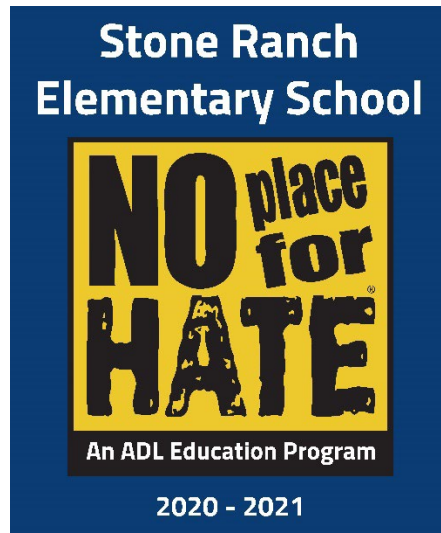




TRAILBLAZER HANDBOOK

2022-2023



16150 4S Ranch Parkway, San Diego, CA 92127-4431

Office: (858) 487-8474

Absence Hotline: (858) 521-0213

ESS: (858) 521-0250

Fax: (858) 487-6225

Trailblazers SOAR while on campus

Safe

Actions are
always safe and
never
dangerous

Open
Hearts

Actions are
always caring
and kind

Always
Respectful

Actions follow
The Golden Rule
We treat others
the way we
want to be
treated

Responsible

Actions follow
all expected
behaviors and
remind others
to do the same

Safe, Open Hearts, Always Respectful, Responsible

2022-2023 SCHOOL CALENDAR

First Day of School: Wednesday, Aug. 17, 2022

Last Day of School: Friday, Jun. 9, 2023



Kindergarten Introduction Days (KID) through Sept. 23 (7:45-11:45 Mon-Fri).

Full Day K begins Monday, Sept 26 (7:45 – 2:05 Mon, Tues, Wed, Fri; 7:45 – 12:25 Thurs).

District Holidays, Non-Student Days, and Conference Schedule -

Please plan vacations and appointments during these days:

Wednesday, 8/17	12:25 dismissal, First Day of School
Monday, 9/5	Labor Day Holiday
Monday, 9/19	Non-Student Day, Professional Growth Day
Monday, 10/31	12:25 dismissal, Halloween
Thursday, 11/11	Veteran’s Day Holiday
Monday, 11/14	Non-Student Day, Parent Teacher Conferences
Tues.-Fri., 11/15-11/18	12:25 dismissal, Parent Teacher Conferences
M-F, 11/21 - 11/25	District Recess
M-M, 12/19 – 1/2	Winter Break
Monday, 1/16	Dr. Martin Luther King Jr. Holiday
Monday, 1/30	Non-Student Day, Professional Growth Day
M-F, 2/20 - 2/24	District Recess
M-F, 4/10 - 4/14	Spring Break
Monday, 5/29	Memorial Day Holiday
Friday, 6/9	12:25 dismissal, Last Day of School

Two Professional Growth 12:25pm early dismissal days to be scheduled.

GENERAL INFORMATION

Daily Schedule:

TK	(M through F)	7:45 am - 11:45 am
Grades K-5	(M, T, W, F)	7:45 am - 2:05 pm
	(Th)	7:45 am - 12:25 pm

The office is open daily from 7:00 am – 2:30 pm. The playground gate opens for Trailblazers at 7:25 am. All Trailblazers are expected to go to the playground to line up before school. Students should be at their classrooms by the 7:45 bell to avoid being marked absent or tardy.

There is no playground supervision after school. Trailblazers are expected to go home when school is released unless they attend ESS (Extended Student Services). For more information about ESS, contact the ESS staff at (858) 521-0250.

Visitors & Volunteers for 2022-2023:

Information about parent entry to campus, as visitors or volunteers, will be shared in August. We will follow district policies and safety protocols in place at the time.

School Visitors:

Because the safety and security of all the Trailblazers on campus is our priority, gates to the campus will be locked during school hours. All school visitors must enter campus through the front office and sign in to obtain a badge. Please be prepared to show identification.

Campus Entry Procedures:

Instructions for student arrival will be shared with parents via email in August 2022.

