

# Park Village Weekly Newsletter

October 31, 2021

## Upcoming Events

**November 10 Patriotic Day**

**November 11 Veterans Day Holiday - NO SCHOOL**

**November 15-19 Parent/Teacher Conferences - 12:30 Dismissal**

**November 18 Board of Education Meeting**

**November 22-26 Thanksgiving Break - NO SCHOOL**

## Patriotic Day

Students and Staff our next spirit day will be Patriotic day on November 10 2021. You can wear any patriotic shirts or if you do not have any you can wear red, white and blue.

## Book Fair

Thank you for all your support and shopping the fall book fair! It was a great success and we raised over **\$2,400** that directly benefits Park Village. Thank you to all the volunteers who helped, we couldn't have done it without you, too. Thank you again and we'll see you in the spring for our Buy 1, Get 1 promotion.

Please note: Unredeemed e-wallet funds can be carried over for the spring book fair. Please visit your e-wallet account for more details.

## Library Volunteers Needed

The Park Village Library still needs cheerful parents to lend a hand. I especially need help putting away the books after they're returned. Perhaps you can help after morning drop-off or while waiting to pick up your child in the afternoon? You can make a difference in as little as 15-20 minutes. I just need folks to stop by regularly. No experience is required. If you're interested, please email me at

[sfleming@powayusd.com](mailto:sfleming@powayusd.com), Thank you! – Mrs. Shelley Fleming, Library Media Technician



# Counselor's Corner



## Counselor's Corner

Studies show numerous benefits to having an attitude of gratitude, both in giving and being the recipient of gratitude. Studies suggest that grateful children and young adolescents, compared to their less grateful counterparts, are happier and more optimistic, have better social support, are more satisfied with their school, family, community, friends, and themselves and give more emotional support to others.

Knowing the benefits that gratitude bestows on kids prompts us to ask, "How can we foster more gratitude in children?"

1. Model and teach gratitude. Children learn what is modeled. Expressing gratitude through words, writing, and small gifts or acts of reciprocity are ways to teach children how to become more grateful.
2. Spend time with your kids and be mindful when with them. Kids like being with their parents. Giving a child quality time with you teaches them the language of love – life's greatest gift. Savor every moment together by ridding yourself of distractions, including your smartphone.
3. Support your child's autonomy. Create an atmosphere at home that is loving and gives children the responsibility for their actions. In addition, teach them prosocial skills. This will allow children's individual strengths, skills and talents to develop in highly acceptable ways and attract support from others.
4. Help support kids to achieve intrinsic goals of making a difference in the world rather than materialistic goals. They will meet their basic needs of competency, belongingness, happiness, success and gratitude.
5. Encourage them to thank those who've helped them to meet their goals.
6. Encourage helping others and nurturing relationships.

Helping others and being generous are two key ingredients for making grateful kids. When children lend a hand, especially while using their strengths, they feel more connected to those they're helping, which helps them to develop and nurture friendships and social relationships.

7. Help kids find what matters to them. Having a sense of purpose in life gives youth a compass for creating a meaningful life. Help your children find and develop their values, interests and dreams. Teach them to be grateful for this part of their being. Our deepest sense of gratitude in life comes from connecting to a bigger picture.

Raising grateful kids isn't just a benefit for families. It's an issue for society as well. Society desperately needs to harness the power of gratitude. As our world becomes more culturally diverse and digitally connected, and as complex societal problems mount, gratitude may help catalyze the motivation and skills youth need to succeed, not just academically, but in life as well. We want to do our part to help kids develop into compassionate and caring adults.

"Be the change you wish to see in the world."

Mahatma Gandhi

Enjoy the spirit of the season.

Jackie Cardinale, School Counselor

## **DADS Recycling, in the ESS parking lot**

Bring your CA Redemption/CRV beverage recyclables like aluminum cans, plastic bottles, and glass bottles to help raise funds for the school. We collect every first Saturday of the month. We're also happy to meet you at the recycling container on another day and time if needed. Just email [pvesdad1@gmail.com](mailto:pvesdad1@gmail.com).

We recognize the student in each grade who brings the most recyclables. The class that collects the most recyclables will win an ice cream party at the end of the year as well!! If you'd like to participate please count your bottles and cans and write the number on a small piece of paper with your student(s)'s name, grade, and teacher.

Have a group looking to volunteer? We can always use help sorting and crushing bottles and cans whether at our Saturday morning collections or another weekday or weekend time that fits your group's schedule.

# Chromebook Issues?

Some Chromebooks are failing to connect to PUSD WiFi due to the time and date being incorrect on the device. Students can resolve this themselves by using one of the two options listed below.

1. Change the date/time on the device following [these instructions](#)
2. Take the device home and connect it to home WiFi. Since homes have less secure networks, they do not require a date/time check to authenticate and this will correct the time issue.

For other Chromebook tips and information, please visit the “Technology” page on the PVES website at <https://www.powayusd.com/en-US/Schools/ES/PVES/Academics/Technology>