

Mt. Carmel High School

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School Profile

Class of 2017

ABOUT US

Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It was the second comprehensive high school opened in the district and draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. While Mt. Carmel offers many of the same courses as other high schools within the Poway Unified School District, it is unique with its combination of the trimester system, the diversity of its student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to 2,000 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has added PLTW Engineering and Computer Science Pathways in the last year and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School three times over three different decades and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. In both 2015 and 2016 Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation.

THE CURRICULUM AND GRADING

The Mt. Carmel curriculum is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

English	40 credits
Mathematics	20 credits
Social Science	30 credits
Biological/Life Science	10 credits
Physical Science	10 credits
Physical Education (PE)	20 credits
Fine Arts	10 credits
Health	5 credits
Electives	85 credits

Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts.

Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores.

ATHLETICS

The Class of 2017 had 129 Senior Scholar Athletes who maintained GPAs of 3.00 to 4.52 and includes 8 tri-sport Scholar Athletes. CIF Championships in 2017 include Girls Cross Country and Boys Track & Field. MCHS holds 102 CIF Championships. League Championships in 2017 include Gymnastics, Boys Volleyball, Girls Swim & Dive, and Girls Cross Country. MCHS holds 184 League Championships over the course of the school's history.

Mt. Carmel High School ❖ 2017 Profile

CLASS OF 2017 DEMOGRAPHICS

492 students in the Class of 2017 ❖ 1926 Total School Enrollment at Mt Carmel HS

Free/Reduced Lunch	4%	89%		66%		23%		4.54	
ELL	1%	ATTENDED COLLEGE		to 4 year colleges		to 2 year colleges		Highest GPA	
AVID	11%	SAT		2016 Scores	2017 Scores	AP		ACT	
White	48%	Critical Reading Mean	542	coming soon	50 % of Seniors took AP tests	English	2017 Scores		25.3
Black/African American	5%	Mathematics Mean	562	coming soon	1278 Total AP tests taken	Math			25.1
All Asian (w/o Filipino)	15%	Writing Mean	523	coming soon	86 % scored 3 or higher	Reading			25.4
Filipino	11%	Multiple Choice Mean	52.8	coming soon		Science			24.2
Hispanic/Latino	14%	Essay Mean	7.2	coming soon	9 NMSQT Finalists	Composite			25.1
Other /2 or more/decline to state	7%								

EXCELLENCE, PROGRAMS AND AWARDS

Mt. Carmel High School programs that are consistently recognized for excellence are the Grammy Award-winning music department, drama education and journalism education. The music department includes the Marching Sundevils Band, the MCHS Orchestra, the MCHS Jazz Band and vocal music programs. Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the defending back-to-back (Southern California School Band and Orchestra Association) **SCSBOA Gold Medal Champions**. **The choral music program's reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Both Classical and Women's Ensemble groups have traveled the United States extensively receiving superior ratings at local, regional and national festivals.** In 2003, the music department was recognized by the Grammy Foundation as the number three program in the United States, followed by another Grammy in 2005 and 2008. The Mt. Carmel Sun Newspaper is a high-quality student newspaper that has won local and national journalism education recognition and is currently in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the 2016 Outstanding Leadership Program Award at the California Association of Student Leaders conference.

CURRENT 2017-18 HONORS & ADVANCED PLACEMENT COURSES

All students are strongly encouraged to take honors and Advanced Placement courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class.

Honors Courses :

Honors High School English, Honors Humanities, Honors Algebra 3-4, Honors Pre-Calculus

Advanced Placement (AP) Courses :

Art History	Physics C Electricity & Magnetism
Biology	Physics C Mechanics
Calculus AB	Psychology
Calculus BC	Spanish
Chemistry	Statistics
Computer Science	Studio Art 2D
English Language	Studio Art 3D
English Literature	Studio Art Drawing & Painting
Environmental Science	US Government & Economics
European History	US History
Physics 1A-1B	

CURRENT 2017-18 ELECTIVES

3D Computer Animation*	French
Art Appreciation	Internship
ASB Planning & Leadership	Intro to Computer Science
Athletic Training/Sports Medicine*	Intro to Engineering
Automotive Technology*	Design (PLTW)*
AVID	Journalism
Band	Orchestra
Biotech/Biotech Internship	Photography*
Choir	Principles of Engineering
Computer Programming	(PLTW)*
Dance	Psychology
Design Mixed Media	Sociology
Digital Media Production*	Spanish
Drama	Tall Flags (Color Guard)
Drawing & Painting	Theater Tech*
Filipino	Work Experience
Fire Science*	Yearbook
First Responder*	

