

# Mt. Carmel High School

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## School Profile

## Class of 2018

### ABOUT US

Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It was the second comprehensive high school opened in the district and draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. While Mt. Carmel offers many of the same courses as other high schools within the Poway Unified School District, it is unique with its combination of the trimester system, the diversity of its student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to 2,000 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has added PLTW Engineering and Computer Science Pathways in the last year and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School three times over three different decades and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. In both 2015 and 2016 Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation.

### THE CURRICULUM AND GRADING

The Mt. Carmel curriculum is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

English	40 credits
Mathematics	20 credits
Social Science	30 credits
Biological/Life Science	10 credits
Physical Science	10 credits
Physical Education (PE)	20 credits
Fine Arts	10 credits
Health	5 credits
Electives	85 credits

**Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts.**

Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores.

### ATHLETICS

The Class of 2018 had 116 Senior Scholar Athletes who maintained GPAs of 3.00 to 4.49 and includes 10 tri-sport Scholar Athletes. MCHS holds 105 CIF Championships. League Championships in 2018 include Girls Gymnastics. MCHS holds 187 League Championships over the course of the school's history.

# Mt. Carmel High School ❖ 2018 Profile

## CLASS OF 2018 DEMOGRAPHICS

466 students in the Class of 2018 ❖ 1896 Total School Enrollment at Mt Carmel HS

Free/Reduced Lunch	25%	92.4% ATTENDED COLLEGE	60.2% to 4 year colleges	32.2% to 2 year colleges	4.49 Highest GPA
ELL	3%				
AVID	7%				
White	46%	SAT		2018 Scores	
Black/African American	5%	AP		ACT	
All Asian (w/o Filipino)	14%	Mean ERW	598	42% of Seniors took AP tests	Coming soon
Filipino	12%	Mean Math	600	433 AP tests taken by Seniors	
Hispanic/Latino	14%	Mean TOTAL	1198	77% of Srs. scored 3 or higher	
Other/2 or more/decline to state	9%	5 NMSQT Finalists			

## EXCELLENCE, PROGRAMS AND AWARDS

Mt. Carmel High School programs that are consistently recognized for excellence are the Grammy Award-winning music department, drama education and journalism education. The music department includes the Marching Sundevils Band, the MCHS Orchestra, the MCHS Jazz Band and vocal music programs. Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the defending three time (Southern California School Band and Orchestra Association) SCSBOA Gold Medal Champions. The choral music program's reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Both Classical and Women's Ensemble groups have traveled the United States extensively receiving superior ratings at local, regional and national festivals. In 2003, the music department was recognized by the Grammy Foundation as the number three program in the United States, followed by another Grammy in 2005 and 2008. The Mt. Carmel Sun Newspaper is a high-quality student newspaper that has won local and national journalism education recognition and is currently in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the 2016 Outstanding Leadership Program Award at the California Association of Student Leaders conference.

### CURRENT 2018-19 HONORS & ADVANCED PLACEMENT COURSES

All students are strongly encouraged to take honors and Advanced Placement courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class.

Honors Courses :

Honors High School English, Honors Humanities, Honors Pre-Calculus

Advanced Placement (AP) Courses :

Art History	Physics C Electricity & Magnetism
Biology	Physics C Mechanics
Calculus AB	Psychology
Calculus BC	Spanish
Chemistry	Statistics
Computer Science	Studio Art 2D
English Language	Studio Art 3D
English Literature	Studio Art Drawing & Painting
Environmental Science	US Government & Economics
European History	US History
Physics 1A-1B	

### CURRENT 2018-19 ELECTIVES

3D Computer Animation*	French
Art Appreciation	Internship
ASB Planning & Leadership	Intro to Computer Science
Athletic Training/Sports Medicine*	Intro to Engineering
Automotive Technology*	Design (PLTW)*
AVID	Journalism
Band	Orchestra
Biotech/Biotech Internship	Photography*
Choir	Principles of Engineering
Computer Programming	(PLTW)*
Dance	Psychology
Design Mixed Media	Sociology
Digital Media Production*	Spanish
Drama	Tall Flags (Color Guard)
Drawing & Painting	Theater Tech*
Filipino	Work Experience
Fire Science*	Yearbook
First Responder*	

