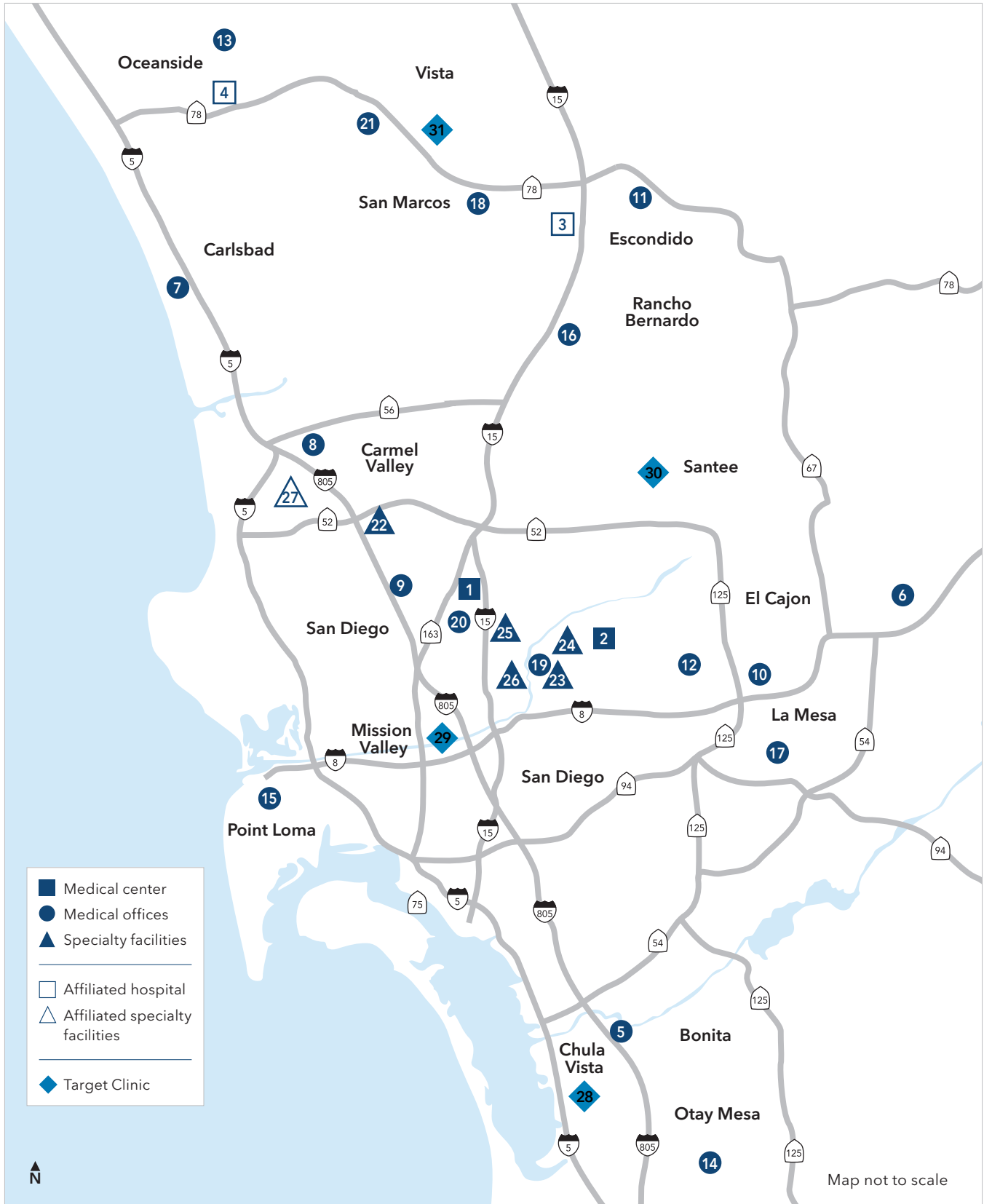


Your guide to facilities and locations



San Diego County facilities and locations



Kaiser Permanente facilities

1 Kaiser Permanente San Diego Medical Center/Kaiser Foundation Hospital

9455 Clairemont Mesa Blvd.
San Diego, CA 92123

Departments and services:

- Admitting
- Anesthesiology
- Antepartum/ Postpartum
- Cardiology¹
- Continuing Care Services
- Diagnostic Imaging
- **Emergency Department**
- Employee Health
- Gastroenterology¹
- General Surgery¹
- Home and Hospice Care
- Hospital Medicine
- Intensive Care Unit¹
- Interventional Radiology¹
- Labor and Delivery
- Laboratory/ Pathology
- Membership Services
- Neonatal Intensive Care
- Neonatology
- Neurology¹
- Nuclear Medicine¹
- Obstetrics-Gynecology
- Oncology
- Orthopedic Spine Surgery¹
- Patient Care Services
- Pediatrics
- Perinatology
- Perioperative Services
- Pharmacy
- Physical Therapy/ Occupational Therapy¹
- Podiatry¹
- Psychiatry
- Pulmonary Medicine¹
- Radiology/ Diagnostic Imaging¹
- Respiratory Therapy
- Robotic Surgery¹
- Thoracic Surgery
- Urgent Care
- Vascular Lab Testing
- Vascular Surgery¹

