activated.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Duration</th>
<th>Days</th>
<th>Time</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>9407</td>
<td>12wks</td>
<td>W</td>
<td>5:00–9:00 PM</td>
<td>ONLINE</td>
<td>$295</td>
</tr>
</tbody>
</table>

#### Networking Fundamentals

Gain an edge in the industry or further your knowledge in the computer field. Networking Fundamentals provides the skills necessary to enter or advance your career. The course includes the OSI model, subnetting, features and functions of networking components, and the skills needed to install, configure and troubleshoot basic networking hardware peripherals and protocols. This course helps the student prepare for the Network+ certification exam. Please note: Upon completion of this course, with a grade of B or higher, completed units may be transferred to Palomar College for college credit. This class is non-refundable once the software is activated.

<table>
<thead>
<tr>
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<th>Time</th>
<th>Instructor</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>9408</td>
<td>13wks</td>
<td>Th</td>
<td>5:00–9:00 PM</td>
<td>ONLINE</td>
<td>$275</td>
</tr>
</tbody>
</table>

#### Intro to Programming using JavaScript

Begin your programming skills. Learn vocabulary unique to the industry and practice a range of computational thinking concepts and fundamentals. Understand statements and variables, loops, functions and events, arrays and objects. These skills easily allow you to transition to C++, Java and other programming languages so you can create apps, develop websites or make web-based projects work.

Please note: After registration and before the class starts, your teacher will email you with course details.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Duration</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>9404</td>
<td>13wks</td>
<td>ALLEN</td>
<td>$169</td>
</tr>
</tbody>
</table>

#### G-Suite Certification

Google Suite is a very popular set of cloud computing, productivity and collaboration tools, software and products. In this course, you learn:
- Google tools to work collaboratively and productively in a professional environment.
- Google Search, Gmail, Google Calendar, Google Drive
- Google Docs, Sheets, Forms, Slides, Google Meet
- Emerging trends in Google Apps
- Exam preparation.

Upon completion of all course objectives, students qualify to take the G-Suite certification examination.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Duration</th>
<th>Instructor</th>
<th>Time</th>
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<tbody>
<tr>
<td>9403</td>
<td>12wks</td>
<td>HERNANDEZ</td>
<td>9:00AM–12:00PM</td>
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</tbody>
</table>
Real Estate

Real Estate License Series

Principles of Real Estate
A real estate license opens up a world of career possibilities that offer independence, a flexible work schedule, and unlimited earning potential. A real estate license can also save you many thousands of dollars when you buy or sell your home. Taught by a veteran Real Estate Broker, Real Estate Principles reviews basic concepts, including forms of ownership, title and vesting, taxation, appraisal, default and foreclosure, property management, financing and real estate math concepts. Class fees include live class, textbook, quizzes, final exam, and course certificate.

NOTE: Real Estate Practice and Legal Aspects of Real Estate will be offered in rotating terms. The three classes combine to satisfy the state obligation and allow a student to apply to take the Department of Real Estate license exam.

9/24–10/15 6:00–9:00pm Th ONLINE
4wks 9312 $119 WATKINS

Real Estate Practice
A real estate license doesn’t come with an operating manual, so this course was created to talk about what it really takes to succeed in the business. Real Estate Practice discusses getting started, marketing, time management, listings, contracts, agency, disclosures, escrow, finance, completing transactions, and working with buyers and sellers. This is the second course required to obtain a California Real Estate License. Class fee includes textbook, quizzes, final exam and course certificate.

Note: Courses may be taken out of sequence.

10/27–11/14 1:00 - 4:00PM OR
10/29–11/19 6:00–9:00pm Th ONLINE
4wks 9313 $119 WATKINS

Professional Communications
In this course students qualify to earn a globally recognized iCEV Southwest Airlines Professional Communications Certification. The certification assesses industry-valued and recognized standards produced by Southwest Airlines. You will see evident growth in your ability to communicate effectively, think critically and work well with others. This certification, demonstrates to employers your ability to communicate well in any work environment requiring excellent interpersonal and customer-service skills.

10/27–11/14 1:00 - 4:00PM OR
10/29–11/19 6:00–9:00pm Th ONLINE
4wks 9313 $119 WATKINS

Special Education Instructional Aide Preparation
Prepare to become an instructional aide in Special Education. This class will teach you the terminology, strategies, and theories in special education including: a brief history of special education, understanding the IEP, curriculum strategies, behavioral strategies and the 13 disability categories. While this class prepares you with important information and training in regards to becoming an instructional aide, it does not guarantee you a position.

9/17–10/22 5:00–7:00PM OR
9/17–10/22 6:00–9:00pm Th ONLINE
6wks 9389 $89 FINK

www.powayadultschool.com
COMPUTER & BUSINESS TRAINING

Accelerate your educational needs through our virtual classes with face-to-face instruction or a self-paced format.

The Computer and Business Training Program offers a variety of on-going, independent study certificate and certifications training based on today's job market. We offer day and evening labs to fit your busy schedule.

Instructors are experienced professionals in the business and technology world. Students study at their own pace to complete guided assignments. Instructors are available to provide one-on-one assistance.

**Entry Level Clerk**, approximately 79 hours

**Required courses or competency**
1. Intro to Basic Clerical Skills
2. MS Word Level 1
3. MS Excel Level 1

**Clerical Assistant**, approximately 196 hours

Pre-Requisite: Entry Level Clerk or Competency Test

**Required courses or competency**
1. MS PowerPoint 1 or Google Slides
2. MS Word 2
3. MS Excel 2 - Microsoft Office Specialist certification option
4. Cloud Technologies: Office 365 and Google Drive

**Administrative Assistant**, approximately 252 hours

Pre-Requisite: Entry Level Clerk Certificate or Placement on Competency Tests

**Required courses or competency**
1. MS Word 3
2. PowerPoint 2
3. MS Outlook
4. MS Excel 2, 3 - Microsoft Office Specialist Certification option
5. Cloud Technologies: Office 365 and Google Drive

**Accounts Payable / Receivable Billing Clerk**, approximately 164 hours

**Required courses or competency**
1. Accounting 1, 2 - College credit option
2. MS Excel 1, 2
3. QuickBooks - QuickBooks certification option

**COURSES TO PREPARE FOR INDUSTRY RECOGNIZED CERTIFICATIONS**

**Computer Concepts and Applications**, 54 hours, College credit option, prepares students for IC3 Certification

**Google Suite Certification**, 45 hours, prepares students for G-Suite certification

**Professional Communications**, 54 hours, prepares students for iCEV Southwest Airlines Certification
**Accounting**

**Level 1**
This course offers the principles and processes involved in basic accounting.

Instruction includes the following areas:
- Banking procedures
- Characteristics and applied accounting procedures of partnerships
- Net Income Statements
- Proper keyboarding techniques and calculations

Online textbook included in class fee.

9/15–10/22 1:00–4:00PM
12wks T, Th ONLINE
9401 $229 GLOGOWSKI

**Level 2**
Continued your Accounting knowledge by learning about advanced accounting procedures for:
- Procedures for merchandising business and corporations
- Corporate payroll
- Inventory
- Uncollectible accounts
- Plant assets
- Depreciation and cost basis
- Issuance, sale and purchase of stock
- Analysis of accounting
- General industry knowledge and computer skills

Completion of both Accounting 1 and 2 with a grade of B or better qualifies you to earn credit at Palomar College for Booking, a three (3) credit course.

