Mt. Carmel High School
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Counseling Fax (858) 484-2312 http://www.powayusd.com/ pusdmchs CEEB# 052862

ABOUT US: Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. Mt Carmel is unique in its diversity of the student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to almost 1,900 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has PLTW Engineering and Computer Science Pathways and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School four times over four different decades, and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CEEB Foundation in 2015, 2016, 2017 and 2018.

CLASS OF 2019 DEMOGRAPHICS: 48% White • 13% Hispanic • 3% African American • 12% Filipino • 13% Other Asian • 11% Other/Two or more/Decline to State. • Senior Class Size: 463 • AVID 8% • ELL 5% • Students on Free/Reduced Lunch 31%

THE MT CARMEL CURRICULUM
is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

- English 40 credits
- Mathematics 20 credits
- Social Science 30 credits
- Biological/Life Science 10 credits
- Physical Science 10 credits
- Physical Education (PE) 20 credits
- Fine Arts 10 credits
- Health 5 credits
- Electives 85 credits

GRADING: Courses identified as college preparatory are coded “P.” Honors classes are coded “H,” Advanced Placement classes are graded on a 5 point scale and coded “HH” and “AH” respectively on student transcripts. Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A=4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A=5.00), (+H - not included in weight). Poway Unified School District/ Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores.

For Spring 2020, Poway Unified School District began utilizing a CR/NM final grading scale due to the COVID-19 school closures based on guidance from the California Department of Education.

All students are strongly encouraged to take HONORS & ACADEMIC PLACEMENT courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class. Honors Courses: Honors High School English, Honors Humanities, Honors Pre-Calculus. Advanced Placement (AP) Courses:

- Art History
- English Literature
- Biology
- Environmental Science
- Calculus AB
- European History
- Calculus BC
- Physics 1A-1B
- Chemistry
- Physics C Electricity & Magnetism
- Computer Science
- Physics C Mechanics
- English Language
- Psychology
- Spanish
- Statistics
- Studio Art 2D
- Studio Art 3D
- US Government & Economics
- US History

ATHLETICS: The Class of 2019 had 104 Senior Scholar Athletes who maintained GPAs of 3.04 to 4.47 and includes 4 tri-sport Scholar Athletes. MCHS holds 105 CIF Championships. League Championships in 2019 include Girls Gymnastics. MCHS holds 188 League Championships over the course of the school’s history.
EXCELLENCE, PROGRAMS AND AWARDS:  **Instrumental music** has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Ros- es Parade.  **The Marching Sundevils & Color Guard** are the undefeated four time (Southern California School Band and Orchestra Association) SCSBOA 6A Gold Medal Champions. The **choral music** program’s reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Recognized by the Grammy Foundation in 2003, 2005 and 2008. The **Mt. Carmel Sun Newspaper** has won local and national journalism education recognition and was in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The **Drama** program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. **ASB** (the Associated Student Body) received the Outstanding Leadership Program Award 2016, 2017 and 2018 at the California Association of Student Leaders conference.

89% of 2019 M.C. Graduates Attended College  
53% to 4 year • 36% to 2 year • 3% to Military

NATIONAL MERIT  
2018-19 Finalists 1  
2018-19 Semi Finalists 1  
2018-19 Commended 15

69% of the Class of 2019  
met A-G requirements.  
4.53 Highest GPA

79% received a passing score

ADVANCED PLACEMENT:  584 Students in AP classes  
Total Number of AP Exams: 1034  
Senior AP Exams: 356

SAT

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ACT

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2018-19 ELECTIVES

3D Computer Animation*  
Art Appreciation  
ASB Planning & Leadership  
Athletic Training- Sports Medicine*  
Automotive Technology*  
AVID  
Band  
Biotech/ Biotech Internship  
Choir  
Computer Programming  
Dance  
Design Mixed Media  
Digital Media Production*  
Drama  
Drawing & Painting  
Filipino Lang. Culture  
Fire Science*  
First Responder*  
French  
Internship  
Intro to Computer Science  
Intro to Engineering Design (PLTW)*  
Journalism  
Orchestra  
Photography*  
Principles of Engineering (PLTW)*  
Psychology  
Sociology  
Spanish  
Tall Flags (Color Guard)  
Theater Tech*  
Work Experience  
Yearbook  
*Indicates Career Technical Education (CTE) courses.  
PLTW: Project Lead the Way

American University of Beirut  
American University of Iraq  
Arizona State University  
Belmont University  
Berklee College of Music  
Boise State University  
Brigham Young University Hawaii  
Brown University  
Cal Poly Pomona  
Cal Poly San Luis Obispo  
Carroll College  
Centenary University  
Chapman University  
CSU Fullerton  
CSU Long Beach  
CSU San Marcos  
Design Institute of San Diego  
Dixie State University  
Elgin College  
Fashion Institute Design Merchandise  
Florida State University  
George Mason University  
Harvey Mudd College  
Humboldt State University  
John Paul the Great Catholic University  
Laguna College of Art and Design  
Lindenwood University  
Loyola Chicago  
Michigan State University  
Minerva Schools of KGI  
MIT Massachusetts Institute of Tech  
Montana State University  
Northern Arizona University  
Ohio State University  
Ohio Wesleyan University  
Oregon State University  
Park University  
Pennsylvania State University  
Pepperdine University  
Point Loma Nazarene University  
Portland State University  
Richmond, American Intl. Uni. in London  
Ripon College  
San Diego State University  
San Jose State  
Shenandoah University  
Smith College  
Sonoma State University  
Southern Utah University  
Southwestern (Winfield Kansas)  
Southwestern Community College  
Stonehill College  
Syracuse University  
Texas Christian University  
The City College of New York  
The Evergreen State College  
UC Berkeley  
UC Davis  
UC Irvine  
UC Los Angeles  
UC Riverside  
UC San Diego  
UC Santa Barbara  
UC Santa Cruz  
University of Arizona  
University of British Columbia  
University of Colorado Boulder  
University of Colorado, Colorado Springs  
University of Connecticut  
University of Hawaii at Manoa  
University of Idaho  
University of Illinois  
University of Indiana  
University of Iowa  
University of Kansas  
University of Kentucky  
University of Massachusetts  
University of Maryland  
University of Michigan  
University of Minnesota  
University of Missouri  
University of Montana  
University of Nebraska at Omaha  
University of Nevada, Las Vegas  
University of New Mexico  
University of Notre Dame  
University of Oregon  
University of Pittsburgh  
University of Portland  
University of San Diego  
University of Southern California  
University of Southern Utah  
University of Texas  
University of Utah  
University of Virginia  
University of Washington Bothell  
University of Montana, Missoula  
Utah State University  
Villanova University  
Wellesley College  
Western Michigan University  
Western Washington University  
Westmont College  
2 Year Colleges  
Austin Community College  
Berkeley City College  
Cerritos Community College  
Golden West College  
Grossmont College  
LA Harbor City College  
Lane Community College  
Mira Costa College  
Moorepark College  
Palomar College  
PIMA Community College  
San Diego Community College District  
SDCCD/ City College  
SDCCD/ Mesa College  
The Salon Professional Academy