

MCHS Core Course Experiences

4-Year Plan

At Mt. Carmel High School, we strive for all our students to **maximize their choices** upon graduation. To accomplish this goal, we expect all students to enroll in the MCHS Core Course Experiences.

A-G courses + 1 Career/Technical Ed Course + 1 AP course

9th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 1	AVID 2	Biology 2
Biology 1	Spanish 1	Spanish 2
Hons HS English 1	Hons HS English 2	Health
Integrated Math Ia	Integrated Math Ib	Integrated Math IIa
Freshmen PE	Freshmen PE	Freshmen PE
10th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 3	AVID 4	Spanish 4
Yoga PE	Hons. Humanities 1	Hons. Humanities 2
AP Euro History 1	AP Euro History 2	AP Euro History Sem.
Spanish 3	Chem 1	Chem 2
Integrated Math IIb	Integrated Math IIIa	Integrated Math IIIb
11th Grade Year		
Trimester 1	Trimester 2	Trimester 3
American Lit 1	AVID 5	AVID 6
AP Art History 1	AP Art History 2	AP Art History Sem.
Hons. Pre-Calc 1	Physics 1	Hons. Pre-Calc 2
US History 1	US History 2	Physics 2
Spanish 5	Spanish 6	American Lit 2
12th Grade Year		
Trimester 1	Trimester 2	Trimester 3
AVID 7 or Seminar 1	EXPOS 1	AVID 8 or Seminar 2
Human Biology	Human Biology	EXPOS 2
AP Government	AP Government	AP Government
Photo 1	Photo 2	Auto Engine Perf.
AP Stats	AP Stats	AP Stats

Student Name:

Use the check list below to plan your MCHS Core Course Experiences .									
<ul style="list-style-type: none"> UC A-G Subject Requirements (<i>light shading</i>) UC A-G <u>Recommended</u> Subjects (<i>dark shading</i>) Each box = 1 trimester/5 credits 									
TOTAL CREDITS REQUIRED 230									
A World History—10th grade	5	5							
A US History—11th grade	5	5							
A Civics/Economics—12th grade	5	5							
B English	5	5	5	5	5	5	5	5	5
C Math	5	5	5	5	5	5	5	5	5
D Lab Science (Bio/Chem/Physics)	5	5	5	5	5	5			
E Language other than English	5	5	5	5	5	5			
F Visual/Performing Art	5	5							
G College Electives	5	5							
Health	5								
PE	5	5	5	5					
Career/Technical Ed Course	5								
AP course	5	5	5						
Electives—85 credits total									
Any course in any subject area above the minimum requirement, counts as elective.									

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