Pre-Requisite: Accounting Level I

10/27–12/10 1:00–4:00PM
12wks T, Th ONLINE
9402 $229 GLOGOWSKI

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**QuickBooks Pro 2020**
**Comprehensive**
QuickBooks is the most widely accepted accounting system currently used in businesses. Master this powerful, yet easy-to-use software. Set up a company and continue through accounts receivable and payable, banking and credit, payroll, budgeting, reporting and year-end transactions. Completion of this course will prepare you for the QuickBooks Certified User exam.

Skills Needed: Windows basic skills.

9/17–12/10 6:00–9:00PM
12wks Th $239 ONLINE
9324 CADWELL

9/17–12/10 9:00AM–12:00PM
12wks Th ONLINE
9406 DE ROCHEMONT

**Microsoft Excel 2016**
**Getting Started in Excel**
This one-day course gives you an introduction to Excel Level 1. It is geared towards students with no knowledge of Excel. We begin with navigation and command uses of the mouse. By the end of the class, you will be able to create your own spreadsheet with basic formulas.

9/19 9:00AM–12:30PM
1day Sat ONLINE
9415 CADWELL

**Level 1-The Essentials**
Microsoft Excel is the industry standard for spreadsheets. Learn to create, edit and format spreadsheets, create charts, use formulas and functions, and manage large spreadsheets.

9/26–10/31 9:00AM–12:00PM
6wks Sat $129 ONLINE
9395 CADWELL

**Level 2**
Utilize advanced features of Microsoft Excel to create and edit tables, calculate using advanced functions, create and update PivotTables and Pivot Charts, and use What if Analysis tools. Upon successful completion of this course and applied use of Microsoft Excel, you can be prepared to take the Certiport MOS Specialist exam for Microsoft Excel.

Pre-Requisite: Excel Level 1, or knowledge of Excel

11/7–12/19 9:00AM–12:00PM
6wks Sat $129 ONLINE
9405 CADWELL

---
Along with your highly qualified PAS instructor, these courses use an online learning solution called MindTap from Cengage. MindTap is a personal learning environment that combines learning activities such as readings, multimedia, interactive activities and assessments into a Learning Path that guides you through the curriculum and makes learning fun.

Microsoft Excel 2016

**Level 2**
Students will utilize advanced features of Microsoft Excel. Learn to create and edit tables, calculate using advanced functions, create and update Pivot Tables and Pivot Charts, and use What if Analysis tools. Upon successful completion of the course students will earn a PAS Certificate and be able to advance to Microsoft Excel Level 3.

9424 $129

[Click here for lab instructor availability.](#)

**Level 3**
Students will perform advanced features of Microsoft Excel. Upon successful completion of this course and applied use of Microsoft Excel, students will be prepared to take the Microsoft Office Specialist (MOS) for Office Excel 2016 exam.

9425 $129

[Click here for lab instructor availability.](#)

Microsoft Word 2016

**Level 1**
Microsoft Word is a powerful word processing program that allows you to create and enhance a wide range of documents. Students will analyze and apply the most efficient way to produce business documents utilizing Word features. Students create, save, close, open, edit, format and print a variety of business documents while practicing the features of the software. Upon successful completion of the course students will earn a PAS Certificate and be able to advance to Microsoft Word Level 2.

9426 $129

[Click here for lab instructor availability.](#)

**Level 2**
Students utilize Word features to create and modify tables, create and manage reference markers and insert and format footnotes, citations, bibliographies, graphics, photos, screenshots, graphics and artistic effects and text boxes. Upon successful completion of this course students will earn a PAS Certificate and be able to advance to Microsoft Word Level 3.

9427 $129

[Click here for lab instructor availability.](#)

**Level 3**
Students will utilize advanced features of Microsoft Word and become prepared to take the Microsoft Office Specialist (MOS) for Office Word 2016 exam.

9429 $129

[Click here for lab instructor availability.](#)
Microsoft PowerPoint 2016

Level 1
PowerPoint is the leading tool for creating professional and visually engaging presentations. Learn to create and modify presentations, insert objects, format slides and insert multimedia. Upon successful completion of the course students will earn a PAS Certificate and be able to advance to Microsoft PowerPoint Level 2.

9433  $129
Click here for lab instructor availability.

Level 2
Become even more efficient in PowerPoint. Learn advanced features of Microsoft PowerPoint and get more done quickly. Upon successful completion of this course and applied use of Microsoft PowerPoint, students will be prepared to take the Microsoft Office Specialist (MOS) for Office PowerPoint 2016 exam.

9424  $129
Click here for lab instructor availability.

Microsoft Outlook
Outlook is the most popular and powerful emailing software used in business today. Learn to use Outlook to manage your email communications, schedule appointments and meetings; manage contact information; schedule tasks and create notes; customize message response options, and organize your mail. At successful completion of this course students will earn a PAS certificate.

9431  $129
Click here for lab instructor availability.

Cloud Technologies
With cloud computing, it is easy to access files and use applications from any device that can access the Internet. You will be introduced to cloud computing, productivity and collaboration tools such as Office 365 and Google Drive, Google Applications, Storage, Email Tools and Virtual Meetings: Zoom/Google Meets/Microsoft Teams.

9435  $115
Click here for lab instructor availability.

Intro to Basic Clerical Skills
Basic skills are needed in today's workplace. This introductory course covers the skills that you need to be successful in an entry level position. Learn basic Computer Skills (Windows, file management, Internet), the proper technique to increase your keyboarding skills, Business Math and effective workplace communication.

9430  $115
Click here for lab instructor availability.
Introduction to Google Suite

Google Docs
In Google Docs we’ll learn to set up pages, insert non-text elements, change text attributes and format text blocks. We’ll also insert and edit tables as well as focus on collaborating and sharing. Please have your GMail account set up before you come to class.

9/19–9/26
2wks Sat
9392
$39
HEREHANDEZ

Google Drive and GMail
In Google Drive learn to create, manage and locate files and folders, and change display settings. We will also create and manage a shared drive as well as focus on collaborating and sharing. Become comfortable with GMail and personalize settings, manage the inbox and communicating with contacts. Please have your GMail account set up before you come to class.

9/3–10/10
2wks Sat
9393
$39
HEREHANDEZ

Introduction to Computer Aided Design (CAD) and 3D Printing

Have you ever had a product idea in your head, only to see it on the shelf a short time later? This course will provide skills and tools for you to bring ideas and concepts into reality. You will learn the basics of a state-of-the-art computer-aided design (CAD) software, including sketching, 3D modeling, assemblies, documentation and presentation. Then you will learn how to prepare and 3D print your designs. No previous knowledge or experience is necessary.

9/17–10/22
6wks Th
9400
$95
FISCHER

Adobe Photoshop Basics

Learn how to use Adobe Photoshop for creating surreal images by recombining photographs and other materials. Students will be introduced to the work of Erik Johansson, an incredible photographer who uses Photoshop to combine images in new ways to create what looks like a real photograph, yet with logical inconsistences to impart an effect of surrealism. His work will inspire participants to think of ideas and compositions while learning the basic tools in Photoshop.

9/22–10/13
4wks T
9398
$69
FARID-MOHEBATI

Adobe Illustrator Introduction

Learn how to use Adobe Illustrator for digital image making and basic graphic design. Participants will design a poster about a typeface and learn how the layout can be both attractive and informative. Participants develop a feeling for poster design in terms of how to use space and how to order characters/objects as it applies to 2D design. Experimentation and trying out variations are highly encouraged and become easy while learning the powerful tools of Adobe Illustrator.