2 Kaiser Permanente Zion Medical Center/ Kaiser Foundation Hospital

Hospital and Medical Offices
4647 Zion Ave., San Diego, CA 92120

Departments and services:

- Admitting
- Anesthesiology Services
- Cardiology¹
- Continuing Care Services
- **Emergency Department**
- General Surgery¹
- Health Education Center
- Hematology/ Oncology¹
- Hospital Medicine
- Infectious Disease¹
- Intensive Care Unit
- Interventional Radiology¹
- Laboratory
- Nuclear Medicine
- Occupational Medicine (Kaiser Permanente On-the-Job®)¹
- Ophthalmologic Surgery
- Orthopedic Surgery¹
- Patient Care Services
- Perioperative Services
- Pharmacy
- Plastic Surgery
- Podiatry¹
- Psychiatry
- Pulmonary Medicine¹
- Radiology/ Diagnostic Imaging¹
- Respiratory Therapy
- Urologic Surgery¹
- Urology¹
- Vascular Lab Testing
- Vascular Surgery¹

¹By referral only.

Affiliated facilities

3 Palomar Medical Center Escondido⁴

2185 Citracado Pkwy., Escondido, CA 92029

Departments and services:

- Cardiology¹
- **Emergency Department**
- Endocrinology¹
- Gastroenterology¹
- General Surgery
- Head and Neck Surgery¹
- Hematology/Oncology
- Hospital Medicine
- Infectious Disease¹
- Internal Medicine¹
- Labor and Delivery
- Neonatal Intensive Care
- Nephrology¹
- Neurology¹
- Neurosurgery
- Obstetrics-Gynecology
- Ophthalmology¹
- Orthopedic Surgery¹
- Pulmonary Medicine
- Rheumatology¹
- Robotic Surgery
- Urologic Surgery
- Urology¹

4 Tri-City Medical Center⁴

4002 Vista Way, Oceanside, CA 92056

Departments and services:

- Acute Rehabilitation¹
- Cardiology¹
- **Emergency Department**
- Gastroenterology¹
- General Surgery¹
- Gynecologic Surgery¹
- Hospital Medicine
- Interventional Radiology¹
- Nephrology¹
- Neurology¹
- Oncology¹
- Orthopedic Surgery¹
- Pulmonology¹
- Robotic Surgery¹
- Wound Care¹

Kaiser Permanente medical offices

5 Bonita Medical Offices

3955 Bonita Rd., Bonita, CA 91902

Departments and services:

- Endocrinology¹
- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Rheumatology¹
- Vision Essentials,³ includes Optometry/Optical Center

6 Bostonia Medical Offices

1630 E. Main St., El Cajon, CA 92021

Departments and services:

- Laboratory
- Nurses Clinic
- Pharmacy
- Integrative Medicine appointments
- Primary Care²
- Psychiatry
- Radiology/Diagnostic Imaging¹

Positive Choice Integrative Wellness Center³

Services offered:

- Healthy Balance Full Food Weight Loss Program
- Medically Supervised Weight Management Programs (Full/Modified Meal Replacements)
- Pre-Bariatric Surgery Program

7 Carlsbad Medical Offices

6860 Avenida Encinas, Carlsbad, CA 92011

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Vision Essentials,³ includes Optometry/Optical Center

8 Carmel Valley Medical Offices
3851 Shaw Ridge Rd., San Diego, CA 92130

Departments and services:

- Cosmetic services³
- Dermatology¹
- Endocrinology¹
- Laboratory
- Lactation Consultant
- Neurology¹
- Nurses Clinic Obstetrics-Gynecology
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Sports Medicine

9 Clairemont Mesa Medical Offices
6911 Convoy Ct., San Diego, CA 92111

Departments and services:

- Allergy¹
- Dermatology¹
- Family Medicine Residency Program
- Laboratory
- Nurses Clinic
- Pediatric Endocrinology/Diabetes Clinic¹
- Pediatric – John Richards Learning Center
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Vision Essentials,³ includes Optometry/Optical Center

10 El Cajon Medical Offices
250 Travelodge Dr., El Cajon, CA 92020

Departments and services:

- Laboratory
- Obstetrics-Gynecology
- Ophthalmology¹
- Orthopedic Surgery¹
- Pharmacy
- Physical/Occupational Therapy¹
- Radiology/Diagnostic Imaging¹
- Vision Essentials,³ includes Optometry/Optical Center

