

An Average Week

Monday: AVID Curriculum

Tuesday: Tutorials for Core Content Classes with College Tutors

Wednesday: AVID Curriculum

Thursday: Tutorials for Core Content Classes with College Tutors

Friday: AVID Curriculum, Guest Speakers, and/or Bonding Activities



The AVID curriculum foundation
is found in WICOR.

Writing

Inquiry

Collaboration

Organization

Readng

If you are interested in applying for MCHS AVID, please fill out an application which can be found on the MCHS website under the Programs tab. The application should be turned into Susan Randle in person or via email.

"YOU CAN MAKE FRIENDS IN SCHOOL OR YOU CAN MAKE A FAMILY IN AVID."

- IAN H. (AVID FOR 6 YEARS)

"AVID HAS TAUGHT ME TO TAKE FAILURE AND USE IT TO SUCCEED."

- JOJO G. (AVID FOR 3 YEARS)

"AVID IS NO LONGER A PROGRAM, BUT A WAY OF LIFE."

- JEREMY P. (AVID FOR 6 YEARS)

"AVID IS NOT A CLASS YOU DO BY YOURSELF. IT'S A CLASS WHERE YOU HELP ONE ANOTHER SUCCEED IN THEIR LIVES."

- ROVIN B. (AVID FOR 6 YEARS)

Poway Unified School District

Susan Randle - AVID Coordinator & Elective
Teacher

Stephen Roy - Elective Teacher

Jennifer Mercer - AVID Counselor

Phone: 858-484-1180 EXT 3444

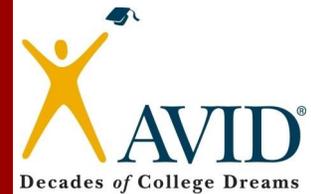
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Poway Unified
School District

Mt. Carmel
AVID



**It's Great To Be
A Sundevis!**

Frequently Asked Questions

◇ What is AVID?

AVID (Advancement Via Individual Determination) is an internationally recognized program designed to prepare students for success in four-year universities.



MCHS AVID curriculum focuses on study, academic, and organizational skills necessary for high school and college. The MCHS AVID program offers in-class college and career counseling, personal mentoring, tutoring, as well as opportunities for service learning, cultural awareness, and leadership development.

◇ Who May Participate?

AVID students are often historically underserved in four-year colleges – ethnic minority *and/or* low income *and/or* first generation college students *and/or* special circumstances who:

- Have academic potential for a four-year college
- Have average to high standardized test scores
- Have a 2.5–4.0+ GPA
- Have good citizenship and attendance
- Have full commitment to the program

◇ How Do I Know If I Am A Fit?

Potential students need to fill out the application and complete an interview to best determine if they would be successful in the course.

Freshman and Sophomore Year

The theme for Freshman year is “Personal Identity.” We understand students are finding their place here at Mt. Carmel and in AVID, we will encourage students to get out and find places to become involved. They will work on the foundational AVID pieces, as well as standardized test preparation, digital citizenship, and their four-year plan, which all culminate into their “Success Plan.” Freshmen are encouraged to participate in all AVID Family events.

The AVID Sophomore’s theme is “School Culture.” Sophomores will continue working on the AVID foundation, begin to grow their understanding of financial literacy, increase their scholarship applications, and be more involved in fundraising activities and on-campus events. The focus for sophomores will be depth in their abilities as a high school student and grow their understanding of their future path, culminating into their “Halfway There” exhibition.

Junior and Senior Year



As the pressures of Junior year mount, AVID Juniors have their bonds of the past two years to lean on and use for support. The theme for the third year in MCHS AVID is “School Leadership.” AVID Juniors are required to take the SAT and/or ACT test, in addition to begin to narrow down their choices for university applications. Students will also have the opportunity to participate on an overnight trip visiting multiple universities in California. This opportunity is a privilege earned from the hard work in the AVID system. Two large projects for the junior class include their career research paper, which helps the students identify the proper path via university for their intended

careers, and their culminating exhibition entitled, “Why I’m Ready.”

Seniors have the theme of “Community and Future Leadership.” At this point, we are helping to usher the Seniors through their college application process, continued scholarships, financial aid quandaries, and basic college preparation skills such as time management and entrance exams. There is an option of Senior Seminar, which receives a “G” credit and splits its time as an AVID 7/8 class and as a college level, comparative literature class, for further reassurance that **students are not only college bound, but college ready!** Both classes complete their time with their “Future Exhibition,” which outlines where they are headed based on where they have been.

At all course levels, students will have direct access to their own AVID counselor with personalized presentations and attention. Also, all course levels will have guest speakers and college representative come into the classroom for presentations and one-on-one direction.

A few places we have visited –

SDSU
CSU San Marcos
Point Loma Nazarene University
NACAC Fair at the Convention Center
CSU Fullerton
UC Irvine
Cal Poly San Luis Obispo
CSU Northridge
CSU Long Beach
USC
CSU Channel Islands
JA Finance Park