9/24–10/15
4wks Th
9399
$69
FARID-MOHEBATI
Email Marketing That Converts

We will discover the right cadence, length, and topics for your email marketing. We’ll go over 3 creative ways to make subject lines stand out, best practices for list organization, designing for conversions, and which report metrics can help you pivot future strategy.

10/22 1day Th 1:00–3:00pm
9330 $29 PETRUCCI

Smart and Strategic Influencer Marketing

We will identify your perfect influencer/buyer profile, set measurable goals, strategize a creative campaign idea, and decide how to leverage all of the influencer’s deliverables to achieve results. Learn from tried and true systems and processes for how to organize your influencer outreach, tricks to finding the right influencers, best practices in writing your pitch, creating contracts, and staying on track. Lastly we’ll see how to follow up with and track influencers’ progress, systems to save and organize their content, how to leverage their photos and videos across all your platforms, and how to measure results and report on the campaign outcome.

10/1–10/8 2wks Th 1:00–3:00pm
9329 $39 PETRUCCI

Streamline Your Social Media Marketing

In the first class session we will use your past experience and future goals and objectives to create metrics of success, strategy, and crucial messaging for your social media posts. You’ll leave with systems and processes that illustrate how to streamline a month of content for your marketing calendar, plus how to tell what’s working and what’s not. In our second meeting we will audit your existing platforms, dive into modern best practices, and begin creating fresh, timely, and attractive content using the strategy from our first class. You will learn how to be efficient when doing daily upkeep of social responsibilities such as engaging with your audience, growing your followers, saving user generated content, and creating stories in real time with thoughtful intent.

9/17–9/24 2wks Th 1:00–3:00pm
9328 $39 PETRUCCI

SEO Analytics

Can You See Me Now?

Understand your site to better evaluate the performance of your marketing, content, products, and more. Using your own computer at your home, you will work to optimize your personal content. The curriculum includes tutorials on Google Analytics, Ahrefs, and Yoast. You must have a Google email account to access Google Analytics.

10/29–11/12 3wks Th 6:00–7:15pm
9332 $39 SKALE

SEO Optimization and Website Writing

Beginning

Present your ideas professionally on the Internet. Whether you produce websites, online storefronts, blogs, or newsletters, you can benefit from this course. Topics include writing styles, copyediting and grammar, Search Engine Optimization (SEO), website structure, and copyrights and trademarks.

10/13–10/20 2wks T 6:00–7:30pm
9331 $35 SKALE

SEO Optimization

Intermediate

Is your website on Google’s page one? Or do you want to start a career in SEO? This course is the next step towards your goal. We will apply the same cutting-edge SEO techniques used by some of the world’s biggest brands to your own website. Learn how to audit a site for SEO, develop a strategy and execute it.

10/1–10/22 4wks Th 6:00–8:00pm
9374 $69 CHAGALA
**Art Chat!**

Do you enjoy learning about art history and discussing artworks with fellow art lovers? Come join our Art Chat! Bring your questions about art, its history, artists, and techniques. Your instructor will facilitate conversation and be available to answer the questions you always wanted to ask. In advance, your art historian instructor will provide her email for questions to be submitted in advance to best prepare.

10/17 1day $29 WRIGHT

**Abstract Acrylic Art**

Acrylic painting can be daunting if you don’t have the right technique. Abstract art frees you from these boundaries. Learn to paint without fear or need to interpret a specific thing. In this class, we will explore different techniques, materials, compositions and textures. No prior skills or experience required. See our website for supply information under the Community Ed and Student Resources section.

9/30–11/4 6wks $89 POWELL

**Acrylic Pouring**

*Introduction*

The acrylic pouring technique has created some truly awesome pieces of art. The acrylic paints react with each other when combined together to make interesting and visually organic motifs. Between the vibrant, complex color combinations and the dreamy, flowing patterns, artwork created through acrylic pouring can look absolutely stunning. Though these pieces seem intense and challenging, they’re actually easy and fun to create. See our website for supply information under the Community Ed and Student Resources section.

9/29–11/3 6wks $89 POWELL

**teacher profile**

Jen Powell

Jen Powell is a Maker Extraordinaire and teacher through and through. She has a wide portfolio of creative talents and has taught in many of these arenas. With a background in Materials Engineering, she has worked on everything from fighter jets to engine components. Now she’s a full time Custom Designer and uses art in many forms. She’s been painting with acrylics for half her life and now teaches Abstract Acrylic, Acrylic Pouring, and Resin classes. With experience in teaching kids, adults, and seniors, she loves inspiring and encouraging people to learn something new.
Animal Portraits in Colored Pencils

Combine your love of art and your love for animals all in one class! This class introduces the foundations of creating an animal portrait in colored pencils. You will be shown how to take great reference photos and then guided through the process of drawing your animal portrait in colored pencils. You will also learn how to build up layers of colored pencil so that the final drawing resembles a painting. See our website for supply information under the Community Ed and Student Resources section.

9/21–10/26 6:00–8:00 PM
6wks M ONLINE 9282 $89 HENRY
9/23–10/28 10:00 AM–12:00 PM
6wks W ONLINE 9283 $89 HENRY

Drawing Fundamentals

Learn classical drawing techniques that will help you draw and paint more realistically than ever before. Develop a strong understanding of how to portray light and shadow over form so that what you draw looks real. This class will teach you the basics of working in charcoal and help you find ways to incorporate art and creativity into your daily practice. The skills and techniques that you learn along the way will improve your drawing, regardless of subject or medium that you like to work in. See our website for supply information under the Community Ed and Student Resources section.

10/3–10/31 10:00 AM–12:00 PM
5wks Sat ONLINE 9383 $79 HENRY

Charcoal Drawing

Beginning

Learn to draw by blocking shapes, then value and depth. It becomes easier when you relax and peek outside your comfort zone. We will draw farm animals, the Hotel Del Coronado, a farmer’s market and a vineyard. See our website for supply information under the Community Ed and Student Resources section.

9/24–10/15 6:00–8:00 PM
4wks Th ONLINE 9379 $69 INUKAI-PATTISON

Introduction to Resin Coating

Get comfortable with using resins and epoxies for art application. We will learn about mixing and applying a resin seal to your artwork. Your art will have a professional look to it. You must have a piece of your art, less than 14” square, that you want to coat. See our website for supply information under the Community Ed and Student Resources section.

9/17 6:00–8:00 PM
1day Th ONLINE 9381 $29 POWELL

Oil Painting

Beginning

Oil painting transports you to another world, helps you destress, gives you confidence while simultaneously being meditative. You can create beautiful paintings in this fun class. All levels of students are welcome. See our website for supply information under the Community Ed and Student Resources section.

10/22–11/12 6:00–8:00 PM
4wks Th ONLINE 9380 $69 INUKAI-PATTISON

Pre-Requisite: You must have taken Introduction to Resin or have experience with resin.

Resin Techniques

Advanced

Continue learning how to color and blend resin to make unique artwork. You can choose to make a beach piece or abstract color blending of your choice. See our website for supply information under the Community Ed and Student Resources section.

