

# **Homeroom!**

**Poway High School**



# Research shows...

Students feel a sense of community

Students develop a stronger sense of belonging

Stronger student teacher relationships

Can positively affect student achievement

Students build character

HR gives students an adult figure, who knows them well, and who can offer advocacy and support in difficult social and academic situations





**MONDAY  
EARLY RELEASE  
PERIODS 1-5, HOMEROOM**

PERIOD	TIME	MINUTES
1	7:30-8:24	54
Passing	8:24-8:31	7
2	8:31-9:25	54
Break	9:25-9:33	8
Passing	9:33-9:40	7
<b>Homeroom</b>	9:40-10:00	20
Passing	10:00-10:07	7
3	10:07-11:01	54
Lunch	11:01-11:33	32
Passing	11:33-11:40	7
4	11:40-12:34	54
Passing	12:34-12:41	7
5	12:41-1:35	54
Pro Growth	1:35-2:30	55

**FRIDAY  
PERIODS 1-5, HOMEROOM**

PERIOD	TIME	MINUTES
1	7:30-8:35	65
Passing	8:35-8:42	7
2	8:42-9:47	65
Break	9:47-9:55	8
Passing	9:55-10:02	7
<b>Homeroom</b>	10:02-10:22	20
Passing	10:22-10:29	7
3	10:29-11:34	65
Lunch	11:34-12:06	32
Passing	12:06-12:13	7
4	12:13-1:18	65
Passing	1:18-1:25	7
5	1:25-2:30	65