

**MARK YOUR CALENDAR** (Please see the MCHS website for schedules)

Sunday, November 6 – Daylight Saving Time Ends – “FALL BACK”

Tuesday, November 8 – Thursday, November 10 - Tri 1 Finals Click [HERE](#) for schedules

Friday, November 11 - Veterans Day - No School

Monday, November 14 – 1<sup>st</sup> Day of Tri 1 Minimum Day Click [HERE](#) for schedule

**ABSENCE OR EARLY RELEASE PROTOCOL FOR PARENTS**

When requesting an early release or reporting an absence please call 858-484-8512. You will be prompted to either press 1 for early release or 2 for all other attendance reporting. Please give *at least a 3 hour notice* for all early releases and have your child pick up the pass in-between periods. Messages are checked continuously and requests are processed as soon as we get your message. Please *do not call* the school’s main number for attendance related requests as this will delay the process.

**NOVEMBER 2 PTSA UPDATES:**

**Meetings** (staff lounge)

[November 8 6:00pm](#) Executive Board

[November 30 6:30pm](#) Grad Night Committee

**Support**

**Join** the PTSA! (student membership required for PTSA scholarship eligibility)

<https://jointotem.com/ca/san-diego/mt-carmel-high-school-ptsa>

**Grad Night**

[Order Grad Night tickets](#) \$100 until Dec 18 (gradually increases to \$150 June 1)

**Dine Out** [Dec 7](#) Grub Burger Bar

Looking for sponsorships

Questions? Contact [saoriokubo22@gmail.com](mailto:saoriokubo22@gmail.com)

**COMMUNITY EVENTS:**

**WHAT I WISH MY PARENTS KNEW**

Join us at Del Norte High School on November 15, at 6:30 pm for “What I Wish My Parents Knew.” Attend a general opening and then two break-out sessions: Communicating with your teens; Academic Pressure; Social Media; Establishing Guardrails; Managing Stress and Anxiety; Addressing alcohol, drugs, and vaping with teens.

**FREE PARENT INFORMATIONAL NIGHT ON SUBSTANCE USE – NOVEMBER 17**

Interested in learning more about current trends, signs and effects of substance use, risk and protective factors, and how to best talk with your student about use? Go to Abraxas High School, 12450 Glen Oak Road, Poway at 5:30pm (Library) to hear from the Director of a Sober Living Home.

**SCHOOL UPDATES:**

**WINTER SPORTS TRYOUTS**

We are excited for winter sports tryouts next week! Only students who have turned in their Ticket-to-Play paperwork and are 100% cleared on DragonFly MAX can participate. Please see the following [tryout schedule](#) and check the MC website for specific times pertaining to each team.

### **LIBRARY ADVISORY CLUB BOOK DRIVE FOR THE HOMELESS**

Please help support Father Joe's Villages homeless programs by bringing new or used books to MCHS from November 14 thru November 18. Collection boxes will be at the school entry, in the library, and in various classrooms. Your donation will be just in time for the winter holidays.

### **AP EXAM REGISTRATION INFO**

AP Exam Registration is open **now thru November 4, 2022**. Exam Cost: \$110. After November 4, a \$40 late will fee will incur for each exam. Follow the instructions on this link: <https://aptsusa.com/mtcarmel/> to register. Information is on the MC website under Announcements.

### **SENIOR PARENTS**

Celebrate your Senior with an ad in the 2023 Yearbook. There are several sizes and templates to choose from--full, half, and quarter page ad options. **The last day to submit an ad is February 10, 2023**. Do not miss this great opportunity to show your pride in your student(s).

Go to [www.YearbookOrderCenter.com](http://www.YearbookOrderCenter.com) to begin designing your ad. (School code: 17064)

### **SENIOR YEARBOOK BABY PHOTOS**

If you would like to have your baby photo (under 2 years old) in this year's yearbook, a Senior tradition going back many years, please submit your picture to [angelaclaired@gmail.com](mailto:angelaclaired@gmail.com). Include your first and last name in the email. Photos must be submitted by November 1 to be included.

### **YEARBOOKS**

Yearbooks are on sale now. You can purchase online at [www.YearbookOrderCenter.com](http://www.YearbookOrderCenter.com) (School Code: 17064) or bring cash or check to the Finance Office. Please note, our vendor, Herff Jones, charges an additional fee when ordering online. Yearbooks are currently \$75 and will increase to \$80 on January 1, 2023.

### **HOLIDAY FOOD DRIVE**

Our Annual Food Drive to help our own Sundevil Families during the holiday season will run from November 7 until December 9. Non-perishable food donation drop off bin will be at the front of campus. Gift certificates for Groceries (\$15-25 increments) also appreciated and can be taken into the front office.