\*Indicates Career Technical Education (CTE) courses.  
PLTW: Project Lead the Way

# Mt. Carmel High School

## Class of 2018 Profile

### COLLEGES OF ATTENDANCE 2016-18

Abilene Christian University  
Allegheny College  
Arizona State University  
Azusa Pacific University  
Biola University  
Boise State University  
Bradley University  
Brigham Young University  
Brigham Young University, Idaho  
Brigham Young University-Hawaii  
California Baptist University  
California Lutheran University  
California Poly, San Luis Obispo  
California Poly - Pomona  
California State University, Channel Islands  
California State University, Chico  
California State University, East Bay  
California State University, Fullerton  
California State University, Long Beach  
California State University, Los Angeles  
California State University, Monterey Bay  
California State University, Northridge  
California State University, Sacramento  
California State University, San Marcos  
California State University, Stanislaus  
Calvin College  
Carnegie Mellon University  
Case Western Reserve University  
Chapman University  
Charleston Southern University  
Claremont McKenna College  
Clemson University  
Coe College  
College of St. Joseph  
Colorado Mesa University  
Colorado State University  
Columbia College  
Concordia University - Irvine  
Cornell University  
Cornish College of the Arts  
Doane College  
Duke University  
Florida Atlantic University  
Gettysburg College  
Gonzaga University  
Grambling State University  
Grand Canyon University  
Grossmont College  
Harvey Mudd College  
Humboldt State University  
John Jay College of Criminal Justice CUNY  
Lehigh University  
Lewis & Clark College  
Loyola Marymount University  
Marquette University  
Maryville University  
Miami Dade College - All Campuses  
Miami University, Oxford  
Mira Costa College  
Molloy College  
New York University  
New School of Architecture & Design  
Northern Arizona University  
Oklahoma State University  
Oregon State University  
Otterbein University  
Pace University, New York City  
Palomar College  
Pennsylvania State University  
Pepperdine University  
Point Loma Nazarene University  
Princeton University  
Purdue University  
Reed College  
Rhodes College  
Rutgers University-New Brunswick  
Saint Louis University  
Saint Mary's College of California  
San Diego Mesa College  
San Diego Miramar College  
San Diego State University  
San Francisco State University  
San Jose State University  
Santa Barbara City College  
Santa Clara University  
School of the Art Institute of Chicago  
Seattle Pacific University  
Seattle University  
Sierra Nevada College  
Sonoma State University  
Stanford University  
Suffolk University  
SUNY College at Cortland  
Texas A&M University, Corpus Christi  
Texas Christian University  
The Art Institute of California - San Diego  
The New School - All Divisions  
The Ohio State University  
The University of Alabama  
The University of Arizona  
The University of Montana, Missoula  
The University of Texas, Austin  
The University of Texas, Dallas  
United States Air Force Academy  
United States Coast Guard Academy  
United States Naval Academy  
University at Buffalo The State U of New York  
University of Arkansas  
University of California, Berkeley  
University of California, Davis  
University of California, Irvine  
University of California, Los Angeles  
University of California, Merced  
University of California, Riverside  
University of California, San Diego  
University of California, Santa Barbara  
University of California, Santa Cruz  
University of Chicago  
University of Colorado at Boulder  
University of Colorado Colorado Springs  
University of Denver  
University of Florida  
University of Hawaii at Manoa  
University of Idaho  
University of La Verne  
University of Maryland, Baltimore County  
University of Massachusetts, Amherst  
University of Michigan  
University of Nebraska at Lincoln  
University of Nevada, Reno  
University of New Mexico  
University of Notre Dame  
University of Oregon  
University of Pennsylvania  
University of Portland  
University of Redlands  
University of San Diego  
University of San Francisco  
University of Southern California  
University of Tennessee, Knoxville  
University of Vermont  
University of Virginia  
University of Washington  
University of West Florida  
Utah State University  
Vassar College  
Virginia Commonwealth University  
Washington State University  
Western Washington University  
Westmont College  
Wichita State University  
Willamette University  
Winona State University  
Xavier University