

# STUDENT ACCESS TO COUNSELING SERVICES



## Urgent Issues

*Upset or overwhelmed to the point where you can't be in class*

**Let a teacher or a staff member know**

## Non-Urgent Issues

### **COUNSELORS:**

*General Social/Emotional Support, Stress Management, Schedules, Academics, College Questions*

- Counselors will be in the quad during lunch to answer questions!
- Need more support or time to talk? Click [here](#) to make an appointment during or after the school day



### **STUDENT SERVICES:**

*Stress, Anxiety & Depression Support, Life Skills, Vaping & Sober Support, Leadership Opportunities, Resource Center*

- Want to chat? Contact Mrs. Hatfield at [here](#).  
Room D18
- Hours: 8:30am- 2:00pm