

STUDENT ACCESS TO COUNSELING SERVICES



Urgent Issues

Upset or overwhelmed to the point where you can't be in class

Let a teacher or a staff member know

Non-Urgent Issues

COUNSELORS:

General Social/Emotional Support, Stress Management, Schedules, Academics, College Questions

- The Sun Center is open for walk-ins, so stop by during lunch, breaks, and/or off roll
- Need more support or time to talk? Click [here](#) to make an appointment during or after the school day



STUDENT SERVICES:

Stress, Anxiety & Depression Support, Life Skills, Vaping & Sober Support, Leadership Opportunities, Resource Center

- Want to chat? Contact Mrs. Hatfield at [here](#).
Room D18
- Hours: 8:30am- 2:00pm