

RECRUITING CALENDARS

SOPHOMORE YEAR – DIVISION I

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
Recruiting materials	<ul style="list-style-type: none"> You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications. You may begin receiving recruiting materials June 15 after your sophomore year. 	<ul style="list-style-type: none"> You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications. 	<ul style="list-style-type: none"> You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications. 	<ul style="list-style-type: none"> You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications. Men's Ice Hockey — You may begin receiving recruiting materials January 1 of your sophomore year.
Telephone calls	<ul style="list-style-type: none"> You may make calls to the coach at your expense only. College coach can make unlimited calls beginning June 15 after your sophomore year. 	<ul style="list-style-type: none"> You may make calls to the coach at your expense only. College coach cannot call you. 	<ul style="list-style-type: none"> You may make calls to the coach at your expense only. College coach cannot call you. 	<ul style="list-style-type: none"> Sports other than Lacrosse may make calls to the coach at your expense only. College coach cannot call you. Women's Ice Hockey — A college coach may call international college-bound student-athletes once on or after July 7 through July 31 after sophomore year. Men's Ice Hockey — May not be made before January 1 of sophomore year.
Off-campus contact	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed. Men's Ice Hockey — May not be made before June 15 after sophomore year.
Official visit	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> None allowed.
Unofficial visit	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. Lacrosse, Women's Gymnastics, Wrestling — not permitted.



Being a student-athlete is an opportunity to be part of something greater than myself ... College sports has given me an education, valuable transferrable skills, the teammates and friends I surround myself with, and the opportunity to participate in SAAC and excel in a leadership role I could have never imagined taking on.



Nicole Sherwin
Women's Soccer
Northern Arizona University



JUNIOR YEAR – DIVISION I

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
Electronic correspondence (e.g., text messaging, instant messenger, email)	<ul style="list-style-type: none"> You may begin receiving electronic correspondence June 15 after your sophomore year. Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school. 	<ul style="list-style-type: none"> You may begin receiving electronic correspondence September 1 of your junior year. Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school. 	<ul style="list-style-type: none"> You may begin receiving electronic correspondence September 1 of your junior year. Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school. 	<ul style="list-style-type: none"> All forms of electronic correspondence permissible September 1 of your junior year. Correspondence must be private until you provide a written commitment to the NCAA school.
Recruiting materials	<ul style="list-style-type: none"> Allowed. You may begin receiving recruiting materials June 15 after your sophomore year. 	<ul style="list-style-type: none"> You may begin receiving September 1 of your junior year. 	<ul style="list-style-type: none"> You may begin receiving September 1 of your junior year. 	<ul style="list-style-type: none"> You may begin receiving September 1 of your junior year. Men's Ice Hockey — You may begin receiving recruiting materials January 1 after your sophomore year.
Telephone calls	<ul style="list-style-type: none"> You may make calls to the coach at your expense. 	<ul style="list-style-type: none"> You may make calls to the coach at your expense. 	<ul style="list-style-type: none"> You may make calls to the coach at your expense. 	<ul style="list-style-type: none"> You may make calls to the coach at your expense. Lacrosse — You may not call a coach before September 1 of your junior year.
College coaches may call you	<ul style="list-style-type: none"> Unlimited. 	<ul style="list-style-type: none"> Unlimited beginning September 1 of your junior year. 	<ul style="list-style-type: none"> One call from April 15 to May 31 of your junior year. Additional calls may not be made before September 1 of your senior year. 	<ul style="list-style-type: none"> May not be made before September 1 at the beginning of your junior year. Swimming & Diving — May not be made before July 1 following completion of junior year, or the opening day of classes of your senior year, whichever is earlier.
Off-campus contact	<ul style="list-style-type: none"> Allowed beginning opening day of classes. Contacts other than April period may only occur at your school. Contacts in April may occur at your school or residence. No contact on the day of a competition. Contacts may not occur during the time of day when classes are in session. 	<ul style="list-style-type: none"> Allowed beginning March 1 of your junior year only at the student's school or residence. No contact on the day of a competition. Contacts may not occur during the time of day when classes are in session. 	<ul style="list-style-type: none"> None allowed. 	<ul style="list-style-type: none"> Women's Gymnastics — Allowed after your junior year beginning July 15. Women's Ice Hockey — Allowed after your junior year beginning July 7. Fencing — Allowed after completion of participation in the USA Fencing National Championship and July Challenge and after completion of junior year. Wrestling — Allowed beginning your junior year after September 1 only at the student's school or residence. Lacrosse — Allowed beginning your junior year after September 1 only at the student's school or residence. All Other Sports — Allowed beginning July 1 after your junior year.

JUNIOR YEAR – DIVISION I CONTINUED

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
Official visit	<ul style="list-style-type: none"> Allowed January 1 of your junior year. You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges. 	<ul style="list-style-type: none"> Allowed April of your junior year beginning Thursday following the Women's Final Four.® 	<ul style="list-style-type: none"> Allowed April 1 of your junior year through the Sunday before the last Wednesday in June, provided the official visit is not in conjunction with participation in an institutional camp or clinic. 	<ul style="list-style-type: none"> None allowed.
Unofficial visit	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. 	<ul style="list-style-type: none"> You may make an unlimited number of unofficial visits, except during a dead period. Wrestling, Lacrosse and Women's Gymnastics — Not allowed before September 1 of your junior year.

