

MARK YOUR CALENDAR (Please see the [MCHS website](#) for schedules)

Monday, January 16 – NO SCHOOL – Martin Luther King Jr Day
Monday, January 30 – NO SCHOOL – Non Student Day/Professional Growth Day
Monday, February 20 – Friday, February 24 – NO SCHOOL – Presidents Week

ABSENCE OR EARLY RELEASE PROTOCOL FOR PARENTS

When requesting an early release or reporting an absence please call 858-484-8512. You will be prompted to either press 1 for early release or 2 for all other attendance reporting. Please give *at least a 3 hour notice* for all early releases and have your child pick up the pass in-between periods. Messages are checked continuously and requests are processed as soon as we get your message. Please *do not call* the school's main number for attendance related requests as this will delay the process.

JANUARY 4 PTSA ANNOUNCEMENTS:

Key Dates:

Jan 10 6:00pm-7:00pm Executive Board meeting (staff lounge)

Jan 18 2:00pm-8:00pm Dine Out at Sombrero's (Scripps Poway—[see flyer](#)); 6:00pm Executive Board Meeting at Sombrero's

Feb 7 6:00pm Executive Board Meeting; 6:30 pm PTSA Meeting (staff lounge) - We will be electing the Nominating Committee at the Association Meeting. Please attend if you are interested in helping to create the new board for the 2023-2024 school year.

Support:

Join the PTSA! (student membership required for PTSA scholarship eligibility)

<https://jointotem.com/ca/san-diego/mt-carmel-high-school-ptsa>

PTSA is partnering with the **MCHS library** to provide the most recent and popular books to our students! *Please support by donating Barnes and Nobel gift cards* (drop off to Ms. Hthe office).

Grad Night:

Grad Night tickets are now on sale for \$120 until March 31. Turn in your signed waiver (attached) and payment to Ms. Hall in the office.

Theme: A Night in Paris – *Submit your art/design for t-shirts*

Thank you to our sponsor! [ArtHaus 5](#)

Questions? Contact saoriokubo22@gmail.com

JANUARY 4 MC FOUNDATION ANNOUNCEMENTS:

SUPPORT OUR STUDENTS THROUGH THE FOUNDATION

As the year comes to a close, please consider making a donation to the Mt. Carmel Foundation. Donations help to support teacher and staff mini-grants to support classroom learning and help bridge the gap between funding and needs.

You can donate here:

https://www.paypal.com/donate/?hosted_button_id=N38FQ5F4VRWBG

Want to know more about the foundation and how you can support the work? Contact foundation secretary Kim Varay, kimvarey@gmail.com for more information about meeting times and how you can get involved.

SCHOOL UPDATES:

4-YEAR PLANNING WORKSHOP

Counselors will help students and their parents optimize our trimester system to achieve their high school goals. This will be an in-person workshop for current 9th through 11th grade students and their parents/guardians. [Sign-up here.](#)

HEALTHY SNACKS & GENTLY USED SWEATSHIRTS NEEDED

Students come to school without eating and are not able to function well prior to lunch. We could use healthy, individually wrapped snacks to help keep their brains thinking! We also need hoodies/sweatshirts for cold days. If you would like to donate – please bring items to Student Services, Room D18.

TICKET-TO-PLAY DEADLINE FOR SPRING SPORTS

The **Ticket-to-Play deadline** for **Spring Sports** is **Wednesday, January 25**. Please visit the Athletics page of the MC website for step-by-step instructions. Each student-athlete must have a DragonFly MAX account, current sports physical and completed a Health History form to be eligible for tryouts.

LUNCHTIME AP INFO SESSIONS

Are you ready for an AP class? Come meet the teacher, ask you questions and learn all about it!

Tuesday, 1/10/23	AP Spanish Language & Culture - Room V6
Wednesday, 1/11/23	AP Calculus AB - Room E4
Thursday, 1/12/23	AP Calculus BC - Room E8
Friday, 1/13/23	AP Chemistry - Room J2
Tuesday 1/17/23	APEL - Room K1
Wednesday 1/18/23	AP Biology - Room J8
Thursday 1/19/23	AP Environmental Science - Room J1
Friday, 1/20/23	AP Stats - Room E6
Monday, 1/23/23	AP Literature – Room K4
Tuesday, 1/24/23	AP Art History – Room M2
Wednesday, 1/25/23	AP Gov - Room K7
Thursday, 1/26/23	AP Psychology –Room K8
Friday, 1/27/23	AP Physics 1A – Room L2
Tuesday, 1/31/23	AP Computer Science – Room M1
Wednesday, 2/1/23	APUSH – Room K6
Thursday, 2/2/23	WHAP World History – Room U9

SENIOR PARENTS

Celebrate your Senior with an ad in the 2023 Yearbook. There are several templates to choose from—both half and quarter page ad options. (Full Page no longer available) **The last day to submit an ad is February 10, 2023, but we suggest submitting your ad as soon as possible. Once space fills up, we will not accept any more ads.** Go to www.YearbookOrderCenter.com to begin designing your ad. (School code: 17064)

YEARBOOKS

Yearbooks are on sale now. You can purchase online at www.YearbookOrderCenter.com (School Code: 17064) or bring cash or check to the Finance Office. Please note, our vendor, Herff Jones, charges an additional fee when ordering online. Yearbooks are currently \$80 and will increase to \$85 in May.