**Mt. Carmel High School**

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**ABOUT US:** Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northern-most inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. Mt Carmel is unique in its diversity of the student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to almost 1,900 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has PTLW Engineering and Computer Science Pathways and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School four times over four different decades, and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation in 2015, 2016, 2017 and 2018.

**CLASS OF 2020 DEMOGRAPHICS:** 41% White  •  15% Hispanic  •  3% African American  •  12% Filipino  •  12% Other Asian  •  14% Two or more  •  3% Other/Decline to State  •  Senior Class Size: 475  •  AVID 9%  •  ELL 4%  •  Students on Free/Reduced Lunch 33%

**THE MT CARMEL CURRICULUM**
is an academically challenging college preparatory program. Mt. Carmel students can take up to five courses each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits - its that include the following requirements:

- English 40 credits
- Mathematics 20 credits
- Social Science 30 credits
- Biological/Life Science 10 credits
- Physical Science 10 credits
- Physical Education (PE) 20 credits
- Fine Arts 10 credits
- Health 5 credits
- Electives 85 credits

**GRADING:** Courses identified as college preparatory are coded “P.” Honors classes are coded “H,” Advanced Placement classes are graded on a 5 point scale and coded “HH” and “AH” respectively on student transcripts. Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0.0. Add an additional point for AP grades A, B, C (e.g. A= 5.00), (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores. For Spring 2020, Poway Unified School District began utilizing a CR/NM final grading scale due to the COVID-19 school closures based on guidance from the California Department of Education.

All students are strongly encouraged to take HONORS & ACADEMIC PLACEMENT courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class. **Honors Courses:** Honors High School English, Honors Humanities, Honors Pre-Calculus. **Advanced Placement (AP) Courses:**

<table>
<thead>
<tr>
<th>Art History</th>
<th>English Literature</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>Environmental Science</td>
<td>Statistics</td>
</tr>
<tr>
<td>Calculus AB</td>
<td>European History</td>
<td>Studio Art 2D</td>
</tr>
<tr>
<td>Calculus BC</td>
<td>Physics 1A-1B</td>
<td>Studio Art 3D</td>
</tr>
<tr>
<td>Chemistry</td>
<td>Physics C Electricity &amp; Magnetism</td>
<td>Studio Art Drawing &amp; Painting</td>
</tr>
<tr>
<td>Computer Science</td>
<td>Physics C Mechanics</td>
<td>US Government &amp; Economics</td>
</tr>
<tr>
<td>English Language</td>
<td>Psychology</td>
<td>US History</td>
</tr>
</tbody>
</table>

**ATHLETICS:** The Class of 2020 had 47 Senior Scholar Athletes who maintained GPAs of 3.76 to 4.36. MCHS holds 108 CIF Championships and 188 League Championships over the course of the school’s history.
**MT. CARMEL HIGH SCHOOL • 2019–20 PROFILE**

EXCELLENCE, PROGRAMS AND AWARDS: **Instrumental music** has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The **Marching Sundevils & Color Guard** are the undefeated four time (Southern California School Band and Orchestra Association) SCSBOA 6A Gold Medal Champions. The **choral music** program’s reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Recognized by the Grammy Foundation in 2003, 2005 and 2008. The **Mt. Carmel Sun Newspaper** has won local and national journalism education recognition and was in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The **Drama** program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. **ASB** (the Associated Student Body) received the Outstanding Leadership Program Award the past 4 years at the California Association of Student Leaders conference.

