



Del Norte High School

Counseling Newsletter

November 2020

END OF TRI 1, BEGINNING OF TRI 2

Trimester 2 begins November 30th. Important reminders for the beginning of the trimester:

- ✓ Students will **not** receive a printed copy of their Tri 2 schedule. Please log onto MyPlan on November 29th after 6 p.m. and print schedule, or view online. Schedules viewed **before** this time may have changed due to balancing or section changes.
- ✓ Only schedules that have an open or a double period will be corrected on the first day of the trimester. Please email your counselor with the correction change.
- ✓ If you are requesting to be in a different class level, complete a schedule change form found [here](#), and email to your counselor.
- ✓ **Beginning the THIRD day of the trimester**, if you want to change an elective you can complete a schedule change form and email to your counselor. The Trimester 2 add/drop deadline is December 11th. This is the last day to add or drop a class. Schedule changes may not be possible due to full classes.
- ✓ To remain UC/CSU "A-G" approved for college admissions, you need to earn grades C or better. If you have earned a D or F in a class, please contact your counselor to make plans to retake it.

WHAT Center – Reminder

Need help with that upcoming Honors English Essay? Want some writing tips for APEL On-Demands? Looking for some guidance from experienced APUSH alumni for writing LEQs? Schedule an appointment with the Writing Help and Tutoring (WHAT) Center - Del Norte's official writing tutoring center. We offer guidance to all student writers at all stages of writing in order to make better writers, not just better writing.

Teachers will have tutors available during their Zoom tutorials and by special arrangement. Students will also be able to come to a virtual (Zoom) WHAT Center by appointment during tutorial on Tuesdays, Wednesdays, and Thursdays. Students can make their appointments through the scheduler on their MyConnect calendar. Not sure how to do that? See the WHAT Center Course in MyConnect for a "how to" video.

MY PLAN – Reminder

As a Poway Unified student and parent, you have access to many resources that support the learning process. In order to access these resources, you will use our PUSD Portal site: [MyPlan](#)

A link to this site is located on the homepage of our school website, at the bottom left of the page, labeled **My Plan**. From this site, you will be able to access resources such as:

- **Student grades, including points earned per assignment, quiz, or test**
- **Daily student attendance and schedules**
- **Assessment scores and testing results**
- **Educational applications such as Google Drive and Canvas**
- **Educational resources such as World Book and Khan Academy**

If you need help with passwords, please email the PUSD Help Desk at pusdithlep@powayusd.com

NAVIANCE

Naviance is our college and career readiness program used by the counseling department to help all students make post-graduation plans. Students may complete

assessments, research careers and colleges, review scholarships, build resumes, view the acceptance rates of DNHS graduates at specific colleges, and so much more! Students should become familiar with this great tool. For more information click [here](#).

The Counseling Department presents grade specific presentations each year and will also be offering informational online workshops for parents and guardians occasionally throughout the year. The next **Naviance parent training** will be November 17th at 3:00 p.m. The Guidance Technicians will present an overview of Naviance as well as assist with setting up parent accounts. Zoom links will be posted on the Del Norte home page as well as the Counseling page closer to the event. For logon/password help, please contact Jamie Stone at jastone@powayusd.com for last names (A –L) and Sue Reich at sreich@powayusd.com (M-Z).

IMPORTANT SENIOR INFORMATION

Senior college presentations, Common Application workshop, and the UC Application workshop have been posted on the Counseling website and Naviance homepage. The presentations have been recorded and students have the option to simply view the application PowerPoint.

- **Application Workshops** - Seniors can **virtually drop-in** to work on their college applications. DNHS counselors will be available to assist with questions. Workshops will be held November 2, 9, 16, and 30 from 2:20 – 3:30 p.m. Zoom links may be found in Naviance under the “20/21 Senior College Application Instructions”
- **UC application submission deadline: Nov 30th.**
- **CSU application submission deadline: Dec 4th.**

Seniors planning to attend a community college:

The **Palomar College** application for 2021-22 is now open. <http://www.palomar.edu/stepstoenroll>
After completing the community college application, be sure to apply for the Palomar Promise (free funds) once you have received your Palomar ID # (allow 24 hours): <https://www2.palomar.edu/pages/palomarpromise/how-to-apply/>

For questions, please contact our office at promise@palomar.edu or call (760) 744-1150, ext. 3931

Palomar College will also be offering virtual financial aid sessions November 4, 18 (Spanish), and December 2. See [flyer](#) for specific information.

Virtual college application workshops coming soon. Stay tuned for more information.

Palomar College is offering the following virtual services:

- **Self-serve** options such as the Virtual Toolbox, Academic Showcase, College Fair Table, Facts and Figures Slideshow, Videos and Tours, Hot Topics, Palomar Connect, and the Mobile App
- **Individual Zoom** options such as Guided Virtual Tours, Info Sessions, 1-on-1 Chats, Q&A Open Office Hours and options in Spanish.
- **Group Zoom** options such as Guided Tours, Group Presentations and options in Spanish.

All virtual services and request forms can also be found in the far right column of www.palomar.edu/outreach.

