



@X-PlorationModel - Check us out on Twitter!!

The X-Ploration Team is so excited to come back to see you for VAPA Theater: Lesson 4:

### **Pantomime and Improvisation!**

**Please remember that the standards for Theater allow for students to participate with each other using their voice in a way that might be louder than normal within the classroom. X-Ploration teachers are aware of the classrooms around them and are doing their best to keep the noise appropriate to the VAPA games being presented. Thank you so much!**

Building on skills students practiced during our last lesson, this week's focus will guide students through pantomime and improvisation activities. At the primary grades, students will participate in pantomime activities using silence and exaggeration. They will be encouraged to pantomime holding objects or different weights and shapes, as well as making unusual facial expressions. **The Upper Grade lessons will be a great connection to Benchmark Advance's skill building in fluency and phrasing (Inflection / Intonation / Volume / Phrasing)!** Students will build on their previous work on Improvisation, focusing on how their voice level, expression and intonation can affect a performance.

Essential Questions:

**Primary grades:** How might we express ideas without speaking? How might I show the weight, size, and shape of an object without using words?

**Upper grades:** How might we act without a plan? How might we express a character's objective and motivation?

**Vocabulary includes:**

**TK-2:** character, audience, exaggeration, pantomime, facial expressions, gesture, silent

**3-5:** characterization, objective, tone, vocalization, motivation

**Supplies Needed:** No supplies are needed for this lesson

**PE:** On each X-Ploration day this year, students will learn about the benefits of stretching and doing a warm up before exercising. They will complete circuits aligned to each grade level's PE standards, and students will participate in grade-level appropriate activities. Our PE Scope and Sequence will take students through a variety of different activities throughout the school year.

---

**VAPA Standards Covered:**

**Kindergarten:**

**CR1.K.a.** With prompting and supports, invent and inhabit an imaginary elsewhere in dramatic play or a guided drama experience.

**PR1.K.a.** With prompting and supports identify characters and setting in dramatic play or a guided drama experience

**PR 1.2.K.a.** With prompting and supports, use voice and sound in a dramatic play or a guided drama experience and share with others.

**RS.1.K.a.** With prompting and supports, express an emotional response to character in a dramatic play or a guided drama experience.

**CN.1.K.b.** With prompting and supports, use listening skills to participate in and observe a guided drama experience.

**First Grade:**

**CR1.1.b** Identify ways in which gestures and movement may be used to create or retell a story in guided drama experiences.

**PR1.1.b** Use body, face, gestures, and voice to communicate character traits and emotions in a guided drama experience.

**PR1.2.1a** With prompting and supports, use movement and gestures to communicate emotions in a guided drama experience and share with others.

**RS1.1.a** Recall choices made with a guided drama experience.

**CN1.1.b** Use active listening skills to participate in and observe a guided drama experience.

**Second Grade:**

**CR1.2.b** Identify ways in which voice and sounds may be used to create or retell a story in guided drama experience.

**PR1.2.b** Alter voice and body to expand and articulate nuances of a a character in a guided drama experience.

- PR1.2.2.a** Contribute to group guided drama experiences and informally share with peers.
- RS1.2.a** Recognize when artistic choices are made in a guided drama experience.
- CN1.2.b** Use appropriate responses to react to a guided drama experience.

**Third Grade:**

- CR1.3a** - Create roles, imagined worlds, and improvised stories in a drama/theatre work.
- CR1.3b** - Collaborate to determine how characters might move and speak to support the story and given circumstances in drama/theatre work.
- PR1.3a** - Apply the elements of dramatic structure to a story and create a drama/theatre work.
- PR1.3b** - Explore how movement and voice are incorporated into drama/theatre work.
- PR2.3a** - Share small-group drama/theatre work, with peers as audience
- RS1.3a** - Understand and discuss why artistic choice are made in a drama/theatre work.
- CN1.3b** - Identify responsible practice for creating and adapting drama/theatre works.

**Fourth Grade:**

- CR1.4a** - Articulate the visual details of imagined worlds, and improvised stories that support the given circumstances in a drama/theatre work.
- CR1.4b** - Imagine how a character might move and speak to support the story and given circumstance in a drama/theatre work.
- PR1.3a** - Adapt the dialogue and action to change the story in a drama/theatre work.
- PR1.4b** - Make physical choices to develop a character in a drama/theatre work.
- PR2.4a** - Present a drama/theatre work to peers as audience and reflect on performance.
- RS1.4a** - Identify artistic choices made in a drama/theatre work through participation and observation
- CN1.4b** - Use responsible practices for creating and adapting drama/theatre works.

**Fifth Grade:**

- CR1.5a** - Identify physical qualities that might reveal a character's inner traits in the imagined world of a drama/theatre work.
- CR1.5b** - Imagine how a character's inner thoughts impact the story and given circumstances in a drama/theatre work.
- PR1.3a** - Describe the underlying thoughts and emotions that create dialogue and action in a drama/theatre work.
- PR1.5b** - Use physical choices to create meaning in a drama/theatre work.
- PR2.4a** - Present a drama/theatre work to peers as audience and reflect on performance.
- RS1.4a** - Identify artistic choices made in a drama/theatre work through participation and observation
- CN1.4b** - Use responsible practices for creating and adapting drama/theatre works.

-----

We look forward to seeing you soon!

Kimberlee Broaddus  
Assistant Principal X-Ploration  
Poway Unified School District  
858-521-2743

