



# Del Norte High School

## Counseling Newsletter

### September 2019

#### WELCOME TO THE 2019 - 2020 SCHOOL YEAR!

We hope the new school year is off to a great start for all new and returning students. As a means of communication with our families, the counseling department will be sending this newsletter out each month through Naviance to provide you information on counseling related items occurring on and off campus; advice as you maneuver through the career selection and college application process, as well as guidance on a wide-range of topics. In addition, students are welcome to see us during break, lunch and after school if they need assistance. Also, you can find answers to many of your questions by accessing our school website <https://www.powayusd.com/en-US/Schools/HS/DNHS/Home>

IMPORTANT DATE: THE DEADLINE TO ADD/DROP CLASSES FOR TRI 1 IS WEDNESDAY, 9/4/19.

#### WHAT IS NAVIANCE?



## NAVIANCE

We use Naviance to disseminate information, provide a resource for career/college data, and offer a listing of scholarships and enrichment activities. In addition, Naviance provides:

- Access to important student data (such as GPA, counselor, etc.)
- Career assessments
- College visitation schedule and sign up
- E-mail messages & newsletters from the counseling department
- Enrichment programs such as summer college programs
- Extensive scholarship database
- Occupational search/employment info

- Scattergrams comparing student academic history to previous Del Norte graduates for college acceptance
- And so much more!

Parent registration for Naviance is completed by using your student's school ID number, followed by "F" if you are the father or "M" if you are mother, or "P" if you are stepparent/guardian. 10<sup>th</sup>-12<sup>th</sup> grade students have created their usernames and passwords. Ninth grade students should register using their student ID number as their username **and** password. If a username and or password needs to be reset, please e-mail or see Mrs. Reich or Mrs. Stone in the Nighthawk Center.



#### PSAT

The PSAT will be administered at Del Norte on **Wednesday, October 16<sup>th</sup>**. The PSAT, also known as the Preliminary SAT, is a chance for students to practice taking the SAT in a real-world testing environment. Students are assessed in reading, math and writing levels. Co-sponsored by the College Board and the National Merit Scholarship Corporation, *eligible 11<sup>th</sup> grade students may qualify for future scholarship and honor opportunities*. Results are found online through CollegeBoard.org, typically sometime in late December or early January. Each student will be provided with a personalized report giving vital feedback based upon strengths and areas of needed improvement. The PSAT is free for all current tenth grade students, *and they have been automatically registered*. The Del Norte web store has registration and payment information (\$18) for 9<sup>th</sup> and 11<sup>th</sup> grade students.

## UPCOMING EVENTS FOR SENIORS

### PUSD College & Career Fair

The College & Career Fair will be at Rancho Bernardo High School on October 17, 2019 from 6:00 – 8:30 p.m. For more information and to find out which colleges will be in attendance, go to:

<https://www.powayusd.com/en-US/Communications/College-Fair/PUSD-HS-College-Fair>

### TUTORING AT DEL NORTE

-**WHAT** stands for **Writing Help and Tutoring**. WHAT is opening their doors on Monday, September 9<sup>th</sup>. For those of you not familiar with WHAT – they are a group of 45 tutors (junior and senior students) ready, willing and able to assist students with writing and English language related assignments, using a one-to-one conference-centered approach to tutoring. Additionally, the WHAT Center is going to do something a little new this year! Just like college writing centers, they will offer some workshops on hot topics such as MLA citations, writing on demand, giving speeches, etc. WHAT is located in G117 and are open during the following times:

Mondays - Tutorial (3:02 -3:32 p.m.)

Wednesdays – 5<sup>th</sup> period during off roll; Tutorial and Nighthawk Tutoring (from 6:15 – 7 p.m. only)

Thursdays – Tutorial (3:02 – 3:32 p.m.)

Students make their appointments for the writing center through their MyConnect calendar. WHAT also has a limited number of walk in appointments available each week.

-**Nighthawk Tutoring** is open to all Del Norte Students on most Monday and Wednesday evenings from 6:15 – 8:15 p.m. in the library. Please view the schedule on the Del Norte website.

### Student Services

Non-academic student support is available on campus through Student Services. Student Services staff is available for confidential, individual and/or group support. Call or email Ms. Hinds or stop by G118 to schedule an appointment. **858-487-0877 Ext. 6149 or 6191** and email: [mhinds@powayusd.com](mailto:mhinds@powayusd.com)

- **12<sup>th</sup> Grade College Night** - Tuesday, Sept. 17<sup>th</sup> 6:00-7:00 pm in the Performing Arts Center; transcripts distributed from 5:30-6:00 p.m. Seniors and their parents please attend.
- **Common Application Presentation** Tuesday, Sept. 24<sup>th</sup> 8:00-9:00 a.m. in the Performing Arts Center.
- **CSU Application Presentation** Tuesday, Oct. 1<sup>st</sup> 8:00-9:00 a.m. in the Performing Arts Center.
- **UC Application Presentation** Tuesday, Oct. 8<sup>th</sup> 8:00-9:00 a.m. in the Performing Arts Center.
- **Online Application Workshops** - Seniors can drop-in to work on their online college applications. DNHS counselors will be available Oct. 15, 22, and 29 and Nov. 5, 12 & 19, from 8:00-9:00 a.m. in the Library Computer lab.
- **Free Application for Federal Student Aid (FAFSA)** - opens Oct. 1<sup>st</sup>
- **Financial Aid Night** – Tues Oct. 1<sup>st</sup> at 6:00 p.m. in the Performing Arts Center, DNHS. Seniors and their parents should attend.
- Seniors applying to 4-year colleges/universities should take the ACT or SAT no later than December 2019 or sooner depending on requirements of colleges to which you apply