10/22 6:00–8:00 PM
1day Th ONLINE 9382 $29 POWELL
Photography and Graphic Arts

Adobe Lightroom

**NOTE:** Using your personal computer to log into the course, we will provide access to Adobe Lightroom.

**Introduction**
Adobe Lightroom is a photo editing software that allows you to organize, edit, and manage your photos quickly and efficiently like a pro. See why no photographer should be without Lightroom. No experience is necessary. This class takes you from set-up, importing, correcting and editing, all the way to exporting images ready for sharing on social media or print.

9/22–9/29 6:00–8:30pm
2wks T ONLINE
9384 $49 SHEFFLER

**Beyond the Basics**
Continue learning Lightroom with skin retouching, removing unwanted elements of a photo, black and white treatments using the color adjustments; synchronizing adjustments, cropping, and color correction, creating HDR images and Panoramas; applying watermarks, publishing directly to the web.

**Pre-Requisite:** Adobe Lightroom Introduction or experience using Lightroom.

10/6–10/13 6:00–8:30pm
2wks T ONLINE
9385 $49 SHEFFLER

Digital Photography

**Black & White Photography, A to Z**
This two-week course consists of a historical survey of great photography (composition and thematic approaches) and application to modern cameras and genres. You’ll have a week to explore various styles on your own and then in week two we will go through editing processes, black and white treatment tricks, and will review our work!

**Note:** Please bring your camera and its manual to class.

10/29–11/5 6:00–8:30pm
2wks Th ONLINE
9388 $49 SHEFFLER

**Cell Phone Photography**
Your phone is a sophisticated image-making device that is readily available. Learn how to take better cellphone photographs and ways to manipulate and create great images. Apply the latest editing and photo-sharing apps.

**NOTE:** A working knowledge of basic cell phone usage, App Store accessibility and data connection necessary.

10/14 6:00–8:30pm
1day W ONLINE
9386 $35 SHEFFLER

**Landscape Photography**
We will discover the five elements of a great landscape photograph. Understand the depth and expanse of a real environment and how it translates the scene in a 2-dimensional photo.

**Pre-Requisite:** A working knowledge of DSLR camera and basic photography process.

**NOTE:** Bring your camera and manual, and make sure your battery is charged.

10/21 6:00–8:30pm
1day W ONLINE
9387 $35 SHEFFLER

Google Photos

**Getting Started**
Save your photos anytime, anywhere! You are introduced to the Google photos program and all it has to offer. Explore how to download, share and save photos with just about anybody. You can edit your photos and create albums from anywhere. Have your photos readily available for quick access.

9/21 6:00–8:00pm
1day M ONLINE
9396 $29 DURSCHLAG

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HEALTHY & ACTIVE LIFESTYLE

Dance

Belly Dancing

Beginning
Come enjoy an exciting total body workout. Learn the ancient art of Belly Dancing. Learn authentic moves and combinations from the Middle East in a fun way. No experience is necessary. Wear comfortable gym clothes, socks, ballet or jazz shoes and bring a sash (scarf) to wear around your hips. Come and unleash the belly dancer within!

9/14–11/16 6:00–7:30pm
10wks M ONLINE
9397 $105 JAUDE

Nutrition

The Power of Plant-based Nutrition
Adding more plant-based whole foods to your lifestyle can help you achieve optimal health both mentally and physically. The powerful ingredients in these foods can help improve your immunity, achieve a healthy weight, increase your energy levels, and have stronger mental clarity while decreasing your risk of heart disease, diabetes type 2, and even cancers. Learn how easy and surprisingly delicious it is to incorporate whole food plant-based nutrition into your day! You can still eat many of your favorites with just a few substitutions. Walk away with valuable meal-prep ideas and simple solutions to continue a long-term successful health journey!

9/26 11:00am–12:30pm
1day Sat ONLINE
9316 $29 CORREIA

Healing Arts

Mindfulness Meditation
Enjoy a simple sitting, standing, or walking meditation practice that uses breath awareness to be in the present moment. It helps to enhance stillness of mind, deepens awareness and improves memory and concentration. Different styles of meditation like guided or visualization practices develop and strengthen the state of mindfulness and eventually we are able to remain peacefully in our mind without struggling. Our mind naturally feels calm. Wear soft, comfortable clothing and flat-soled shoes or socks.

9/15–10/6 10:00–11:00am
4wks T ONLINE
9369 $39 TURNER

10/13–11/10 (no class 11/3) 9:30–10:30am
4wks T ONLINE
9370 $39 TURNER

www.powayadultschool.com
Forever Young

30-Minute Workout

As we age it’s easy to lose our muscle density as well as run the risk of bone loss due to inactivity. In this fun 30-minute workout we’ll use light weights as well as your own body weight to gain flexibility and increase muscle strength. We’ll also incorporate stretches as well as other movements, including standing and seated exercises that you can also do at home.

9/15–12/8
12wks T ONLINE
9298 $55 TAYLOR
9/18–12/11
12wks F ONLINE
9299 $55 TAYLOR

Total Fitness Workout

Is your workout in a rut? Have your results plateaued? Or, are you new to exercise and want to get started in a safe and friendly environment? Well you’re in luck! This Certified Personal Trainer-directed online workout is designed for both males and females at all fitness, exercise and age levels. Come for a fun and energetic 60-minute workout, increasing muscle tone and shaping and defining your total body. Resistance bands and free weights are encouraged to be used. Please have a towel or mat as well as water and a great attitude and we’ll do the rest!

9/14–12/7
12wks M ONLINE
9300 $89 TAYLOR
9/16–12/9
11wks W ONLINE
9301 $79 TAYLOR

GROOV3

Dance, Sweat, Live

Try this amazingly fun and accessible hip-hop dance class. In this judgment-free zone you will learn choreographed routines broken down to your favorite music. This class is taught at two speeds—slow, then fast—making learning easy. Then we put it all together for three times the empowerment, watch as you DANCE, SWEAT and LIVE far beyond this class.

9/17–10/22
6wks Th ONLINE
9302 $55 STRACHAN
10/29–12/10
6wks Th ONLINE
9303 $55 STRACHAN

Zumba

Beginning

Join us for this dance fitness program that is sweeping the nation. Zumba features interval training with fast and slow Latin music rhythms. Wonderful for all body types and ages. No rhythm required!

9/15–12/8
12wks T ONLINE
9362 $89 GHAIBI
9/16–12/9
11wks W ONLINE
9363 $79 GHAIBI

Senior Zumba

Beginning

Join us for this dance fitness program that is sweeping the nation. You will learn basic Zumba steps to exciting Latin beats and rhythms from around the world. This course includes a balanced, effective, fun and engaging workout session for seniors. No rhythm required!

9/17–10/22
10wks Th ONLINE
9364 $55 GHAIBI
10/29–12/10
6wks Th ONLINE
9365 $55 GHAIBI

Pump It Up

Get lean, get strong, get fit! This class is set to music to improve our cardiovascular system as well as strengthen each major muscle group. This class will use hand weights but they are optional. For the beginner, body weight is perfect...all you need is a wall. Best thing about this class: Building muscle increases resting metabolic rate which translates to more calorie burn throughout the day.

10/1–12/10
8:00–9:00AM
9378 $79 SARMIENTO
Pilates and Yoga

**Deep Restorative Stretch**

Restorative stretch helps restore the nervous system and release deeply held tension from the body and mind. Start or end your day refreshed and renewed. Bring a yoga mat and a towel.

