


Cuyamaca Outdoor School  
**Sample 5-Day Student Schedule**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>	<b>WELCOME!</b>	Breakfast	Breakfast	Breakfast	Breakfast
	Cabin assignments Orientation Move in	Nature Exploration – or – WRAP* – or – Crafts – or – All Day Adventure	Nature Exploration – or – WRAP – or – Crafts – or – All Day Adventure	Nature Exploration – or – WRAP – or – Crafts – or – All Day Adventure	Nature Exploration – or – WRAP – or – Crafts – or – All Day Adventure
<b>AFTERNOON</b>	Lunch	Lunch	Lunch	Lunch	<b>GOODBYE!</b>
	Welcome Activity Recess	Nature Exploration – or – WRAP – or – Crafts – or – All Day Adventure (continued) – and – Recess Showers	Nature Exploration – or – WRAP – or – Crafts – or – All Day Adventure (continued) – and – Recess Showers	Nature Exploration – or – WRAP – or – All Day Adventure (continued) – and – Recess Showers	
<b>EVENING</b>	Dinner	Dinner	Dinner	Dinner	
	Campfire Sing-Along Cabin Activities Lights out, story	Evening Program – or – Evening Exploration – and – Cabin Activities Lights out, story	Evening Program – or – Evening Exploration – and – Cabin Activities Lights out, story	Talent Show Cabin Activities Lights out, story	

\* WRAP stands for Wilderness Recreation Activities Program: Geocaching; “Toxic River” Teambuilding Activity; Rock Climbing or Archery