### SENIOR PACKET

The senior [packet](#) will be emailed to seniors and their parents in early September. A hard copy will be given to seniors in their homeroom during the first three weeks of school. It contains important deadlines, instructions, and other information to navigate the college application process.

### FALL SAT/ACT DATES

Juniors: We recommend you take the SAT and ACT w/ writing by the end of your junior year. You can also choose to take one or more of the SAT Subject Tests, in your areas of strengths.

**SAT** (Register at <http://sat.collegeboard.org>)

**ACT** (Register at [www.actstudent.org](http://www.actstudent.org))

Test	Register	Late Reg.
SAT Oct. 5	Sep. 6	Sep. 24
SAT Nov. 2	Oct. 3	Oct. 22
ACT Oct. 26	Sept. 20	Oct. 4
ACT Dec. 14	Nov. 8	Nov. 22

There are SAT and ACT prep booklets in the Nighthawk Center and the library.

**Free Test Prep sites:** [www.khanacademy.org/sat](http://www.khanacademy.org/sat)

### **COLLEGE VISITS AT DEL NORTE**

Representatives from colleges across the country will visit Del Norte this Fall and give short presentations in the Nighthawk Center to interested students on the college's academic programs, campus life, scholarships and more. This is a great opportunity for students to learn about a variety of college options. Most of the visits are held during break or lunch, but a few may be scheduled during class time. **To attend these meetings, juniors and seniors must sign up in their Naviance account** (this may only be completed in the student account). We add new college visits daily. As of today, our September line-up is:

Date	School	Time
9/9	University of Chicago, Davidson College, Pennsylvania State University	1:17 pm
9/11	High Point University, Baylor	1:17 pm
9/12	University of Tulsa	10:37 am
9/12	Indiana University at Bloomington, Kalamazoo College, University of Oregon, Southern Methodist University	1:17 pm
9/13	George Mason University, Hawaii Pacific University	10:37 am
9/16	Lehigh University	10:37 am
9/16	Fashion Institute of Design and Merchandising, The Ohio State University	1:17 pm
9/17	Oregon State, Cal Poly SLO, Savannah College of Art & Design, Point Loma University	11:22 am
9/18	Grand Canyon University	10:37 am
9/19	Olin College of Engineering	10:37 am
9/19	Northwestern University	1:17 pm
9/20	Saint Louis University, University of Tennessee, Washington State University	10:37 am
9/23	Colby College, Manhattanville College, Tufts University, University of San Francisco	10:37 am

9/23	Colorado State University Pueblo, University of Connecticut	1:17 pm
9/24	Biola University, Loyola University, University of Massachusetts, Stevens Institute of Technology	11:22 am
9/24	UC Merced, Chapman University, Pacific Lutheran University, Washington University in St. Louis	12:42 pm
9/25	UC Riverside, University of La Verne, Stony Brook University	10:37 am
9/25	Gonzaga University, Whittier College	1:17 pm
9/26	UC Santa Barbara	10:37 am
9/26	Goucher College, University of Michigan, University of Washington, Sierra Nevada College	1:17 pm
9/27	Massachusetts College of Pharmacy & Health Services, Cal Baptist	10:37 am
9/27	Colorado Mesa University	12:30 pm



### **COLLEGE INFORMATION PROGRAMS OFF-CAMPUS**

#### **NACAC Performing and Visual Arts College Fair**

Saturday, September 21, 2019 from 1 – 3 p.m.

University of San Diego, Hahn University Center

<https://www.nacacfairs.org/attend/pva/san-diego-performing-and-visual-arts-college-fair>

Also held in Los Angeles, Sunday, September 22, 2019 from 1 – 3:30 p.m. at UCLA, Ackerman Union.

#### **CSU College Night**

Monday, September 16, 2019 from 6 – 8 p.m.

San Diego Convention Center, 111 W. Harbor Dr.

Access all 23 campuses in one night. Meet with CSU representatives and attend admission and financial aid

workshops. Paid parking. Guests are encouraged to carpool or take the trolley (green line). Questions? Please contact: [counselorconference@sdsu.edu](mailto:counselorconference@sdsu.edu)

### **SCHOLARSHIP AND INTERNSHIP OPPORTUNITIES**

Please have your student log in to their Naviance account to view scholarships and internships. There are many available for all grade levels, not only seniors. These are posted and updated in Naviance, but we try to highlight a few in each month's newsletter.