**Make it a great day,
or not...
the choice is yours!**

CHARACTER COUNTS! Pillars

“TeRRiFiC” Trailblazers

Be Trustworthy

- Be honest and reliable- tell the truth, don't cheat or steal.

Be Respectful

- Follow the golden rule- “treat others as you would like to be treated” –be understanding of differences.

Be Responsible

- Do what you are supposed to do, even when adults aren't looking! Persevere: Keep on trying and always do your best.

Be Fair

- Play by the school rules, take turns and share.

Be Caring

- Be kind, compassionate and forgiving – SHOW you care

Be a Good Citizen

- Do your share to make your school and community better.
- Obey school rules and expectations.



“Sticks and stones may break my bones but words will hurt my heart.”

Being called rude or mean names may not break bones, but it can damage attitudes about school or how Trailblazers feel about themselves. Harassment is unwanted and unwelcome behavior from another person that interferes with an individual's life and wellbeing.

What to do if it happens to you? Tell an adult you trust. Additional information is available from the principal, including a complete copy of the District policies on bullying or harassment.

Playground Expectations

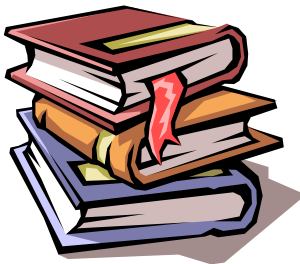
- Trailblazers will show respect to all adults who supervise the playground. When the bell rings, Trailblazers will stop playing and line up.
- Trailblazers will return all equipment to the designated area.
- Trailblazers will eat snacks in the designated areas. Food is not to be eaten anywhere else on the playground. All trash must be thrown in the proper receptacle.
- Trailblazers will not bully another Trailblazer. Trailblazers will not spit, swear, throw rocks or sand anywhere on the playground.
- Trailblazers understand that there is no rough play, NO wrestling, no gymnastics or tumbling, NO real or pretend fighting allowed.
- Trailblazers understand that all games are open to anyone at Stone Ranch.
- Balls should not be bounced against buildings.
- Trailblazers will not play tag or chase on or near the playground equipment.
- Trailblazers understand that toys are for home, not school; this includes trading cards, electronic games, and stuffed animals.



Dress for Success!

- Trailblazers are expected to wear clothing and shoes appropriate for school. No clothing with inappropriate graphics, no sagging/dragging pants or bare midriffs will be allowed.
- Shoes without backs (flip flops, clogs, etc.) may not be worn for PE. If you are not wearing closed toed appropriate shoes, you may be asked to sit out of recess or PE. Shoes with wheels are not allowed.
- Hats should not be worn indoors (inside classrooms, library, or during assemblies).
- Label all personal items with first and last name.

Library Expectations



- Enter and leave the library quietly.
- Use a whisper voice while in the library.
- Use books and materials properly.
- No eating in the library.
- Return books on time in the same condition you checked them out.

Nutrition Center (School Cafeteria)

For 2022/23 - All students have access to free meals each school day until further notice.

Students will need to memorize and provide student ID number to cafeteria staff.

Trailblazers, all grades TK – 5th, may bring a lunch from home or buy at school. If your child brings lunch, please be sure to include healthy food choices and please do not send soda.

For school lunch, each Trailblazer will be assigned a permanent student ID number to access a personal account. Check or cash deposits for lunch accounts may be delivered to the office. You may also enroll your child online at www.myschoolbucks.com and make payments online for a nominal fee. Free or reduced price lunches are available to qualifying families and you may apply online at www.myschoolapps.com.

It is the parents' responsibility to keep track of the balance and prepay for student meals. Lunch menus can be found online at powayusdnutrition.com. For any questions regarding lunch account, purchases, or balance, please contact the district Food and Nutrition Department at (858) 668-2570.

