

Poway High School Women's Gymnastics Team Information:

Move-in Day Saturday, February 15th, tentatively at 1:30pm

- Gymnasts must bring Ticket-To-Play
- Meet in the practice room and dress appropriately - we will be setting up the equipment

Ticket to Play:

- [Download from the PHS website](#) under Athletics
- Requires a sport physical
- **MUST** bring your ticket-to-play on Saturday, February 15 or the first practice you attend
- **No ticket, no tryout or participation, no exceptions.** This is a school requirement.

Try-outs are held Mon Feb 17th through Wed Feb. 19th

- All levels are encouraged to try-out
- Practice starts: February 20th
- Tentative Practice times - Mondays 2-4:30, Tuesday - Friday 3-5:30, Saturday 3-5

Any questions please email <mailto:phsgymnastics@gmail.com>

Poway High School Gymnastics 2020 Gymnastics Schedule

Date	Where (start is 4:00pm unless noted)	Opponent
Wednesday March 11	Poway	La Costa Canyon (Dbl Dual Meet-RBvWV)
Wednesday March 18	Torrey Pines	Del Norte (Dbl Dual Meet-WV v TP)
Wednesday March 25	Rancho Bernardo	Torrey Pines (Double Dual Meet - F v RB)
Wednesday April 1	La Costa Canyon	Westview (Double Dual Meet - F v LCC)
Saturday April 4	Mt. Carmel/ 9:30am	MC 2 Event Extravaganza
Wednesday April 8	Poway	Mt. Carmel
Wednesday April 22	Fallbrook	Fallbrook
Saturday April 25	Mt. Carmel/8:00am	Sun Devil Invitational
Friday May 1	Westview	Westview (Double Dual Meet - F v MC)
Saturday May 2	La Costa Canyon/ 9:00am	North County JV Finals
Tuesday May 5	Mt. Carmel (time tba)	Avocado League Finals (MC, F, WV, P)
Friday May 15	La Costa Canyon/10am	CIF Championships