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### 88% of 2020 MC Graduates Attended College 62% to 4-year • 26% to 2-year

### 79% of the Class of 2020 met A-G requirements. 4.53 Highest GPA

### NATIONAL MERIT

2019-20 Semi-Finalists: 5

### ADVANCED PLACEMENT

728 Students in AP classes
Total Number of AP Exams: 1042
Senior AP Exams: 327
80% received a passing score

### SAT

<table>
<thead>
<tr>
<th>Year</th>
<th>ERW Mean</th>
<th>Math Mean</th>
<th>Total Mean</th>
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<tbody>
<tr>
<td>2020</td>
<td>tba</td>
<td>tba</td>
<td>tba</td>
</tr>
<tr>
<td>2019</td>
<td>601</td>
<td>599</td>
<td>1199</td>
</tr>
<tr>
<td>2018</td>
<td>599</td>
<td>599</td>
<td>1199</td>
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### ACT

<table>
<thead>
<tr>
<th>Year</th>
<th>Composite Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>tba</td>
</tr>
<tr>
<td>2019</td>
<td>26.1</td>
</tr>
<tr>
<td>2018</td>
<td>25.6</td>
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</tbody>
</table>

### 2019-20 ELECTIVES

- 3D Computer Animation*
- Art Appreciation
- ASB Planning & Leadership
- Athletic Training—Sports Medicine*
- Automotive Technology*
- AVID
- Band
- Biotech/Biotech Internship
- Choir
- Computer Programming
- Dance
- Design Mixed Media
- Digital Media Production*
- Drama
- Drawing & Painting
- Filipino Lang. Culture
- Fire Science*
- First Responder*
- French
- Internship
- Intro to Computer Science
- Intro to Engineering Design (PLTW)*
- Journalism
- Orchestra
- Photography*
- Principles of Engineering (PLTW)*
- Psychology
- Sociology
- Spanish
- Tall Flags (Color Guard)
- Theater Tech*
- Work Experience
- Yearbook
- *Indicates Career Technical Education (CTE) courses.
- PLTW: Project Lead the Way

### COLLEGES & UNIVERSITIES ATTENDED BY MT CARMEL CLASS OF 2020

- American University of Rome
- Arizona State University
- ASU, W P Carey Business School
- Azusa Pacific University
- Baylor University
- Boise State University
- Brigham Young University - Idaho
- Cal Poly Pomona
- Cal Poly San Luis Obispo
- Cal State Fullerton
- Cal State Long Beach
- Cal State Northridge
- Cal State Sacramento
- Cal State San Marcos
- Chapman University
- Clark Atlanta University
- Colorado School of Mines
- Colorado State University
- Colorado State University - Pueblo
- Colorado State University - Fort Collins
- CSU Chico
- Embry-Riddle Aeronautical U. Prescott
- Gonzaga University
- Grand Canyon University
- Knox College
- Lawrence University
- Louisiana State University
- Loyola Chicago University
- Mary Baldwin University
- Maryville University
- Matthew G Gibbons
- New York University
- Northern Arizona University
- Northwest Lineman College
- Ohio Wesleyan University
- Oregon State
- Otis College of Art and Design
- Point Loma Nazarene University
- Rider University
- Rochester Institute of Technology
- San Diego State University
- San Francisco State University
- San Francisco University
- Sonoma State University
- St. Olaf College
- St. Martin’s University
- Texas Christian University
- Texas Tech University
- The Ohio State University
- The University of Alabama
- The University of New Mexico
- University of Arizona
- University of Arizona - Tucson
- University of British Columbia, Vancouver
- University of California Los Angeles
- University of California Berkeley
- University of California Davis
- University of California Irvine
- University of California Los Angeles
- University of California Merced
- University of California Riverside
- University of California San Diego
- University of California Santa Barbara
- University of California Santa Cruz
- University of Colorado - Co, Springs
- University of Hawai’i at Mānoa
- University of Idaho
- University Of Iowa
- University of Kansas
- University of North Dakota
- University of Northern Colorado
- University of Oregon
- University of Pennsylvania
- University of San Diego
- University of Southern California
- University of Washington(Seattle)
- Villanova University
- Whitworth University
- Wichita State University

**2-year colleges**

- Bellus academy
- Foothill Community College
- La City College
- Palomar College San Marcos
- Portland Community College
- San Diego Community College District
- Santa Barbara City College
- Santa Monica College