



# Del Norte High School

## Counseling Newsletter

### October 2020

#### **PSAT – Deadline to register is October 2<sup>nd</sup>.**

The PSAT will be administered on campus at Del Norte High School on Saturday, October 17<sup>th</sup> from 8:00 a.m. – 12:00 p.m.

The PSAT, also known as the Preliminary SAT/ National Merit Scholarship Qualifying Test, is the best preparation for the SAT. Students are assessed in reading, math and writing levels. Results are received typically sometime in late December or early January. Each student will be provided with a personalized report giving vital feedback based on strengths and areas of needed improvement.

Due to Covid-19 and social distancing requirements ninth grade students are not included in testing this year. If you are an interested tenth or eleventh grader, and would like to participate, you must pay the \$25 fee on our [website](#).

Co-sponsored by the College Board and the National Merit Scholarship Corporation, eligible students may qualify for future scholarship and honor opportunities. The National Merit Finalists, Semi-finalists, and Commended students are selected from students' junior year test scores.



#### **AP EXAMS**

AP® Exams are optional exams at Del Norte High School that correspond to AP® courses. Students choosing to sit for the AP® Exams must adhere to specific deadlines for 2020-2021 that are based on the course's start date. The cost of each AP Exam is \$100. Click [here](#) for more information.

#### **WHAT (WRITING HELP AND TUTORING)**

WHAT is back! We have over 40 tutors and 6 officers who will be offering writing help and general tutoring in 2 ways. First, teachers will have tutors available during their Zoom tutorials and by special arrangement. Second, students will be able to come to a virtual (Zoom) WHAT Center by appointment during tutorial on Tuesdays, Wednesdays, and Thursdays. Students can make their appointments through the scheduler on their MyConnect calendar. Not sure how to do that? See the WHAT Center Course in MyConnect for a "how to" video.

#### **PEER COUNSELING ACADEMIC ASSISTANCE**

Peer Counselors are happy to offer FREE academic assistance to all students. They can be contacted via email at [dnhs.peercounseling@gmail.com](mailto:dnhs.peercounseling@gmail.com) or by filling out the form <https://forms.gle/68nb777UeRd5NCYF7>

See our Instagram bio @dnhspeercounseling

## PUSD VIRTUAL COLLEGE & CAREER NIGHT

OCTOBER 20, 2020 FROM 6:00 - 8:45 PM



More than 100 colleges and universities represented!

Topics include:

- How College Decisions are Made
- Benefits of Liberal Arts Colleges
- Early College Credit
- NCAA
- The College Interview
- Understanding STEM majors
- Why Go Out of State for College
- And more...

There will also be pre-recorded presentations on a variety of important topics such as Financial Aid, WUE, The College Essay, etc. This is open to all students grades 9 -12.

See flyer [here](#).

### SENIORS: UPCOMING COLLEGE EVENTS/INFORMATION

Senior college presentations, Common Application workshop, and the UC Application workshop have been posted on the Counseling website and Naviance homepage. The presentations have been recorded and students have the option to simply view the application PowerPoint.

- **Oct 1<sup>st</sup> - Free Application for Federal Student Aid (FAFSA)** opens <https://studentaid.ed.gov/sa/fafsa>
- **Oct 1<sup>st</sup> – CSU application** for Fall 2021 Freshman available. Due by Dec. 4<sup>th</sup>.
- **Oct 3<sup>rd</sup> - CSU Application presentation** will be posted in Naviance and on the counseling website/senior news.
- **Application Workshops** - Seniors can **virtually drop-in** to work on their college applications. DNHS counselors will be available to assist with questions. Zoom link to follow. 2:20 – 3:30 pm Oct. 5, 12, 19, 26, and Nov 2, 9, 16, 30
- **CSU Week**, 23 campuses in in one week, registration required. October 5 – 9. <https://www2.calstate.edu/apply/csuweek/Pages/default.aspx>

- **Financial Aid (Virtual) Presentation** – Oct 6<sup>th</sup> @ 6:30 pm, DNHS SENIORS and their parents should **plan to attend this live, virtual event**. Zoom link to follow. Presented by UCSD Senior Financial Aid Counselor.
- Virtual **“Discover CSUSM,”** October 17<sup>th</sup> @ 8:45 a.m. – 3:30 p.m. Topics include application & admissions process, financial aid & scholarships, student life & involvement, etc. [Register today](#)

- For questions about the college process, please log onto your Naviance account or go to [www.delnortenhawk.com](http://www.delnortenhawk.com), click on *Counseling*, then *Senior News*.
- Scholarship information is available on Naviance.

### WESTERN UNDERGRADUATE EXCHANGE (WUE)

Seniors: The Western Undergraduate Exchange (WUE) is a regional tuition discount program, which enables students from one of 16 WICHE states and territories in the Western U.S. to enroll as nonresidents in 160+ participating public colleges and universities and pay 150 percent (or less) of the enrolling school’s resident tuition—which annually saves students an average of \$9,000 each on the cost of non-resident tuition. Please visit the [WUE website](#) for more information.

