

POWAY HIGH SCHOOL

Friday, September 25, 2020

Home of the Titans

Go Titans!!

Study Tips:



Keep Yourself Comfortable, Hydrated, and Fed: Taking care of your body's basic needs will not only help to improve your mood and concentration while you study, but it will also help make sure you avoid needing to get up (and thereby lose your focus) during your study time. **So make sure you take water, a jacket, a snack, coffee, or whatever else you need to your study space so that you can be comfortable, focused, and ready to learn. (For more information contact Student Services Ext 5393)**

Titan News:

- College Reps are excited to e-meet students this fall. Virtual college visits will be offered during lunch and after school. This listing of [Virtual College Visits](#) will be regularly updated so check back for updates and additions.
- Signup instructions in the [Virtual College Visit List](#) or [Watch this video](#). Email jbrown@powayusd.com with your questions.
- Titans, you can now check out library books. Just put a hold on a book in the library's online catalog. It will be waiting for you at the circulation desk on the following Tuesday or Wednesday. Here's how: <https://t.co/udyIzSG5eS?amp=1>
- Back to School Night is Tuesday, September 29th. See the PHS website for more information.



Titan Center-Virtual Visits:

COLLEGE VISITS	Day/Date	Period	Time
John Hopkins University	Friday, September 25, 2020	Lunch	12:30
University of Oregon	Friday, September 25, 2020	After School	2:30
Western New England University	Friday, September 25, 2020	After School	2:30

Athletics:



EVENTS FOR TODAY	LOCATION	RELEASE	DEPART	EVENT TIME
None Scheduled				

Student Grab n Go Lunch Menu:



- Beef Hot Dog or Hamburger on a bun, Bean & Cheese Burrito, or Ham or Turkey & Cheese Sandwich,

“Prove to yourself for yourself and not others.”