Prices:

School Breakfast (7:20-7:40 daily)	Free
School Lunch (includes milk*)	Free
<i>A La Carte Drinks:</i>	
Bottled Water Milk	0.75
Bottled Water Milk	0.75
Juice	1.00



**Please contact Food & Nutrition for dairy-free alternative due to allergy – medical statement required.*

Lunch Area Expectations

- Eat lunch only in designated area.
- Eat and touch only your own food.
- Stay seated during lunch.
- Use quiet voices and good table manners.
- Clean up all trash and uneaten food.
- Raise your hand when you are finished so that you may be dismissed by a yard supervisor who will check your area for cleanliness.
- Do not bring any food with nuts to the “Peanut Free Tables” (tables are clearly labeled with signs and are all black or white around the edges).

We are a Healthy Lifestyle School

- We ask that you celebrate your child’s birthday at school, if you choose, in a healthy way. We request no sugary treats be sent to school, but you can:
 - Donate a book to the school library or classroom in honor of your child’s birthday with his/her name inside.
 - Have your child bring their favorite book to share and the teacher or child will read it to the class.
 - Donate a ball or jump rope to the classroom for recess.
 - Provide each Trailblazer in class with a colorful pencil, stickers, or eraser.
 - Bring simple goodie bags for the class with safe items (no balloons, pop rocks, etc.).
- Flowers or balloons should not be sent to the school.
- Remember to bring enough for all classmates. Primary grades can have up to 26 students; grades 4 and 5 can have 33 students.



Assembly Expectations

- Enter and leave assemblies in a quiet and orderly manner with your teacher.
- Sit where teacher directs you.
- Use Whole Body Listening.
- Be respectful to speakers or entertainers.
- Stay seated until excused from the assembly.
- Show appreciation with applause.

Bathroom Expectations

- Only one Trailblazer in a stall at a time.
- Flush toilet only once after you use it.
- Wash your hands with soap for at least 20 seconds.
- Use quiet voices in the restroom.
- Report any water messes in the restroom to the office immediately.
- If the dispensers are out of soap, tell an adult.
- Honor people’s privacy.

Student Cell Phone Expectations



Cell phones are only allowed on campus if they are TURNED OFF and in TRAILBLAZER BACKPACKS DURING THE INSTRUCTIONAL DAY. Trailblazers who use cell phones during the school day will have their phones taken to the office and parents contacted. Phones will be returned to parents. Personal phone calls for forgotten items or after school arrangements are not allowed. Students can go to the office to call home if necessary.

PARENTS: We understand you may need your phone for emergencies, but please keep your phone on silent, do not use in classrooms, be aware of quiet zones or testing signs, and use consideration when around others.

Bicycle & Scooter Expectations

- You need to be a 4th or 5th grader and have a signed Bicycle/Scooter Permission Slip on file in the office to ride your bike to school. You must follow all safety rules and wear a helmet.
TRAILBLAZERS MUST WALK THEIR BIKE/SCOOTER ON OUR SCHOOL SIDEWALKS.
- Bicycles/Scooters must be locked in the bike locker, with student provided lock, during school hours.

Additional Reminders...

- Rolling lockers (ex. "Zuca" brand) are not allowed.
- Pets are not allowed at school unless you have special permission from your teacher and parents. Do not walk dogs onto campus at drop off or pick up.
- No rollerblading, skateboarding, or bicycle/scooter riding is allowed on school property at any time.
- Chewing gum is not permitted.
- If you need medication at school, a parent must bring a **District Medication Form** signed by the doctor and give the medication to the health technician to hold for you. You may not keep any medicine, including sunscreen, chapstick, or cough drops in backpacks or classrooms.

FOR PARENTS – PARKING LOT EXPECTATIONS

School Parking Lots are for staff only - if the green visitor spots are full, please park off campus.

- Drop off zone is ONE WAY.
- North drop off (circle) zone is a LEFT TURN only exit.
- South drop off zone is a RIGHT TURN only exit.
- **Do not get out of your car if you are in the loading zones** - Use the right lane only! Trailblazers should exit their cars by the passenger door (next to the curb). Shoes, jackets, and sunscreen should be on before you arrive at the parking lot. Backpacks should be zipped up and accessible.
- **PLEASE PULL ALL THE WAY FORWARD** before dropping your student at the WHITE CURB.
- Our staff may open car doors and help the littlest Trailblazers out safely – please treat them kindly!
- Please stay focused - drive slowly and carefully. Be alert!

