

STAYING CONNECTED

A publication of the
Rancho Bernardo High School PTSA

OSCAR ROCHA **RBHS 2021-22** **CLASSIFIED** **EMPLOYEE** **OF THE YEAR**



Oscar Rocha has been a proud Bronco for over 20 years. He is dedicated to improving the RB Experience. He always goes above and beyond with his duties to help everyone out. He is resourceful, dependable, hard-working, knowledgeable, and takes great pride in his work.

Oscar pays attention, comes up with ingenious ways of making things happen, and is always willing to step up and help. He knows how to set up and take down for any event that happens on this campus.

Spring 2022
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Oscar takes an interest in our students' activities. He makes countless students, staff, and visitors smile with his collection of literally hundreds of creative homemade hats, which show his school spirit.

Oscar is a proud Veteran. For many years he has dressed in his full Navy uniform for Veteran's Day in front of school showing pictures of the Navy ship he was deployed on and photos of himself as a young serviceman.

Throughout the years of budget cuts Oscar could always be seen repairing or repurposing things for our use. When the students were not on campus, he worked on projects like building ingenious Plexiglas barriers for the staff in the front office.

Oscar responds to requests immediately and knows how to fix everything. There have been many times when staff has had to call him when he was off the clock; for example when the stadium lights would not turn on and staff needed help resetting the breaker. He instantly jumps in his car and comes over to help.

Oscar knows this school inside and out. He is even creating a manual for when he retires to assist the person trying to fill his shoes. He is so valuable to RBHS and so appreciated for everything that he does!

Congratulations, Oscar Rocha!

PRINCIPAL'S MESSAGE

PTSA NEWS

Dear Rancho Bernardo Families,

As we begin our "Ski Week" break, I would like to remind everyone that while this school year has had its' challenges, we have so much to be thankful for and to look forward to. Our winter athletic teams had tremendous seasons, with all our teams going into the postseason for some exciting playoff games. Wrestling won the CIF Division 1 championship. We are looking forward to cheering on our girls' soccer team, boys' soccer team, and girls' basketball team in CIF quarterfinals this weekend.

Our stellar school counselors have finished visiting all classes to discuss next year's course options for students. Next year's late start time for all high schools does present some challenges, but we believe there's nothing we can't solve to benefit our Broncos. March 3rd begins our "Course Requesting Day" and this week is a great time to discuss with your student what their course choices are for next year. Our counseling department is always available to discuss and collaborate with our students.

This summer we will have another HUGE construction project at RBHS. We are very excited to see the improvements that our students will experience when they start classes next fall. Get ready for a Spring Dance experience, and all I can say now is that it will be historic for RBHS. Our ASB can't wait to reveal the details. Wordle players will pick up the clues soon.

As always, we are all very grateful for our students, teachers, staff, parents, and the wonderful Rancho Bernardo community. I would like to wish everyone a restful week off. I hope you find the time to enjoy the company of family and friends.

Sincerely,

Hans Becker
Principal

Be Part of the PTSA Board and Committees

If you would like to be involved with our students and teachers, please consider joining the PTSA Board or supporting any of our enthusiastic committees. There are lots of ways to support RBHS PTSA based on your availability and interests. We are currently accepting nominations for 2022-2023 PTSA Board positions. If you are interested in becoming part of the RBHS PTSA Board or would just like more information about the available Board positions, please get in touch with any Board member, email CascioFamilySD@gmail.com, or plan to attend our next Board meeting.

March PTSA Meeting Info

The next RBHS PTSA Board meeting will be held on March 8 at 6:00 pm, location TBA. Please email RBHS PTSA President, Maggie Cascio, at CascioFamilySD@gmail.com for details.

Attention Senior Students and Families: Ticket Sales Starting Soon - Party Pals Grad Nite and Disney Grad Nite at CA Adventure

The Seniors' Disney Grad Nite at CA Adventure is planned for Saturday, June 4. The Party Pals Grad Nite event is planned for Wednesday, June 8. Ticket sales for both events will be starting this month! Check the PTSA website for details and ticket purchase information to be published soon: <https://ptsarbhs.wixsite.com/ptsarbhs>

Save the Dates!
8th Grade Parent Night -
March 15
School Dance/Music Festival -
March 26

BRONCO ATHLETICS

"SPORTS SCOOP"

We are winding down our winter sports season. Our girls' water polo team has earned the 7th seed in the CIF Open Division championships. Our wrestlers competed in the CIF Division 1 Championship on February 12. Our basketball and soccer teams will begin their CIF Championship run next week.

Spring season has begun, and it is the busiest season of the year, with ten sports competing. As we finish the winter season and the spring sport season gets under way, Bronco Athletics would like to remind all our parents to be positive role models and exhibit good sportsmanship while attending an athletic event. As representatives of our high school and the entire RB community, we respectfully ask that whenever you attend an athletic event you model the appropriate behavior and keep your comments positive, supportive, and directed toward our teams only.

GO BRONCOS!!

2022 YEARBOOKS

Yearbooks are still available for purchase for \$75. Purchasing a yearbook now is the only way to guarantee a yearbook for your student in June. See <http://ybstore.friesens.com/stores/757611> to make your purchase.

Counseling Corner

A new term has begun. Your students have a fresh start and an opportunity to begin practicing good habits. If they had a challenging time in Quarter 2, please encourage them to speak to their School Counselor about any necessary schedule changes. They may be able to retake courses that they failed.

