

Mt. Carmel High School

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School Profile

Class of 2018

ABOUT US

Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It was the second comprehensive high school opened in the district and draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. While Mt. Carmel offers many of the same courses as other high schools within the Poway Unified School District, it is unique with its combination of the trimester system, the diversity of its student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to 2,000 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has added PLTW Engineering and Computer Science Pathways in the last year and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School three times over three different decades and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. In both 2015 and 2016 Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation.

THE CURRICULUM AND GRADING

The Mt. Carmel curriculum is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

English	40 credits
Mathematics	20 credits
Social Science	30 credits
Biological/Life Science	10 credits
Physical Science	10 credits
Physical Education (PE)	20 credits
Fine Arts	10 credits
Health	5 credits
Electives	85 credits

Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts.

Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores.

ATHLETICS

The Class of 2018 had 116 Senior Scholar Athletes who maintained GPAs of 3.00 to 4.49 and includes 10 tri-sport Scholar Athletes. MCHS holds 105 CIF Championships. League Championships in 2018 include Girls Gymnastics. MCHS holds 187 League Championships over the course of the school's history.

Mt. Carmel High School ❖ 2018 Profile

CLASS OF 2018 DEMOGRAPHICS

466 students in the Class of 2018 ❖ 1896 Total School Enrollment at Mt Carmel HS

Free/Reduced Lunch	25%	92.4% ATTENDED COLLEGE	60.2% to 4 year colleges	32.2% to 2 year colleges	4.49 Highest GPA
ELL	3%				
AVID	7%				
White	46%	SAT		2018 Scores	
Black/African American	5%	AP		ACT	
All Asian (w/o Filipino)	14%	Mean ERW	598	42% of Seniors took AP tests	Coming soon
Filipino	12%	Mean Math	600	433 AP tests taken by Seniors	
Hispanic/Latino	14%	Mean TOTAL	1198	77% of Srs. scored 3 or higher	
Other/2 or more/decline to state	9%	5 NMSQT Finalists			

EXCELLENCE, PROGRAMS AND AWARDS

Mt. Carmel High School programs that are consistently recognized for excellence are the Grammy Award-winning music department, drama education and journalism education. The music department includes the Marching Sundevils Band, the MCHS Orchestra, the MCHS Jazz Band and vocal music programs. Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the defending three time (Southern California School Band and Orchestra Association) SCSBOA Gold Medal Champions. The choral music program's reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Both Classical and Women's Ensemble groups have traveled the United States extensively receiving superior ratings at local, regional and national festivals. In 2003, the music department was recognized by the Grammy Foundation as the number three program in the United States, followed by another Grammy in 2005 and 2008. The Mt. Carmel Sun Newspaper is a high-quality student newspaper that has won local and national journalism education recognition and is currently in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the 2016 Outstanding Leadership Program Award at the California Association of Student Leaders conference.

CURRENT 2018-19 HONORS & ADVANCED PLACEMENT COURSES

All students are strongly encouraged to take honors and Advanced Placement courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class.

Honors Courses :

Honors High School English, Honors Humanities, Honors Pre-Calculus

Advanced Placement (AP) Courses :

Art History	Physics C Electricity & Magnetism
Biology	Physics C Mechanics
Calculus AB	Psychology
Calculus BC	Spanish
Chemistry	Statistics
Computer Science	Studio Art 2D
English Language	Studio Art 3D
English Literature	Studio Art Drawing & Painting
Environmental Science	US Government & Economics
European History	US History
Physics 1A-1B	

CURRENT 2018-19 ELECTIVES

3D Computer Animation*	French
Art Appreciation	Internship
ASB Planning & Leadership	Intro to Computer Science
Athletic Training/Sports Medicine*	Intro to Engineering
Automotive Technology*	Design (PLTW)*
AVID	Journalism
Band	Orchestra
Biotech/Biotech Internship	Photography*
Choir	Principles of Engineering
Computer Programming	(PLTW)*
Dance	Psychology
Design Mixed Media	Sociology
Digital Media Production*	Spanish
Drama	Tall Flags (Color Guard)
Drawing & Painting	Theater Tech*
Filipino	Work Experience
Fire Science*	Yearbook
First Responder*	

*Indicates Career Technical Education (CTE) courses.
PLTW: Project Lead the Way

Mt. Carmel High School

Class of 2018 Profile

COLLEGES OF ATTENDANCE 2016-18

Abilene Christian University
Allegheny College
Arizona State University
Azusa Pacific University
Biola University
Boise State University
Bradley University
Brigham Young University
Brigham Young University, Idaho
Brigham Young University-Hawaii
California Baptist University
California Lutheran University
California Poly, San Luis Obispo
California Poly - Pomona
California State University, Channel Islands
California State University, Chico
California State University, East Bay
California State University, Fullerton
California State University, Long Beach
California State University, Los Angeles
California State University, Monterey Bay
California State University, Northridge
California State University, Sacramento
California State University, San Marcos
California State University, Stanislaus
Calvin College
Carnegie Mellon University
Case Western Reserve University
Chapman University
Charleston Southern University
Claremont McKenna College
Clemson University
Coe College
College of St. Joseph
Colorado Mesa University
Colorado State University
Columbia College
Concordia University - Irvine
Cornell University
Cornish College of the Arts
Doane College
Duke University
Florida Atlantic University
Gettysburg College
Gonzaga University
Grambling State University
Grand Canyon University
Grossmont College
Harvey Mudd College
Humboldt State University
John Jay College of Criminal Justice CUNY
Lehigh University
Lewis & Clark College
Loyola Marymount University
Marquette University
Maryville University
Miami Dade College - All Campuses
Miami University, Oxford
Mira Costa College
Molloy College
New York University
New School of Architecture & Design
Northern Arizona University
Oklahoma State University
Oregon State University
Otterbein University
Pace University, New York City
Palomar College
Pennsylvania State University
Pepperdine University
Point Loma Nazarene University
Princeton University
Purdue University
Reed College
Rhodes College
Rutgers University-New Brunswick
Saint Louis University
Saint Mary's College of California
San Diego Mesa College
San Diego Miramar College
San Diego State University
San Francisco State University
San Jose State University
Santa Barbara City College
Santa Clara University
School of the Art Institute of Chicago
Seattle Pacific University
Seattle University
Sierra Nevada College
Sonoma State University
Stanford University
Suffolk University
SUNY College at Cortland
Texas A&M University, Corpus Christi
Texas Christian University
The Art Institute of California - San Diego
The New School - All Divisions
The Ohio State University
The University of Alabama
The University of Arizona
The University of Montana, Missoula
The University of Texas, Austin
The University of Texas, Dallas
United States Air Force Academy
United States Coast Guard Academy
United States Naval Academy
University at Buffalo The State U of New York
University of Arkansas
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, Los Angeles
University of California, Merced
University of California, Riverside
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz
University of Chicago
University of Colorado at Boulder
University of Colorado Colorado Springs
University of Denver
University of Florida
University of Hawaii at Manoa
University of Idaho
University of La Verne
University of Maryland, Baltimore County
University of Massachusetts, Amherst
University of Michigan
University of Nebraska at Lincoln
University of Nevada, Reno
University of New Mexico
University of Notre Dame
University of Oregon
University of Pennsylvania
University of Portland
University of Redlands
University of San Diego
University of San Francisco
University of Southern California
University of Tennessee, Knoxville
University of Vermont
University of Virginia
University of Washington
University of West Florida
Utah State University
Vassar College
Virginia Commonwealth University
Washington State University
Western Washington University
Westmont College
Wichita State University
Willamette University
Winona State University
Xavier University