### FALL SAT/ACT DATES

Class of 2021: CSU will temporarily suspend the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2021-2022 academic year. This temporary change of admission eligibility applies only for the fall 2021, winter 2022 and spring 2022 admission cycles.

UC is "test-optional" for fall 2021 and fall 2022. Freshman applicants are not required to submit SAT/ACT test scores. You can choose whether to submit SAT/ACT scores with your application. If you are unable or choose not to submit test scores, your application will still receive full consideration.

Juniors: Due to the pandemic, testing availability is challenging and many colleges are test optional for fall 2022, including the UC system. It is typically recommended that you take the SAT and ACT with writing by the end of your junior year. You can also choose to take one or more of the SAT Subject Tests, in your areas of strengths.

Please visit the the SAT and ACT websites for the most up to date information on testing during COVID-19.

**SAT** - Register at <http://sat.collegeboard.org>

**ACT** - Register at [www.actstudent.org](http://www.actstudent.org)

SAT and ACT prep books are available for check out through the DNHS library.

**Free Test Prep sites:** [www.khanacademy.org/sat](http://www.khanacademy.org/sat)

### SELECTIVE SERVICE FOR MALE STUDENTS

If you are a male student who is 18 years old, or will be during this school year, you are required to register for Selective Service (also known as "the draft"). If you fail to register, you will not be eligible for federal financial aid (grants, loans and scholarships). Please note that registering for selective service does not mean you will be inducted into the military. According to Selective Service, "In a crisis requiring a draft, men would be called in sequence determined by random lottery number and year of birth. Then, they would be examined for mental, physical and moral fitness by the military before being deferred or exempted from military service or inducted into the Armed Forces."

### UPCOMING VIRTUAL COLLEGE VISITS

In October, we have many virtual college visits scheduled. View the schedule in Naviance. Students should register in Naviance prior to attending.



Date	School	Time
10/5	The University of Alabama, Seton Hall University	11:25 am
	Southern Utah University, Whitworth University	2:30 pm
	University of Connecticut	3:50 pm

10/6	University of Michigan-Ann Arbor, Rider University	11:25 am
	Loyola University Maryland, Texas Tech University	2:30 pm
	Villanova University	3:10 pm
	Texas Christian University	3:50 pm
	University of Washington	7:00 pm
10/7	University of Maryland-College Park, Trinity College Dublin	11:25 am
	UC Merced, Pomona College	2:30 pm
	Pacific University, University of Southern Maine	3:10 pm
	University of Tulsa	3:50 pm
10/8	University of Oregon, Williams College	11:25 am
	University of Kentucky, University of Rochester	2:30 pm
	University of Nevada-Reno	3:10 pm
10/9	FIDM (Fashion Institute & Design), Rensselaer Polytechnic Institute	11:25 am
10/12	Carnegie Mellon University, Vassar College	11:25 am
	Alaska Pacific University	3:10 pm
10/13	Syracuse University	11:25 am
	University of Minnesota-Twin Cities	2:30 pm
	Baylor University, California Baptist University	3:10 pm
	University of Utah	3:50 pm
10/14	University of Arkansas, Louisiana State University	11:25 am
10/15	Drexel University, UC San Diego	11:25 am
	Iowa State University, St. John's University	2:30 pm
	St. Mary's College of California	3:50 pm
10/16	Biola University	11:25 am
10/19	Simmons University	11:25 am
	The American University of Paris	3:10 pm
10/20	UC Los Angeles, University of Idaho	2:30 pm
10/23	University of Oklahoma-Norman Campus	11:25 am
10/28	Manhattanville College	11:25 am

### SCHOLARSHIPS

Scholarships are entered into Naviance regularly. There are scholarships for all grade levels, depending on availability. Click on the Colleges tab and then click on

the Scholarship link. A few scholarships with October deadlines to consider:

**AES Engineering Scholarship:** When you look back on your life in 30 years, what would it take you to consider your life successful? What relationships or accomplishments will be important on this journey?

**Amount of award: \$500.00**

**Deadline for entry: October 5.**

**Voice of Democracy Competition** – Sponsored by Veterans of Foreign Wars, this scholarship starts at the local VFW level. You will record an original 3 - 5 minute essay on an audio CD or flash drive along this year's theme: "Is This the Country the Founding Fathers Envisioned?" Open to 9 – 12 grades. See Naviance for more details.

**Amount of Award: \$1,000**

**Deadline: October 31.**

**Coca-Cola Scholars Program Scholarship** – The Coca-Cola Scholars Program scholarship is an achievement-based scholarship awarded to graduating high school seniors. Students are recognized for their capacity to lead and serve, as well as their commitment to making a significant impact on their schools and communities.

**Amount of Award: \$20,000**

**Deadline for Entry: October 31.**

The Poway Unified School District (PUSD) is an equal opportunity employer/program and is committed to an active Nondiscrimination Program. PUSD prohibits discrimination, harassment, intimidation, and bullying on the basis of actual or perceived race, color, ancestry, national origin, nationality, immigration status, ethnicity, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or group with one or more of these actual or perceived characteristics. For more information, please contact the Associate Superintendent, Personnel Support Services, Poway Unified School District, 15250 Avenue of Science, and San Diego, CA 92128-3406.