The Poway Unified School District (PUSD) is an equal opportunity employer/program and is committed to an active Nondiscrimination Program. PUSD prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived race, color, ancestry, national origin, nationality, immigration status, ethnicity, ethnic group identification, age, religion, marital or parental status, physical or mental ability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or a group with one or more of these actual or perceived characteristics.

Consequences for Breaking Character Counts Pillars

Remember that YOU are responsible for your behavior!

If Trailblazers do things that hurt others or that prevent others from learning, it is important for students to learn from their actions.



Warning:

Classroom teachers may give a warning, Thinking time, or send you to a buddy class if you make poor choices.

Parent Notification:

It may be necessary for teachers, Principal, or Assistant Principal to call parents so they are aware of behaviors and can help students to improve.

Classroom and Office Referrals:

A teacher or staff member may give a student an office referral (or similar form) to take home for parents to sign. Students are responsible for bringing it back the next day. Teachers will keep a record of all referrals. This may result in missing out on a privilege.

Take a Break to Reflect:

Students may have to take a break on the yellow Respect bench for thinking time if they make a poor choice. If the problem is more serious, it may be necessary to spend recess or lunch in the office to reflect on expected behaviors. Students should plan to bring classroom work, especially if they are Taking a Break during class time.

Grounds for Suspension

Stone Ranch Elementary provides a safe and supportive environment by promoting positive relationships based on mutual respect. Being sent home or suspended is a consequence used for serious violations. The following items are serious infractions which may result in being sent home, suspension, or, in extremely serious cases, expulsion.

Violence: Violence includes the actual, attempted, or threatened injury to another person. Fighting or threatening to fight is not tolerated.

Dangerous Objects: Knives, matches, lighters, ammunition, guns, fireworks, or any other potentially harmful object which might be used to hurt another person are forbidden.

Verbal Abuse: We do not use profanity (swear words) at school. We do not use language which might hurt other people's feelings. We do not tolerate name calling, disrespect of another person's race, religion, gender, or ethnic background.

Drugs, Alcohol, Tobacco: Drug, alcohol, and tobacco use by minors is against California law. In addition to school penalties, school officials are required to notify local law enforcement.

Destruction of Property, Stealing, Vandalism: If you choose to destroy or damage anything that does not belong to you, it is called vandalism. You and your parents are required by California law to pay for items you vandalize. If you damage someone's property while disobeying a school rule you may also be required to pay for what has been damaged.

Stone Ranch Mission:

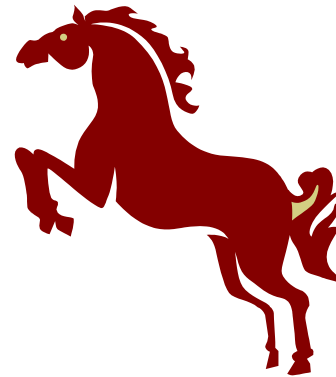
Stone Ranch Elementary School’s mission is to serve as the gateway to our students’ futures and to prepare them for success as members of the global society.

Stone Ranch Vision:

All Trailblazers will be “college, career, and life ready” and prepared for the range of opportunities made available to them as they pursue their interests.

Character Counts Pledge:

- I pledge to be a kid of character.
- I will be worthy of trust.
- I will be respectful and responsible doing what I must.
- I will always act with fairness.
- I will show that I care.
- I will be a good citizen, and always do my share.



Trailblazers Will Rock You Chant:

- Character Counts at our school,
- We always follow the golden rule.
- Trustworthy, Respect, Responsibility,
- Fairness, Caring, Citizenship.
- Trailblazers will rock you. Trailblazers will rock you!

Trailblazers Pledge:

To ensure all our Trailblazers feel safe at school, each child will sign a classroom pledge sheet indicating that they have read this handbook with his/her teacher and have heard this information presented during grade level behavior assemblies at school with our Principal and Assistant Principal.

Set a Goal!

Don’t forget that successful people set goals and work hard to reach their goals! Create some goals for yourself and you’ll see how much you can achieve. Be proud of your successes and your good work.

GOALS:
