

MCHS Core Course Experience 4-Year Plan

At Mt. Carmel High School, we strive for all our students to **maximize their choices** upon graduation. To accomplish this goal, we expect all students to enroll in the MCHS Core Course Experience.

A-G courses + 1 Career/Technical Ed Course + 1 AP course

9th Grade Year		
Fall Trimester	Winter Trimester	Spring Trimester
Health	HSE 1	HSE 2
Integrated Math 1a	Integrated Math 1b	Integrated Math 2a
Biology 1	Beginning Choir 2	Biology 2
Beginning Choir 1	Spanish 1	Spanish 2
Freshman PE	Freshman PE	Freshman PE
10th Grade Year		
Fall Trimester	Winter Trimester	Spring Trimester
World History 1	Spanish 3	World History 2
Auto Tech 1	HSE 3	HSE 4
Integrated Math 2b	Integrated Math 3a	Integrated Math 3b
Fundamentals Chem	Chemistry 1	Chemistry 2
Futsal PE	Auto Tech 2	Spanish 4
11th Grade Year		
Fall Trimester	Winter Trimester	Spring Trimester
US History 1	American Lit 1	US History 2
Honors Pre- Calc 1❖	Honors Pre-Calc 2❖	Stats ❖
Spanish 5 ❖	Spanish 6 ❖	American Lit 2
Drawing & Painting 2❖	Physics ❖	Physics ❖
First Responder	Ethnic Studies 1	Ethnic Studies 2
12th Grade Year		
Fall Trimester	Winter Trimester	Spring Trimester
Auto Tech 3	Civics	Econ
College Algebra❖	College Algebra ❖	World Lit 2
World Lit 1	Drawing & Painting 2❖	Psychology❖
AP Environmtl. Sci❖	AP Environmtl. Sci 2	AP Env. Sem. Required
Sports Med 1 ❖	Sports Med 2 ❖	Off roll

EXAMPLE: TYPICAL Student

Use the check list below to plan your MCHS Core Course Experience

- UC A-G Subject Requirements (*light shading*)
- UC A-G Recommended Subjects (*dark shading*)
- Each box = 1 trimester/5 credits

TOTAL CREDITS REQUIRED 230

A World History—10th grade	5	5						
A US History—11th grade	5	5						
A Civics/Economics—12th grade	5	5						
B English	5	5	5	5	5	5	5	5
C Math	5	5	5	5	5	5	5	5
D Lab Science (Bio/Chem/Physics)	5	5	5	5	5	5		
E Language other than English	5	5	5	5	5	5		
F Visual/Performing Art	5	5						
G College Electives ❖ = any A-F course beyond the minimum requirement	5	5						
Health High School Requirement	5							
PE High School Requirement	5	5	5	5				
Career/Technical Ed CTE Core experience	5							
AP Course All 3 trimesters Core experience	5	5	5					
Electives—85 credits total—any course in any subject area beyond the minimum requirement counts as elective credit.								

The Poway Unified School District (PUSD) is an equal opportunity employer/program and is committed to an active Nondiscrimination Program. PUSD prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived race, color, ancestry, national origin, nationality, immigration status, ethnicity, ethnic group identification, age, religion, marital or parental status, physical or mental ability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or a group with one or more of these actual or perceived characteristics. For more information, please contact: Title IX/Equity Compliance Officer, James Jimenez, Associate Superintendent, Poway Unified School District, 15250 Avenue of Science, San Diego, CA 92128, 858-521-2800, extension 2761, jjimenez@powayusd.com.