

Welcome to the 2020-2021 PUSD school year!



I am excited to introduce myself as the Parent Liaison for the Special Education Department. I am humbled and grateful to have been a part of the Special Needs Community for the last 18 years. As a parent of a child with special needs, I understand that each child is unique and there are complexities that accompany individual learning styles. For the last six years, I have had the privilege to learn and implement a variety of strategies and supports for diverse learning modalities as an Instructional Assistant in general education and special education classroom settings.

I look forward to collaborating with parents and staff to help build a bridge to Special Education and its resources. I believe that Special Education not only consists of educating the mind, but also the body and soul. My roles include serving parents in their particular season of education; helping families understand and navigate the IEP process as informed educational partners for meaningful participation; introducing and engaging families to participate in school-site workshops and activities; and connecting families to available resources in our community. It is my goal to assist in facilitating positive outcomes built on trust and collaborative relationships.

Following are links to some local organizations that have been compiled by the Special Education department. Many offer direct support options, workshops and other local resources:

- [Poway Unified Special Education Dept.](#) and find “SPED Parent Resources” for information on numerous supports.
- [National Alliance for Mental Illness](#) (NAMI)
- [Exceptional Family Resource Center](#) (EFRC)
- [San Diego Regional Center](#) (SDRC) (858) 576-2996
- [Learning Disabilities: \[www.LDASanDiego.org\]\(http://www.LDASanDiego.org\)](#) (includes local classes)
- [San Diego Family Magazine Special Needs Resource Guide](#)
- [YMCA Youth and Family Services](#)
- [Sports for Exceptional Athletes](#)
- [San Diego Therapeutic Recreation Services](#)
- [The Friendship Circle](#)

The Special Education department and educational staff are dedicated to the success of your student. I look forward to understanding your family's needs and working together to support positive results!

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*“At the end of the day, the most overwhelming key to a child’s success is the positive involvement of parents.”
–Jane D. Hull*