

HEALTH FSA OVERVIEW

What is a Health FSA?

A Health FSA is a pre-tax employee benefit plan option that allows you to set aside salary before any taxes are taken out and use those funds to pay for qualified out of pocket medical expenses incurred by yourself and your tax dependents (regardless of your enrollment in your employer health plan). This plan can save you up to 30% on qualified expenses.

Examples of FSA eligible items

- Co-pays
- Deductibles
- Prescription Drug Costs
- Dental, Vision and Orthodontic expenses
- Diabetic Supplies
- Reading glasses
- Durable Medical Equipment
- Over-the-counter items like sunscreen (SPF 30 and above), products that contain sunscreen (SPF 30 and above), bandages, first aid, topical pain relief
- Chiropractic care and prescribed massage therapy

For a complete list and additional educational videos resources visit our web site.

QUESTIONS? LEARN MORE @

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