9/17–12/10 7:30–8:30pm
12wks  Th  ONLINE  
9412  $89  UNTALAN

**Gentle Yoga**

Have you been searching for a gentler, slower paced yoga practice? In this class, people of all fitness levels, sizes and ages can enjoy practicing yoga in an atmosphere of safety and comfort. Gentle Yoga will offer you the benefits of stress reduction, spinal health, muscle tension release, and increased range of movement. Chairs will be available to those who may prefer to practice while seated. Please bring a yoga mat and a small blanket or towel.

9/16–10/20 6:00–7:15pm
6wks  M  ONLINE  
9350  $65  BOZORGCHAMI

9/15–10/20 10:00–11:15AM
6wks  T  ONLINE  
9351  $65  BOZORGCHAMI

9/16–12/9 9:00–10:00AM
11wks  W  ONLINE  
9356  $79  CRETELLA

9/17–10/22 6:00–7:15pm
6wks  Th  ONLINE  
9352  $65  BOZORGCHAMI

9/17–10/22 6:00–7:15pm
6wks  Th  ONLINE  
9366  $65  KUR

9/26–10/17 6:00–7:15pm
6wks  M  ONLINE  
9353  $65  BOZORGCHAMI

10/27–12/8 10:00–11:15AM
6wks  T  ONLINE  
9354  $65  BOZORGCHAMI

10/29–12/10 6:00–7:15pm
6wks  Th  ONLINE  
9413  $65  KUR

**Hatha Yoga**

**Beginning The Adventure**

Hatha Yoga is a unique system of exercise for the optimal functioning of your body and mind. Practice dynamic postures, movement and coordinated breathwork to extend and flex the spine. Muscles are lengthened and strengthened, circulatory, digestive, nervous and endocrine systems are stimulated. The results are weight control, suppleness, tone and enhanced vitality. Do not eat for two hours before class. Please bring a sticky yoga mat.

**Important note:** Participants must be able to easily transition from standing to sitting to lying down postures.

9/16–12/9 6:00–7:00pm
11wks  W  ONLINE  
9308  $79  KILLEN

**Hatha Yoga Flow**

**Intermediate**

If you have a good understanding of basic yoga postures, movement and coordinated breathwork, begin to explore a wider variety of poses and styles. This class is more vigorous than Gentle Yoga. Do not eat for two hours before class, bring a sticky yoga mat and a large towel.

**Important note:** Participants must be able to easily transition from standing to sitting to lying down postures.

9/15–10/20 6:00–7:15pm
6wks  T  ONLINE  
9321  $65  DOHRN-SIMPSON

10/27–12/8 6:00–7:15pm
6wks  T  ONLINE  
9322  $65  DOHRN-SIMPSON

www.powayadultschool.com  FALL 2020  23
**Pilates Mat**

Streamline your body and focus your mind with classic Pilates mat exercises. Pilates is an exercise discipline based on stability with motion. Students learn to stabilize the spine and pelvis while strengthening core muscles, realigning the body, improving flexibility, balance and coordination. Do not eat for two hours before class and bring a thick Pilates mat.

9/16–12/9  
11wks  W  ONLINE  
9297  $79  CRETIELLA  

9/29–12/8  
10wks  T  ONLINE  
9376  $79  SARMIENTO

**POP Pilates**

POP Pilates is a fusion of ab-chiseling and total body defining moves choreographed to upbeat pop songs. This mat-based workout challenges participants to rhythmically flow from one exercise to the next, developing a solid core while leaving no muscle untouched. Bring a mat with you to class.

9/30–12/9  
6wks  W  ONLINE  
9377  $69  SARMIENTO

**Tai Chi and Qigong**

**Senior Beginning Tai Chi**

Take time to work on your balance of mind and body. This graceful moving meditation develops essential skills for healthy living - relaxed breathing, postural alignment, good balance, improved circulation, better coordination and ultimately experiencing the harmony of a peaceful mind.

9/15–10/20  
6wks  T  ONLINE  
9336  $55  BOZORGCHAMI  

9/16–10/21  
6wks  W  ONLINE  
9357  $55  BOZORGCHAMI  

9/17–10/22  
6wks  Th  ONLINE  
9358  $55  BOZORGCHAMI  

10/27–12/8  
6wks  T  ONLINE  
9359  $55  BOZORGCHAMI  

10/28–12/9  
5wks  W  ONLINE  
9360  $49  BOZORGCHAMI  

10/29–12/10  
6wks  Th  ONLINE  
9361  $55  BOZORGCHAMI

**Tai Chi and Qigong for a Healthy Life**

**Eight Essential Energies and Five Steps**

Tai Chi and Qigong are ancient healing arts widely practiced around the world. Tai Chi, originally a style of Martial Art, focuses on meditative movements that are known for improving one’s balance, body awareness, and overall wellness after longtime practice.

9/16–11/4  
8wks  W  ONLINE  
9367  $69  WU  

**Yang Style 24 Steps**

Continue your Tai Chi and Qigong practice in this class. We will practice the famous “Yang Style 24 steps”.

9/16–11/4  
8wks  W  ONLINE  
9368  $69  WU
Sports: Golf, Tennis and Pickleball

Tennis- Exercise you can enjoy!

**Tennis 1**

**Beginner**

Tennis is a great way for you to meet new people, have fun and live longer. Learn forehand, backhand, ground strokes, volleys, lobs, overheads and serves, as well as rules, scoring, and etiquette. Bring a tennis racket. Join us and surprise yourself!

| 10/3–11/21 | 8wks | Sat | 8:00–9:30AM | WVS Tennis Crts | 9344 | $95 | CRETELLA |
| 10/3–11/21 | 8wks | Sat | 8:30–10:00AM | RBHS Tennis Crts | 9347 | $95 | TOSCANO |

**Tennis 2**

**Intermediate**

This class is about developing more control when you hit the ball, for those who have already taken Tennis 1. We’ll include instruction, traditional tennis plus special games designed to accelerate learning skills and techniques. Bring a tennis racket, water, hat or visor and sunscreen.

**Skills needed:** Decent control of the tennis ball.

| 10/3–11/21 | 8wks | Sat | 9:30–11:00AM | WVS Tennis Crts | 9345 | $95 | CRETELLA |
| 10/3–11/21 | 8wks | Sat | 10:00–11:30AM | RBHS Tennis Crts | 9348 | $95 | TOSCANO |

**Tennis 3**

**Competitive Drills and Games**

This class is for those who play tennis, but want to learn to hit better and move faster. Designed to be more effective and more fun than just playing tennis, the class includes some instruction of traditional tennis plus special games designed to accelerate learning skills and techniques. Games include 4-Square, Olympics, and Offense/Defense. Bring a tennis racket, water, hat or visor and sunscreen. Join us and surprise yourself!

**Note:** Class not recommended for Beginners.

| 10/3–11/21 | 8wks | Sat | 11:00AM–12:30PM | WVS Tennis Crts | 9346 | $95 | CRETELLA |
| 10/3–11/21 | 8wks | Sat | 11:30AM–1:00PM | RBHS Tennis Crts | 9349 | $95 | TOSCANO |

**Pickleball**

**Introduction**

Pickleball is a paddleball sport (similar to a racquet sport) that combines elements of tennis, badminton and table tennis. Come enjoy this new interactive craze. Bring your own paddle, balls will be provided.

| 10/3–11/21 | 8wks | Sat | 8:30–10:00AM | PHS Tennis Cts | 9438 | $95 | SMITH |
| 10/3–11/21 | 8wks | Sat | 8:30–10:00AM | MCHS Tennis Cts | 9440 | $95 | HAWS |
| 10/3–11/21 | 8wks | Sat | 10:00–11:30AM | MCHS Tennis Cts | 9439 | $95 | HAWS |

**Beyond Basics**

If you know pickleball basics and have played a bit, move on to this class. We’ll emphasize drills and match play.

**Skills needed:** You should be able to serve and return moderate serves with 50% consistency and to move forward to volley at the kitchen line with some success.

| 10/3–11/21 | 8wks | Sat | 10:00–11:30AM | PHS Tennis Cts | 9441 | $95 | SMITH |

[www.powayadultschool.com](http://www.powayadultschool.com)
Beginning Conversation

This introductory course is designed to help you learn and understand Arabic while developing the knowledge, understanding and practice of basic conversation. We’ll also explore the diverse cultures in the Middle East. No prior experience is necessary.


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Beginning Conversation 1

Learn Chinese the easy way! In this introductory course you will focus on basic Mandarin Chinese conversation, vocabulary and grammar. The course emphasizes conversation. We will also delve into Chinese culture.


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**teacher profile**

Grace Fong

Grace Fong is passionate about teaching and enjoys working with students from a wide range of backgrounds. She has taught Mandarin Chinese, literature and culture to students of different ages since 1999. Mrs. Fong is certified OPI TESTER OF CHINESE with a full certification. Along with a love for teaching language, her interests include crafting and Chinese calligraphy. Grace hopes to create learning spaces that ignite students’ passion for learning Chinese.
**French**

**Beginning**

This class is designed for people with no knowledge of French, but it can also be a very good refresher for long ago high school classes. You will learn the greetings, how to introduce yourself, some basic social conversation, useful words and expressions. You will obtain basic language foundation and master the main verbs that are used in every language: to be, to have, to do, to go. Also discover how to be comfortable with the numbers and the calendar: dates, days of the week, seasons. At the end of the class you will be able to write and to make an oral presentation of yourself and tell about your hobbies all in French.


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**Intermediate**

You are now comfortable with all the concepts we’ve been studying in the beginning classes, now it’s time to focus on improvements to your reading, speaking, grammar and writing. Express yourself in the present, future and the past. Let’s acquire more vocabulary so you can be more comfortable when you travel to a French-speaking country.


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**Advanced**

In this immersion class, you will put your knowledge to work. As a group, we’ll read and talk about French culture, French actuality, French food and more. You will have the opportunity to lead a presentation, a discussion on a topic of your choice. A bientôt!


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www.powayadultschool.com
Italian

**Beginning**

Ciao! Are you planning a trip to Italy, or would you enjoy learning about Italian culture and language? This class is the place for you! This is a course for “absolute beginners” with no experience or very minor exposure to the language, or for those who need a review course before moving to Beginning 2. You’ll be able to utilize the basic conversation and grammar tools necessary to communicate and understand.


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**Beginning 2**

This class provides a transition from the introductory level and will focus on commonly used vocabulary, articulated prepositions, a variety of verbs, adjectives and Italian idioms. We will focus on constructing simple sentences, listening to short dialogues and developing reading and comprehension skills. This course will prepare you for Beyond Beginning.

**Pre-Requisite:** Beginning Italian or the equivalent


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**Beyond Beginning**

Once you have completed Beginning Italian 2, you will move beyond to focus more on comprehension, grammar and conversation. You will read a book at levels of A1, A2 or B1. You will learn how to speak in the past tense, which is very important in conversation.

**Recommended textbook:** To be advised

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**Intermediate**

This class is aimed at deepening the textbook program and advancing you to a higher level of reading comprehension, more difficult grammar concepts and conversation. Pronunciation and vocabulary will improve while working on your ability to speak, use grammar, and write effectively.

**Recommended textbook:** To be advised

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**Advanced**

If you have advanced knowledge of the language, this immersion class will take you to a higher level of cultural exploration and listening comprehension. You will have the opportunity to practice and reinforce all verb tenses.

**Recommended textbook:** To be advised

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Japanese

**Beginning 1**

Conversational Japanese can be easy and fun. In this introductory course, we will focus on conversation and commonly used vocabulary. The main focus is to practice speaking using weekly vocabulary. You can start using your Japanese at sushi restaurants and Japanese markets locally in San Diego. No previous experience necessary.


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**Japanese Hiragana Writing**

**Beginning**

Continue with your Japanese classes by learning Hiragana, Japanese characters writing. Learn how to write each syllable in correct order. We will write simple vocabulary and also your name.

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**Russian**

**Beginning**

This is an introductory course in the Russian language and its cultural aspects. Develop the knowledge to participate in basic conversations on various topics. We will start by learning the alphabet, numbers, basic grammar, reading and conversation. The course is designed for the absolute beginner with no previous experience.

**Required Textbooks:** *Russian Step-by-Step, Beginner Level 1*, by Natasha Alexandrova. ISBN-13: 978-1479321247


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**Beyond Beginning**

Continue to expand your Russian vocabulary. We will continue developing our grammar, speaking and listening. We will learn phrases for everyday life and get acquainted with the peculiarities of ancient and modern Russian culture and traditions.

**Pre-Requisite:** Russian Beginning

**Required Textbooks:** *Russian Step-by-Step, Beginner Level 1*, by Natasha Alexandrova. ISBN-13: 978-1479321247


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**teacher profile**

Hayko Inukai-Pattison

Hayko was born and raised in Mexico. Spanish is her first language, English, Japanese and French are the other languages she has mastered. She studied in Japan, but realized that she already had a great foundation in Japanese due to it being the language of her elders. Her other passion is art. She finds oil painting meditative and confidence building. Her style is light and airy, with a preference to paint the beach, trees, water, boats, piers, bridges, roof tops, large birds, and dog portraits.

[www.powayadultschool.com](http://www.powayadultschool.com)
Spanish Conversation

**Beginning 1**

Are you completely new to Spanish? Learn painlessly and confidently how to carry on basic conversations in various settings and situations. Grammar is minimal. English is spoken to support learning.

*Recommended textbook:* Easy Spanish Step by Step, by Barbara Bregstein  

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**Beginning 2**

You’re ready for the next step. This class is for continuing beginners, or students with prior knowledge of Spanish, wanting to continue in their studies. Emphasis is on everyday social conversation using more sophisticated vocabulary. English is spoken to support learning.

*Recommended textbook:* Easy Spanish Step by Step, by Barbara Bregstein  

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Spanish Immersion

**Level 1**

This class is for those who want to begin speaking Spanish the first week. We focus on conversation, pronunciation and understanding natives speaking at a normal speed. We conjugate verbs and learn new words, then use them in sentences. Mainly Spanish is spoken in this class.

*Previous Experience Recommended:* Spanish Beginning 1 or equivalent.


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**Level 2**

You will really be able to practice your Spanish language skills in this class. We will emphasize comprehension, speaking, reading, pronunciation and composition.

*Previous Experience Recommended:* Spanish Immersion Level 1


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**Level 3**

Spanish only will be spoken in this class. You will bring stories and anecdotes from home and read them in class. Focus will be solely on speaking and pronunciation.

*Skills needed:* Spanish Immersion Level 2 or a strong knowledge of Spanish.

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Creative Writing

Kickstart Your Creative Writing

This fun, interactive class will inspire even a novice to write. Whether you intend to write a memoir, a novel, a short story or just to write to be more creative - this class is for you. We will have fun writing exercises and techniques that will motivate you. The goal is to encourage imagination thus promoting a journey of creative writing. Learn about structures, genres and styles of writing. You will have plenty of time to write and read your work. Bring a notepad and pen and let your creative juices flow.

9/23–10/28 6:00–8:30pm
6wks W ONLINE
9314 $109 LORING

Write On

Short Story Writing

Do you have an idea to write a story but need some guidance? This motivating and interactive class will focus on outlining story ideas, plot construction, creating characters who make an impression and help resolve the story quickly. Join us to develop your story ideas to share with friends or to get published.

10/3–11/7 9:30AM–12:00PM
6wks Sat ONLINE
9315 $109 LORING

Website Design

Create and Populate a Blog using Wordpress

Release your writing creativity, thoughts and personal experiences. Join the blogosphere. Create a blog for whatever your interests are; travel, food, wine, special memories or other personal interests. We will use Wordpress to create our blogs. After you have created your blog, we’ll add a few posts to get you started. No experience necessary.

10/5–10/19 1:00–3:00PM
3wks M ONLINE
9375 $55 VANHATTEN

teacher profile

Wendy VanHatten

Wendy VanHatten focuses her writing and her work on travel, food, and wine. An accomplished cook, recipe developer, and cookbook author, she reviews kitchen products and gadgets. She is the author of children’s books, the Max and Myron series, as well as several mysteries. She has multiple blogs where she offers practical tips, suggestions and trends as well as showcases her travels.
**Music & Theatre Arts**

**Grab a Guitar and Jam**

Do you have a guitar and want to learn or expand your skills beyond the introductory level? This is the class for you. In Beginning Guitar you will learn common chords and strum patterns used in most songs. You will also learn how to use a guitar pick. At the end of the course you will be able to play chords without looking at your guitar and play complete simple songs from memory. Grab your guitar and join us!

9/19–11/21
10wks Sat ONLINE
**9319** $85 ARROYO

**Poway Community Choir**

If you love to sing, join the Poway Community Choir! There are no auditions but previous experience is welcomed. We are a group of people singing together, united by our love of music, creating a strong sense of community by joining together to more completely understand and perform great choral literature. Check out our new website www.powaycommunitychoir.com for more information. Join us this Fall for a unique experience of choral singing in a Virtual Rehearsal. This session will include a mixture of music and community building. We will meet via Zoom and you will be provided with many resources that include videos of conductors working with recordings of our pieces as well as information on vocal technique and music theory. We will complete the term with a Virtual Choir experience.

9/22–11/17
6wks Sat ONLINE
**9414** $119 GRAY

**Poway Symphonette**

Are you currently playing in the Poway Symphony Orchestra or just wish to play in a smaller more intimate chamber orchestra? Come join our string chamber orchestra as we explore music from Baroque to Classical favorites. This class is open to string orchestra players with previous experience. We meet weekly on Zoom with Break Out Rooms for sectionals and also offer Smart Music for outside of class practice. A good internet connection is recommended! A concert of Classical and Holiday favorites will be held in person (if deemed safe) at the Lutheran Incarnation Church in Poway on Sunday, December 6th at 7pm with all safety measures in place. Otherwise the concert will be presented on Zoom. Both will be free concerts.

For additional information check out our website at: www.powaysymphonette.org

9/14–12/7
6:00–7:00pm
**9318** $119 REINER

32 858.668.4024 www.powayadultschool.com
Personal Finance & Planning for the Future

A,B,C,D s of Medicare
Know Your Coverage

This class covers the essentials of the Medicare Health System, its structure, the restrictions that exist, cost and coverage details; as well as who can become a beneficiary. Other topics include: supplemental plans, Part C and drug plans, how they are structured, timelines, limitations and missing coverage areas.

9/30 6:00–8:00pm
1day  W  $29  ONLINE
9293
11/9 6:00–8:00pm
1day  M  $29  ONLINE
9294

Financial Impact From COVID-19

Let’s review the financial impact of COVID-19, starting with the broad economy as well as considerations on your own personal investments. We’ll look at where we were, where we are and where things may be headed. Combine this with practical financial advice to consider at various life stages such as early career, approaching retirement, or in retirement.

10/15 6:00–8:00pm
1day  Th  $29  ONLINE
9291

Estate Planning
Everything You Have Always Wanted to Know

Up to 75% of the US population do not have basic Estate Planning documents, which include a Will, Trust, Advance Health Care Directive and/or Power of Attorney. This lively and engaging presentation explains each of these necessary documents and how they help you and your family. Find out what happens if you have no documents in place. Also learn about the probate process and whether or not you need a Trust.

9/26 9:00–11:00am
1day  Sat  $29  ONLINE
9320

Financial Planning for Women

Statistics tell us that 8 out of 10 women will end up handling their own finances. This may be due to longevity, divorce or many other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets, current events and practical resources. This class will give you peace of mind as well as tools and knowledge that will last a lifetime. This is an interactive class and questions are welcomed.

11/2–11/9 6:00–9:00pm
2wks  M  $55  ONLINE
9295

Financial Strategies for Singles

If you are single you have different financial considerations and needs than couples. You typically take care of yourself and are your own safety net. This class will discuss the different components of a sound individual financial strategy and look at ways that you can utilize all of your resources to address your key areas of financial concern.

11/7 10:00AM–12:00PM
1day  Sat  $29  ONLINE
9311
How Annuities Work

People nearing retirement are often approached by financial professionals about purchasing an annuity as part of their retirement plan, but they are unsure as to whether annuities are good or bad for them. Indeed, annuities can be complex and tricky to understand. They typically come with both risks and rewards, as well as other complicated features. Learn about the different kinds of annuities, how they work, and the pros and cons of each type. You’ll receive a primer that will provide clarity on this otherwise confusing topic. Don’t miss this one!

9/26 10:00AM-12:00PM
1day Sat ONLINE
9309 $29 CLAYCOMB

Real Estate License Series

Principles of Real Estate

A real estate license opens up a world of career possibilities that offer independence, a flexible work schedule, and unlimited earning potential. A real estate license can also save you many thousands of dollars when you buy or sell your home. Taught by a veteran Real Estate Broker, Real Estate Principles reviews basic concepts, including forms of ownership, title and vesting, taxation, appraisal, default and foreclosure, property management, financing and real estate math concepts. Class fees include live class, textbook, quizzes, final exam, and course certificate. NOTE: Real Estate Practice and Legal Aspects of Real Estate will be offered in rotating terms. The three classes combine to satisfy the state obligation and allow a student to apply to take the Department of Real Estate license exam.

9/24–10/15 6:00–9:00PM
4wks Th ONLINE
9312 $155 WATKINS

Women, Money and Power

Research has shown that even though many women are well-educated, have successful careers, and are managing their daily household finances, they often lack confidence when it comes to their financial strategies. How do you feel about your financial future? Are you worried about running out of money in retirement? Learn how to create a financial strategy NOW to prepare for anticipated changing life events and to help keep you on track when unexpected life events occur.

10/10 10:00AM-12:00PM
1day Sat ONLINE
9310 $29 CLAYCOMB

Real Estate Practice

Live, Interactive, Online Real Estate Licensing Classes! Students participate in classes taught in real-time via a fully interactive video conference. A real estate license doesn’t come with an operating manual, so this course was created to talk about what it really takes to succeed in the business. Real Estate Practice discusses getting started, marketing, time management, listings, contracts, agency, disclosures, escrow, finance, completing transactions, and working with buyers and sellers. This is the second course required to obtain a California Real Estate License. Class fee includes textbook, quizzes, final exam and course certificate. Note: Courses may be taken out of sequence.

10/29–11/19 6:00–9:00PM
4wks Th ONLINE
9313 $155 WATKINS
ACADEMIC CLASSES

English As A Second Language (ESL)

ESL Classes Online starting September 14, 2020!

Registration
To register for English at Poway Adult School, please sign up for one of our entry testing sessions (in person or online) Limit 5 students per session CLICK HERE. You will receive an email confirmation of your testing date and time. Orientation will begin August 31, morning and evening sessions available. All testing sessions are by appointment only. NO walk-ins will be accepted.

NOTE: All health guidelines will be strictly followed and enforced. All staff and students must wear masks while on campus and in the testing room. More information will be provided in your confirmation email.

Day 1: Testing
• Attend the testing session you were assigned
• Arrive 10 min before appointment to check in
• Allow 90 min to complete testing process
• Please do not bring children!
• You will be given a future appointment with an advisor

Day 2: Advising
• Meet with your advisor (Zoom/phone) to discuss your educational goals
• Receive your class assignment and access to class website

Testing sessions held every 2 weeks by appointment only. To make an appointment, CLICK HERE. Students will be registered and start classes soon after meeting with the advisor.

Program Information
• Classes are free
• Choose morning, afternoon or evening classes
• Most classes are held four days a week on Zoom
• Classes are generally leveled from Beginning, Intermediate to Advanced learner levels.

Schedules may be adjusted due to health and safety instructions from the state of California.

www.powayadultschool.com
Other Options for ESL Students:

For all classes on this page: New students must attend an ESL orientation (CLICK HERE to register). After that, you will be contacted by the teacher to begin class. All classes will be held online until further notice.

Distance Learning

Intermediate/Advanced Levels

Want to learn English but no time for a class? This is a good option for you! Using the popular software, Burlington English and other learning tools, we offer English language instruction as an independent study course. You can practice grammar, listening, speaking, reading and writing at home. Requirements for this course include internet access and a headset with earphones to listen and a microphone to record on. A desktop or laptop computer is preferred. Students will communicate regularly with the teacher, via email or Zoom, by appointment during office hours. Space is limited in this course.

Ongoing Enrollment

Conversation Café

Intermediate/Advanced Levels

Come join this conversation class to practice casual, relaxed speaking. We will work in pairs and small groups to imitate social situations. Please bring ideas for topics of conversation. Our goal is to speak without hesitation about subjects we know well or will learn about in class. We offer two classes to choose from, depending on your level.

9/28-10/21
1:00-2:30pm
M, W
ONLINE
$65
URIELL
FISHER

Citizenship

Intermediate/Advanced Levels

This is a Distance Learning/Independent Study class that will help students prepare for the naturalization process including: completion of application for citizenship; preparation for history and government test; interactions needed for final US Citizenship and Immigration Service USCIS interview.

Ongoing enrollment

Students will meet with teacher weekly online for 30 minutes, by appointment.

Academic Skill Development

Intermediate/Advanced Levels

Get ready to move your reading, writing and math skills to a higher level. This transition class will help adults, including English language learners, to prepare for a high school diploma or high school equivalency program, gain better workplace writing or math skills for use on the job or transition on to college or a career training program. To register see ASE Orientation Information on the previous page.

9/14–12/18
9:00am–12:00pm
M–Th
FREE
RODGERS
9/8–12/18
5:30–8:00pm
T, W, Th
FREE
GOMEZ

Distance Learning

Intermediate/Advanced Levels

9/14–12/18
9:00am–12:00pm
M–Th
FREE
RODGERS
9/8–12/18
5:30–8:00pm
T, W, Th
FREE
GOMEZ

36
858.668.4024
www.powayadultschool.com
Adult Secondary Education (ASE)

Call 858-668-4015, 858-668-4024, or go online to register for the next orientation where options will be discussed. Assessment for placement will occur, and a meeting with the counselor to determine your education path in either our High School Diploma or Equivalency Certificate Preparation programs, will be scheduled. Please bring your high school transcript, if possible.

Online Orientation Dates
5:00–7:00pm
- September 10, 2020
- September 24, 2020
- October 8, 2020
- October 22, 2020
- November 5, 2020
- December 3, 2020

High School Diploma Program
Adults can earn a High School diploma from Poway Adult School upon successful completion of 190 credits. Students complete the required credits using several study options to fulfill the necessary requirements.

High School Equivalency Certificate Test Preparation
Our Learning Center is available for test preparation. Based on the results of practice tests, you will be able to determine whether you are ready to take the official High School Equivalency exams.

High School Equivalency Certificate
Pre-Registration is required.

GED testing service tests are offered on Tuesdays, 1:30–5:30pm
Register at www.ged.com

HiSET tests are offered on Thursdays, 1:30–4:30pm
Register at hiset.ets.org

Independent Study
Adult students meet with their instructor once a week to review all homework and test for understanding and comprehension of assignments. Morning, afternoon and evening appointments are available. This program works for the motivated adult who requires flexibility with scheduling.

Learning Center
This term’s virtual environment will assist you in gaining the necessary skills to complete your high school diploma or equivalency requirements. You will be provided with learning opportunities using several modalities: computer-assisted instruction, video and audio-enhanced learning. Teachers are available virtually for you during these times:
- Morning: M–Th 9:00AM–12:00PM
- Afternoon: M, W 1:00–5:00PM, T, Th 4:00–5:00PM
- Evening: T–Th 5:00–8:00PM

Classes provide instruction in the following areas:
- English
- Math
- Social Science
- Science
- Electives

www.powayadultschool.com
Registration Form

Adult Education Registration Form ONLY

1. Last Name:

2. First Name, MI:


5. Street Address:

6. City: 7. Zip:

8. Day Phone: 9. Evening Phone:

10. Mobile Phone: Can we include you on our mailing list?: ☐ Yes ☐ No

11. Email Address:

Ethnicity: ☐ White/Non-Hispanic ☐ Native American or Alaskan Native
☐ Asian ☐ Black ☐ Hispanic
☐ Hawaiian or Pacific Islander ☐ Two or more

Education Level: ☐ None Specified ☐ Some High School
☐ Some College/Trade School ☐ Master’s Degree
☐ High School Graduate ☐ College Graduate
☐ Ph.D. or Ed.D.

Course Information

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<th>Class</th>
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<td>Total Fees $</td>
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Discounts ☐ Senior ☐ PUSD ☐ CTAE $ 

Total Enclosed $ 

Payment Information

Payment Type: ☐ Check ☐ MasterCard/Visa/American Express

Credit Card # ☐ Exp. Date

LIABILITY WAIVER: By signing below, the student agrees that neither Poway Unified School District nor its employees shall be liable for any and all injuries, losses, or other damages that may be suffered by student by reason of voluntary participation in class activities except for losses caused by the sole negligence of the District. If payment is by credit card, my signature below authorizes Poway Unified School District to charge my MasterCard/Visa credit card number as payment for the classes.

Signature (REQUIRED) Date

Choose a method of payment
Cash
Check
Payable to Poway Adult School
Mastercard, Visa, or American Express
Include card number, expiration date and your signature.