San Diego Miramar College is offering 30-Minute Virtual Campus Tours led by Outreach Staff to learn about enrollment steps, programs and our beautiful physical campus. RSVP [here](#). They will also offer information sessions on the San Diego Promise Program on November 13 and 24. RSVP [here](#)

- **November 10th tour @ 3pm**
- **November 12th tour @ 11am**

General information for all seniors:

- Questions about the college process? Please go to [Poway Unified - Del Norte High School](#), click on *Counseling*, then *Senior News* or log onto Naviance homepage.

9th, 10th, & 11th GRADE INFORMATION NIGHTS

Save the date for important upcoming virtual informational evenings for parents and students beginning at 6 p.m. Presentations correspond to *current* grade level.

- January 12: 11th Grade College Information Night
- January 19: 10th Grade Information Night
- January 26: 9th Grade Information Night

FALL SAT/ACT DATES

Class of 2021: CSU will temporarily suspend the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2021-2022 academic year. This temporary change of admission eligibility applies only for the fall 2021, winter 2022 and spring 2022 admission cycles.



UC is "test-optional" for fall 2021 and fall 2022. Freshman applicants are not required to submit SAT/ACT test scores. You can choose to submit SAT/ACT scores with your application; however, if you are unable or choose not to submit test scores, your application will still receive full consideration.

Juniors: Due to the pandemic, testing availability is challenging and many colleges are test optional for fall 2022, including the UC system. It is typically recommended that you take the SAT and ACT with writing by the end of your junior year. You can also choose to take one or more of the SAT Subject Tests, in your areas of strength. For more information or resources click [here](#).

Please visit the the SAT and ACT websites for the most up to date information on testing during COVID-19.

SAT - Register at <http://sat.collegeboard.org>

ACT - Register at www.actstudent.org

SAT and ACT prep books are available for check out through the DNHS library.

Free Test Prep sites: www.khanacademy.org/sat

VIRTUAL COLLEGE VISITS – Sign up through Naviance.

Date	School	Time
11/2	UC Santa Barbara & Wake Forest University	11:25 am
11/5	Westminster College - Utah	2:30 pm
11/9	University of Delaware	3:10 pm
11/10	FIDM – Fashion Institute of Design & Merchandising L.A.	11:25 am
11/18	IDC Herzliya – Raphael Recanati International School	2:30 pm

TRADE/TECHNICAL CAREERS

What do dental assistants, bakers, golf course managers, and NASCAR technicians, all have in common? They are all trained through trade/technical

institutes! Every day we rely on people who are specially trained to keep our world moving, from medical billing to solar panel repairs. To find a list of trade schools and colleges that offer specialized training, check out <http://www.trade-schools.net/> You will find a list of schools by zip code and what programs they offer.



January 2021 SPEECH TREK

Local high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create a 5-6 minute speech on the following public policy topic: "Has social media helped or hindered the breaking down of barriers for women and girls?" Please contact AAUW Poway-Penasquitos Branch at aauwboard@gmail.com for more information and to register for the event. Registration deadline is January 25, 2021. Local prizes: First place - \$500 and second place - \$250.

SCHOLARSHIPS

Scholarships are entered into Naviance regularly. There are scholarships for all grade levels depending on availability. Click on the Colleges tab and then the Scholarship link. A few scholarships to consider:

P.E.O. International – PEO is a philanthropic organization for women. These scholarships are for senior girls. Maximum award is \$2,500. Deadline is January 15, 2021.

The San Diego Foundation offers multiple scholarships through its Community Scholarship Program for local students to help pursue their educational goals and dreams. Applications available online beginning December 2, 2020. Deadline is February 3, 2021. Click [here](#) for more information.

National Space Club and Keynote Scholarship- This scholarship is for a graduating high school senior who intends to pursue a career in the Science, Technology, Engineering or Mathematics (STEM) fields. Since 2013, The National Space Club and Foundation has offered the opportunity for a student to give the keynote address at the National Space Club and Foundation's annual Goddard Memorial Dinner, one of the space industry's most prestigious gatherings. The student must intend to pursue a career in the Science, Technology, Engineering or Mathematics (STEM) fields,

be academically strong and excel in public speaking. In addition, the individual selected will also receive a scholarship for \$10,000. This scholarship is awarded to a U.S. citizen, and is open to seniors in High School through graduate students. Deadline December 2, 2020.

Innovation Scholarship Essay Contest – Students should submit a creative entry in any format such as a video, poem, infographic, essay, song, or piece of art addressing the following topic: “How has a community service activity or project you participated in positively changed your community, contributed to your growth, and/or affected your plans for the future?” Must also submit an essay of 300 words nominating a favorite teacher who has inspired your creativity. For juniors and seniors. Deadline is December 1, 2020.

The Poway Unified School District (PUSD) is an equal opportunity employer/program and is committed to an active Nondiscrimination Program. PUSD prohibits discrimination, harassment, intimidation, and bullying on the basis of actual or perceived race, color, ancestry, national origin, nationality, immigration status, ethnicity, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or group with one or more of these actual or perceived characteristics. For more information, please contact the Associate Superintendent, Personnel Support Services, Poway Unified School District, 15250 Avenue of Science, and San Diego, CA 92128-3406.