11 Escondido Medical Offices
732 N. Broadway, Escondido, CA 92025

Departments and services:

- Laboratory
- Nurses Clinic
- Nutrition Services¹
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology Diagnostic Imaging¹
- Vision Essentials,³ includes Optometry/Optical Center

12 La Mesa Medical Offices
8080 Parkway Dr., La Mesa, CA 91942

Departments and services:

- After-Hours Care
- Dermatology
- Laboratory
- Nurses Clinic
- Nutrition Services
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Urgent Care
- Vision Essentials,³ includes Optometry/Optical Center

13 Oceanside Medical Offices
1302 Rocky Point Dr., Oceanside, CA 92056

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹

14 Otay Mesa Medical Offices
4650 Palm Ave., San Diego, CA 92154

Departments and services:

- Ambulatory Surgery Unit¹
- Audiology¹
- Cardiology¹
- Complete Care Management
- Gastroenterology¹
- General Surgery¹
- Hematology/Oncology¹
- Infusion Center¹
- Interventional Radiology¹
- Laboratory
- Member Services
- Neurology¹
- Nurses Clinic
- Nutrition Services¹
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job[®])¹
- Ophthalmology¹
- Orthopedics¹
- Outpatient Surgicenter¹
- Pediatrics
- Pharmacy
- Physical Medicine¹
- Physical/Occupational Therapy¹

¹By referral only.

²Includes family medicine and internal medicine.

³May require a fee.

⁴Affiliated Plan facilities provide selected inpatient and/or outpatient hospital and emergency services.

(continues)

Otay Mesa Medical Offices *(continued)*

- Podiatry¹
- Primary Care²
- Psychiatry
- Pulmonary Medicine¹
- Radiology/Diagnostic Imaging¹
- Urgent Care
- Urologic Surgery¹
- Urology¹
- Vision Essentials,³ includes Optometry/Optical Center

Positive Choice Integrative Wellness Center³

Services offered:

- Healthy Balance Full Food Weight Loss Program
- Medically Supervised Weight Management Programs (Full/Modified Meal Replacements)
- Pre-Bariatric Surgery Program

15 Point Loma Medical Offices

3250 Fordham St., San Diego, CA 92110

Departments and services:

- Gynecology
- Infectious Disease¹
- Infertility¹
- Laboratory
- Nurses Clinic
- Pharmacy Primary Care²
- Radiology/Diagnostic Imaging¹
- Travel Advisory Service
- Urogynecology¹

3420 Kenyon St., San Diego, CA 92110

Departments and services:

- Addiction Medicine
- Psychiatry

16 Rancho Bernardo Medical Offices

Kaiser Permanente Excel Centre
17140 Bernardo Center Dr., San Diego, CA 92128

Departments and services:

- Behavioral Health and Wellness
- Laboratory
- Nurses Clinic
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job®)¹
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹
- Rheumatology¹

17 Rancho San Diego Medical Offices

3875 Avocado Blvd., La Mesa, CA 91941

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care²
- Radiology/Diagnostic Imaging¹

18 San Marcos Medical Offices

400 Craven Rd., San Marcos, CA 92078

Departments and services:

- Allergy¹
- Audiology (self-referrals accepted)¹
- Cardiology¹
- Comprehensive Pain Management¹
- Dermatology¹
- Endocrinology¹
- Gastroenterology¹
- General Surgery¹
- Head and Neck Surgery¹
- Hematology/Oncology¹
- Infectious Disease¹
- Infusion Center¹
- Laboratory
- Member Services
- Nephrology¹
- Neurology¹
- Nurses Clinic
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job®)¹
- Orthopedic Surgical Care¹
- Outpatient Treatment Center (OTC)
- Pediatrics
- Pharmacy
- Physical Medicine¹
- Physical/Occupational Therapy¹
- Plastic Surgery¹
- Podiatry¹
- Primary Care²
- Pulmonary Medicine¹
- Radiology/Diagnostic Imaging¹
- Rheumatology¹
- Speech Pathology¹
- Surgery (General)¹
- Urgent Care – Adult
- Urgent Care – Pediatric
- Urologic Surgery¹
- Urology¹

Positive Choice Integrative Wellness Center³

Services offered:

- Healthy Balance Full Food Weight Loss Program
- Medically Supervised Weight Management Programs (Full/Modified Meal Replacements)
- Mindful Living, Healthy Balance Program
- Pre-Bariatric Surgery Program
- Solutions & Support for Food Addiction

19 Vandever Medical Offices

4405 Vandever Ave., San Diego, CA 92120

Departments and services:

- General Surgery¹
- Information
- Laboratory
- Neurology¹
- Nurses Clinic
- Obstetrics-Gynecology
- Ophthalmology¹
- Pediatric Specialties (cardiology, circumcision, cystic fibrosis, NICU follow-up, pulmonology, rheumatology, and sports medicine)¹
- Primary Care²
- Vision Essentials,³ includes Optometry/Optical Center

20 Viewridge Medical Offices

5251 Viewridge Ct., San Diego, CA 92123

Departments and services:

- Cardiology¹
- Cardiovascular Research
- Diagnostic Imaging¹
- General Pediatric Surgery¹
- Genetics¹
- Neurointerventional Radiology¹
- Neurosurgery¹
- Obstetrics-Gynecology
- Orthopedic-Spine¹
- Pediatrics
- Thoracic Surgery¹
- Urology¹
- Vascular Laboratory¹
- Vascular Podiatry¹
- Vascular Surgery¹

21 Vista Medical Offices

780 Shadowridge Dr., Vista, CA 92083

Departments and services:

- Ophthalmology¹
- Pharmacy
- Psychiatry
- Vision Essentials,³ includes Optometry/Optical Center
- HearUSA West Hearing Care Centers
1-800-528-3277
hearusa.com

Positive Choice Integrative Wellness Center³

Services offered:

- Biofeedback

Specialty facilities

22 Garfield Specialty Center

5893 Copley Dr., San Diego, CA 92111

Departments and services:

- Ambulatory Surgery Center (ASC)
- Audiology
- Comprehensive Pain Management¹
- Dermatology/MOHS
- Gastroenterology¹
- General Surgery¹
- Head and Neck Surgery¹
- Interventional Anesthesia¹
- Laboratory
- Orthopedic Surgery¹
- Pharmacy
- Plastic Surgery¹
- Podiatry¹
- Radiology/Diagnostic Imaging¹
- Urologic Surgery¹
- Urology¹

Positive Choice Integrative Wellness Center³

Services offered:

- Biofeedback
- Body Composition and Metabolic Rate Testing
- Healthy Balance Full Food Weight Loss Program
- Medically Supervised Weight Management Programs (Full, Modified & Partial Meal Replacements)
- Mindful Living Program
- Muscle Toning & Yoga Exercise Classes
- Nutrition/Exercise Consults
- Plant-based Cooking Classes
- Pre-Bariatric Surgery Program
- Solutions and Support for Food Addiction

23 Kaiser Permanente Genetic Services

6507 Mission Gorge Rd., San Diego, CA 92120

24 Kaiser Permanente Satellite Infusion Center

6511 Mission Gorge Rd., San Diego, CA 92120

¹By referral only.

²Includes family medicine and internal medicine.

³May require a fee.

25 Kearny Mesa Pain and Rehabilitation Center

4510 Viewridge Ave., San Diego, CA 92123

Departments and services:

- Nephrology¹
- Physical Medicine¹
- Physical/Occupational Therapy¹

26 San Diego Mission Road

10990 San Diego Mission Rd., San Diego, CA 92108

Departments and services:

- Center for Healthy Living
- Continuing Care Services (family violence program, long-term care, senior/geriatric services, social services)¹
- Home Health¹
- Hospice¹
- Nutrition Services¹
- Senior Advantage

27 Scripps Medical Office

HM Poole Building
9834 Genesee Ave., Suite 114, San Diego, CA 92037

Departments and services:

- Cardiac Surgery¹
- Diagnostic and Interventional Cardiology Services¹
- HearUSA West Hearing Care Centers
1-800-528-3277
hearusa.com

Target Clinic

Care provided by Kaiser Permanente

28 Chula Vista

1240 Broadway, Chula Vista, CA 91911

29 San Diego Mission Valley

1288 Camino Del Rio N., San Diego, CA 92108

30 Santee

9846 Mission Gorge Rd., Santee, CA 92071

31 Vista

1751 University Dr., Vista, CA 92083

Walk-in care available for over 85 services for you and your family, including:

- Chronic conditions
- Gynecology
- Minor illnesses
- Minor injuries
- Pediatrics and teens
- Physician telemedicine consultations
- Skin treatments
- Vaccinations
- Wellness services

No emergency services

kptargetclinic.org

Care close to home or work

Wherever you live in and around San Diego County, you can use this handy guide to find a Kaiser Permanente hospital, medical office, or other health facility near you.

For more information, call our Member Service Contact Center at **1-800-464-4000** (TTY **711**) English and more than 150 languages using interpreter services, 24 hours a day, 7 days a week (closed holidays).

Call **1-833-KP4CARE (1-833-574-2273)** (TTY **711**) to schedule an appointment or get 24/7 medical advice.

You can also schedule routine appointments online at kp.org/getcare. To use the secure online features for the first time, just sign up at kp.org/register, then sign in with your user ID and password.

¹By referral only.

If you believe you have an emergency medical condition, call **911** or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents.