

# MCHS Core Course Experiences

## 4-Year Plan

At Mt. Carmel High School, we strive for all our students to **maximize their choices** upon graduation. To accomplish this goal, we expect all students to enroll in the MCHS Core Course Experiences.

**A-G courses + 1 Career/Technical Ed Course + 1 AP course**

9th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 1	AVID 2	Biology 2
Biology 1	Spanish 1	Spanish 2
Hons HS English 1	Hons HS English 2	Health
Integrated Math Ia	Integrated Math Ib	Integrated Math 2a
Freshmen PE	Freshmen PE	Freshmen PE
10th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 3	AVID 4	Spanish 4
Yoga PE	Hons. Humanities 1	Hons. Humanities 2
AP Euro History 1	AP Euro History 2	AP Euro History Sem.
Spanish 3	Chem 1	Chem 2
Integrated Math 2b	Integrated Math 3a	Integrated Math 3b
11th Grade Year		
Trimester 1	Trimester 2	Trimester 3
American Lit 1	AVID 5	AVID 6
AP Art History 1 ❖	AP Art History 2 ❖	AP Art History Sem.
Hons. Pre-Calc 1	Physics 1	Hons. Pre-Calc 2
US History 1	US History 2	Physics 2
Spanish 5	Spanish 6	American Lit 2
12th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 7 or Seminar 1	EXPOS 1	AVID 8 or Seminar 2
Human Biology	Human Biology	EXPOS 2
AP Government	AP Government	AP Government Sem.
Photo 1	Photo 2	First Responder
AP Stats	AP Stats	AP Stats Sem.

# EXAMPLE : AVID STUDENT

Use the check list below to plan your **MCHS Core Course Experiences**.

- UC A-G Subject Requirements (*light shading*)
- UC A-G Recommended Subjects (*dark shading*)
- Each box = 1 trimester/5 credits

**TOTAL CREDITS REQUIRED 230**

<b>A World History—10th grade</b>	5	5						
<b>A US History—11th grade</b>	5	5						
<b>A Civics/Economics—12th grade</b>	5	5						
<b>B English</b>	5	5	5	5	5	5	5	5
<b>C Math</b>	5	5	5	5	5	5	5	5
<b>D Lab Science (Bio/Chem/Physics)</b>	5	5	5	5	5	5		
<b>E Language other than English</b>	5	5	5	5	5	5		
<b>F Visual/Performing Art</b>	5	5						
<b>G College Electives ❖ = any A-F course beyond the minimum requirement</b>	5	5						
<b>Health</b>	5							
<b>PE</b>	5	5	5	5				
<b>Career/Technical Ed Course</b>	5							
<b>AP course</b>	5	5	5					
<b>Electives—85 credits total</b>								
Any course in any subject area above the minimum requirement, counts as elective .								

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