*Indicates Career Technical Education (CTE) courses.
PLTW: Project Lead the Way

Mt. Carmel High School

Class of 2017 Profile

COLLEGES OF ATTENDANCE 2015-2017

Abilene Christian University	Harvey Mudd College	The University of Arizona
Allegheny College	Howard University	The University of Montana, Missoula
American University	Humboldt State University	The University of Tampa
Arizona State University	John Jay College of Criminal Justice of the CUNY	The University of Texas, San Antonio
Barrett, The Honors College	Lehigh University	Tulane University
Biola University	Liberty University	United States Air Force Academy
Boise State University	Loyola Marymount University	United States Coast Guard Academy
Boston University	Loyola University Chicago	United States Naval Academy
Bradley University	Make-up Designory-Los Angeles	Universal Technical Institute -Los Angeles
Brigham Young University	Marquette University	University at Buffalo The State University of New York
Brigham Young University, Idaho	Maryville University	University of California, Berkeley
Brigham Young University-Hawaii	Mercy College	University of California, Davis
Brown University	Miami Dade College - All Campuses	University of California, Irvine
Cal Maritime	Miami University, Oxford	University of California, Los Angeles
California Baptist University	Montana State University, Bozeman	University of California, Merced
California Lutheran University	Mount Ida College	University of California, Riverside
California Polytechnic State University, San Luis Obispo	New School of Architecture & Design	University of California, San Diego
California State Polytechnic University, Pomona	New York University	University of California, Santa Barbara
California State University, Channel Islands	Northern Arizona University	University of California, Santa Cruz
California State University, Chico	Oklahoma State University	University of Chicago
California State University, East Bay	Oregon State University	University of Colorado at Boulder
California State University, Fresno	Otterbein University	University of Colorado Colorado Springs
California State University, Fullerton	Pace University, New York City	University of Denver
California State University, Long Beach	Pacific University	University of Hawaii at Manoa
California State University, Los Angeles	Palomar College	University of Idaho
California State University, Monterey Bay	Pennsylvania State University	University of La Verne
California State University, Northridge	Pepperdine University	University of Maryland, Baltimore County
California State University, Sacramento	Point Loma Nazarene University	University of Michigan
California State University, San Marcos	Princeton University	University of Nebraska at Lincoln
California State University, Stanislaus	Purdue University	University of Nevada, Las Vegas
Calvin College	Reed College	University of Nevada, Reno
Carnegie Mellon University	Rhodes College	University of New Mexico
Case Western Reserve University	Riverside City College	University of North Texas
Chapman University	Rutgers University-New Brunswick	University of Notre Dame
Claremont McKenna College	Saint Louis University	University of Oregon
Coe College	Saint Mary's College of California	University of Pennsylvania
College of St. Joseph	San Diego Mesa College	University of Portland
Colorado College	San Diego Miramar College	University of Redlands
Colorado Mesa University	San Diego State University	University of San Diego
Colorado State University	San Francisco State University	University of San Francisco
Columbia College	San Jose State University	University of Southern California
Columbia College Chicago	Santa Barbara City College	University of Tennessee, Knoxville
Community College of the Air Force	Santa Clara University	University of Toronto Undergraduate Only
Concordia University - Irvine	Santa Monica College	University of Vermont
Cornell University	School of the Art Institute of Chicago	University of Washington
Cornish College of the Arts	Seattle Pacific University	University of West Florida
Doane College	Seattle University	Utah State University
Duke University	Sierra Nevada College	Virginia Commonwealth University
Duquesne University	Sonoma State University	Wagner College
Embry-Riddle Aeronautical University - Daytona Beach	Southern Oregon University	Washington College
Florida Atlantic University	Stanford University	Washington State University
Gettysburg College	Suffolk University	Washington University in St. Louis
Golden West College	SUNY College at Cortland	Western Washington University
Gonzaga University	Texas A&M University, Corpus Christi	Westmont College
Grambling State University	Texas Christian University	Whittier College
Grand Canyon University	The Art Institute of California - San Diego	Wichita State University
Grossmont College	The New School - All Divisions	Willamette University
	The Ohio State University	Xavier University
	The University of Alabama	Yale University