

# Mt. Carmel High School

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## School Profile

2018 - 19

**ABOUT US:** Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. **Mt Carmel is unique in it's diversity of the student body, open enrollment status, open access to AP courses as well as award-winning programs.** The school is home to almost 1,900 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has PLTW Engineering and Computer Science Pathways and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School four times over four different decades, and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation in 2015, 2016, 2017 and 2018.

**CLASS OF 2019 DEMOGRAPHICS:** 48% White • 13% Hispanic • 3% African American, • 12% Filipino • 13% Other Asian • 11% Other/Two or more/Decline to State. • Senior Class Size: 463 • AVID 8% • ELL 5% • Students on Free/Reduced Lunch 31%

**THE MT CARMEL CURRICULUM** is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

English	40 credits
Mathematics	20 credits
Social Science	30 credits
Biological/Life Science	10 credits
Physical Science	10 credits
Physical Education (PE)	20 credits
Fine Arts	10 credits
Health	5 credits
Electives	85 credits

**GRADING:** Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts.

Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores.

All students are strongly encouraged to take HONORS & ACADEMIC PLACEMENT courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class. Honors Courses: Honors High School English, Honors Humanities, Honors Pre-Calculus. Advanced Placement (AP) Courses:

Art History	English Literature	Spanish
Biology	Environmental Science	Statistics
Calculus AB	European History	Studio Art 2D
Calculus BC	Physics 1A-1B	Studio Art 3D
Chemistry	Physics C Electricity & Magnetism	Studio Art Drawing & Painting
Computer Science	Physics C Mechanics	US Government & Economics
English Language	Psychology	US History

**ATHLETICS:** The Class of 2019 had 104 Senior Scholar Athletes who maintained GPAs of 3.04 to 4.47 and includes 4 tri-sport Scholar Athletes. MCHS holds 105 CIF Championships. League Championships in 2019 include Girls Gymnastics. MCHS holds 188 League Championships over the course of the school's history.

# Mt. Carmel High School ❖ 2018–19 Profile

EXCELLENCE, PROGRAMS AND AWARDS: Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the undefeated four time (Southern California School Band and Orchestra Association) SCSBOA 6A Gold Medal Champions. The choral music program's reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Recognized by the Grammy Foundation in 2003, 2005 and 2008. The Mt. Carmel Sun Newspaper has won local and national journalism education recognition and was in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the Outstanding Leadership Program Award 2016, 2017 and 2018 at the California Association of Student Leaders conference.

89% of 2019 MC Graduates Attended College  
53 % to 4 year ♦ 36% to 2 year ♦ 3% to Military

## COLLEGES & UNIVERSITIES ATTENDED BY MT CARMEL CLASS OF 2019

NATIONAL MERIT  
2018-19 Finalists 1  
2018-19 Semi Finalists 1  
2018-19 Commended 15

69% of the Class of 2019 met A-G requirements.  
4.53 Highest GPA

ADVANCED PLACEMENT: 584 Students in AP classes  
Total Number of AP Exams: 1034 Senior AP Exams: 356  
79% received a passing score

SAT  
Results in October

ACT  
Results in October

- American University of Beirut
- American University of Iraq
- Arizona State University
- Belmont University
- Berklee College of Music
- Boise State University
- Brigham Young University Hawaii
- Brown University
- Cal Poly Pomona
- Cal Poly San Luis Obispo
- Carroll College
- Centenary University
- Chapman University
- CSU Fullerton
- CSU Long Beach
- CSU San Marcos
- Design Institute of San Diego
- Dixie State University
- Elgin College
- Fashion Institute Design Merchandise
- Florida State University
- George Mason University
- Harvey Mudd College
- Humboldt State University
- John Paul the Great Catholic University
- Laguna College of Art and Design
- Lindenwood University
- Loyola Chicago
- Michigan State University
- Minerva Schools of KGI
- MIT Massachusetts Institute of Tech
- Montana State University
- Northern Arizona University
- Ohio State University
- Ohio Wesleyan University
- Oregon State University
- Park University
- Pennsylvania State University
- Pepperdine University
- Point Loma Nazarene University
- Portland State University
- Richmond, American Intl. Uni. in London
- Ripon College
- San Diego State University
- San Jose State
- Shenandoah University
- Smith College
- Sonoma State University
- Southern Utah University
- Southwestern (Winfield Kansas)
- Southwestern Community College
- Stonehill College
- Syracuse University
- Texas Christian University
- The City College of New York
- The Evergreen State College
- UC Berkeley
- UC Davis
- UC Irvine
- UC Los Angeles
- UC Riverside
- UC San Diego
- UC Santa Barbara
- UC Santa Cruz
- Universal Technical Institute
- University of Arizona
- University of British Columbia
- University of Colorado Boulder
- University of Colorado, Colorado Springs
- University of Edinburgh
- University of Hawaii at Manoa
- University of Missouri
- University of Montana
- University of Nebraska at Omaha
- University of Nevada, Las Vegas
- University of New Mexico
- University of Notre Dame
- University of Oregon
- University of Pittsburg
- University of Portland
- University of San Diego
- University of Southern California
- University of Utah
- University of Victoria
- University of Washington Bothell
- University of Montana, Missoula
- Utah State University
- Villanova University
- Wellesley College
- Western Michigan University
- Western Washington University
- Westmont College
- 2 Year Colleges
- Austin Community College
- Berkeley City College
- Cerritos Community College
- Golden West College
- Grossmont College
- LA Harbor City College
- Lane Community College
- Mira Costa College
- Moorpark College
- Palomar College
- PIMA Community College
- San Diego Community College District
- SDCCD/City College
- SDCCD/Mesa College
- The Salon Professional Academy

## 2018-19 ELECTIVES

- 3D Computer Animation\*
  - Art Appreciation
  - ASB Planning & Leadership
  - Athletic Training- Sports Medicine\*
  - Automotive Technology\*
  - AVID
  - Band
  - Biotech/Biotech Internship
  - Choir
  - Computer Programming
  - Dance
  - Design Mixed Media
  - Digital Media Production\*
  - Drama
  - Drawing & Painting
  - Filipino Lang. Culture
  - Fire Science\*
  - First Responder\*
  - French
  - Internship
  - Intro to Computer Science
  - Intro to Engineering Design (PLTW)\*
  - Journalism
  - Orchestra
  - Photography\*
  - Principles of Engineering (PLTW)\*
  - Psychology
  - Sociology
  - Spanish
  - Tall Flags (Color Guard)
  - Theater Tech\*
  - Work Experience
  - Yearbook
- \*Indicates Career Technical Education (CTE) courses.  
PLTW: Project Lead the Way