The Peer Counselors are back at it in the Bronco Center for tutoring this term. Students can get assistance before school, during lunch and after school. Please have your student reach out to their Counselor to get connected with a tutor, or just walk in for tutoring on any day of the week during the times mentioned above.

In February, your School Counselors are visiting 2nd period classes to help students fill in their 4-Year Planning Sheet for next school year. In March students will use their 4-Year Plan to input their classes in to Synergy. Also in March, students will visit their School Counselor's office to review their synergy submissions and discuss.

AP Exam Spring Registration has begun. All spring classes and any late registrations from yearlong and fall classes will be accepted until March 4. The cost for spring classes is \$105/exam and for late registrants \$145 (\$105 + Late fee \$40).

You can pay for the exam at www.apsusa.com/ranchobernardo. AP Exams will be May 2 - May 13 and all exams will be in person at RBHS. Cancellations of exams must be done by April 29 to get a partial refund. Send requests for partial refund to cancel@apsusa.com

STUDENT SERVICES

It's been a wonderful year so far in Student Services. I am fortunate to spend time with many students each day whether it be for a snack, chat, lost item reunion and/or resource connection. February is Teen Dating Violence Awareness Month. Here are some links to resources on this relevant topic for our teens. There is a lot of good information that can help facilitate excellent conversations.

<https://www.communitysolutions.org/tdvam/>
<https://www.loveisrespect.org/>

March 14-18 is National Say Something Week from the Sandy Hook Promise Organization. Say Something Week raises awareness and educates students and the community through training, media events, advertising, public proclamations, contests and school awards and reinforces the power young people have to prevent tragedies and protect a friend from hurting them self or others. The RBHS SAVE Promise/FNL Club will be helping raise awareness on our campus in March. For more information please see <https://www.sandyhookpromise.org/our-programs/say-something/say-something-week/>

Please see the Student Services website for information concerning wellness strategies and support resources, tools to develop leadership skills in your family, and more!

<https://www.powayusd.com/en-US/Schools/HS/RBHS/CONTACTS/Student-Services>

If you are in need of any resource help for your family please feel free to reach out.

Liz Bowers
Student Services Specialist
Phone: 858-485-4800 x4818
ebowers@powayusd.com

Bronco Center for College and Career information

The Bronco Center, our career and college readiness center is located down the left hallway inside the counseling office. Our full-time College/Career Guidance Technician, "Coach" Jamal Felton, is available to assist students. His contact info is jafelton@powayusd.com and (858) 485-4800 ext. 4535. The Bronco Center is open M, T, Th and Fri from 7:00 am - 3:30 pm and Wednesday from 8:15 am - 3:30 pm.

The following services are provided:

- ASVAB Registration
- College Admissions testing information
- Career Technical Education Resources
- College Visits Schedule
- College Planning Resources
- Community College Information
- Employment
- Internships
- Meeting requests with Coach Jamal
- Military recruiters
- Miramar College Application/Promise Workshop
- Palomar Application Seminar
- Local Scholarships List
- ROTC Information
- Scholarship/Financial Aid information
- Social/Emotional Support - Peer Counseling
- Volunteering Opportunities.
- TOEFL (Test of English as Foreign Language)
- Trade/Vocational Training Information
- Tutoring: Peer Tutors available before school, at lunch and for one hour after school.

For more information please see <https://www.powayusd.com/en-US/Schools/HS/RBHS/ACADEMICS/Bronco-Center>



**Spring Musical - Disney's Freaky Friday
March 31 through April 2**



The Bronco Players', the RBHS Drama Club, will perform "Disney's Freaky Friday the Musical" March 31 and April 1 at 7:00 pm and April 2 at 2:00 pm and 7:00 pm. Tickets will be sold online and at the door starting in March. Please come support our students and all their hard work on this production! Visit our website or Instagram page for details, show times, and ticket information: @rbhsdrama and <https://rbbroncoplayers.com>

Upcoming Improv Shows:

The RB Improv Team invites you to attend their upcoming comedy shows on April 7 and May 5. All shows are 7:00 pm in the RBHS PAC. Tickets are \$10 for adults and \$5 for students and may be purchased at the door, cash only. All audience members will be required to wear a mask while inside the theatre. Thank you for supporting our students by attending the shows!

Rancho Bernardo High School
Friends of the Library



Thank you for your donations

We extend our thanks to all the members and parents who recently made big donations to

to RBHS FOL. RBHS library is one of the best in PUSD largely due to your support and donations. For donations of \$500 or more, your name will be engraved on the donor plaque in our library.

Monthly Zoom Meetings

We continue to meet monthly on Zoom and request parents join our team and attend our meetings. We also encourage students to join the FOL student board as they can earn community service hours by doing so.

FOL Membership

Your support is vital for the RBHS Library's continued success. Memberships start at \$20.00

<https://www.rbhsfriendsofthelibrary.org/membership/>

How to Contribute

RBHS FOL needs YOU! Would you like to help RBHS buy library books for your students without spending a dime? At Ralphs see <https://www.ralphs.com/i/community/community-contribution-program>

Sign in to your Ralphs account or make one
Search for your Organization

Enroll in GF748 - RBHS Library

Every time you shop with your Ralphs reward card, Ralphs gives RBHS FOL a small donation and it costs you nothing, but you do have to sign up each year.



The RBHS PTSA STAYING CONNECTED Newsletter

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