

## **Social Science**

### **Psychology 1-2**

#### **Course Description:**

Psychology 1-2 is an introductory course which deals with the factors which help to shape an individual's personality and behavior. The course is an interactive environment that includes a combination of class discussions, group and individual work. The textbook will be supplemented with current research in the field to explore the thought process and behavior of humans. Included in this exploration are biological bases of behavior, physical maturation, the psychological development of the individual through various states from infancy to adulthood and perception. Other topics included are motivation, intelligence and behavior disorders. Various strategies are discussed which help people attain healthy, normal relationships and solutions to frustrations and conflicts. The course may be used to meet the UC "G" requirement.

#### **Course Content and Expectations:**

The students will be able to demonstrate knowledge of the field through tests, case studies, projects and by researching current events in psychology. Students will be able to understand the field of psychology as a science and be able to understand how research both drives and provides our understanding of it. Students will examine the developmental process from infancy to adulthood and be able to analyze the impact of nature and nurture on personality and behavior.

#### **Major Units of Study:**

- Approaches to Psychology
- Physiological psychology
- Genetics
- Maturation and development
- Learning theory
- Personality theory
- Disorders and treatment

#### **STUDENT BACKGROUND**

Students entering Psychology 1-2 should already have a good understanding of the following: Minimum of 9<sup>th</sup> grade proficiency in writing, reading and research standards.

#### **Suggested preparatory courses:**

No prerequisites required.

#### **WORKLOAD EXPECTATIONS**

Students will have an average of 1 hour of homework a week that will include: research, reading the textbook, creating digital presentations and writing analytical essays.