

Mt. Carmel High School

9550 Carmel Mountain Road, San Diego, CA 92129 (858) 484-1180 Fax (858) 538-9426
 Counseling Fax (858) 484-2312 <http://www.powayusd.com/pusdmchs> CEEB# 052862

ADMINISTRATION

Greg Magno, Principal x 3100 gmagno@powayusd.com

ASSISTANT PRINCIPALS

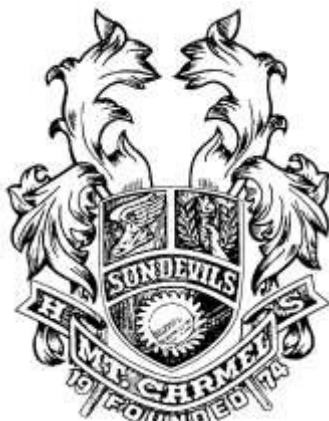
Katie Salo (A-G) x3103 ksalo@powayusd.com

Sara Ramirez (H-P) x3219 sramirez@powayusd.com

Robert Tubbs (Q-Z) x3107 rtubbs@powayusd.com

ATHLETIC DIRECTOR

Greg Lanthier x3109 glanthier@powayusd.com



COUNSELORS

Kim Bronson (A-F) x3516 kbronson@powayusd.com

Husani Whitlock (G-M) x3137 hwhitlock@powayusd.com

Charmaine Ferrer (N-T) x3151 cferrer@powayusd.com

Victor Baez (U-Z, AVID/ELL) x3132 vbaez@powayusd.com

Kim Tran x3122 ktran@powayusd.com

GUIDANCE TECHS

Diana O'Quin x3108 doquin@powayusd.com

Barb Tomicich x3147 btomicich@powayusd.com

SCHOOL PROFILE

2019 - 20

ABOUT US: Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northern-most inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. Mt. Carmel is unique in its diversity of the student body, open enrollment status, open access to AP courses as well as award-winning programs. The school is home to almost 1,900 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has PLTW Engineering and Computer Science Pathways and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and explore more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School four times over four different decades, and a National Blue Ribbon School in 2005. Mt. Carmel was named a CA Gold Ribbon School in 2017. Mt. Carmel was named a Scholar Honor Roll School by the Educational Results Partnership and CBEE Foundation in 2015, 2016, 2017 and 2018.

CLASS OF 2020 DEMOGRAPHICS: 41% White ♦ 15% Hispanic ♦ 3% African American, ♦ 12% Filipino ♦ 12% Other Asian ♦ 14% Two or more ♦ 3% Other/Decline to State. ♦ Senior Class Size: 475 ♦ AVID 9% ♦ ELL 4% ♦ Students on Free/Reduced Lunch 33%

THE MT CARMEL CURRICULUM

is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework. Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

| | |
|-------------------------|------------|
| English | 40 credits |
| Mathematics | 20 credits |
| Social Science | 30 credits |
| Biological/Life Science | 10 credits |
| Physical Science | 10 credits |
| Physical Education (PE) | 20 credits |
| Fine Arts | 10 credits |
| Health | 5 credits |
| Electives | 85 credits |

GRADING: Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts. Mt. Carmel HS calculates grade point average on a **weighted 4.0** scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students. Mt. Carmel does NOT change course grades to reflect AP test scores. **For Spring 2020, Poway Unified School District began utilizing a CR/NM final grading scale due to the COVID-19 school closures based on guidance from the California Department of Education.**

All students are strongly encouraged to take **HONORS & ACADEMIC PLACEMENT** courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class. **Honors Courses:** Honors High School English, Honors Humanities, Honors Pre-Calculus. **Advanced Placement (AP) Courses:**

| | | |
|------------------|-----------------------------------|-------------------------------|
| Art History | English Literature | Spanish |
| Biology | Environmental Science | Statistics |
| Calculus AB | European History | Studio Art 2D |
| Calculus BC | Physics 1A-1B | Studio Art 3D |
| Chemistry | Physics C Electricity & Magnetism | Studio Art Drawing & Painting |
| Computer Science | Physics C Mechanics | US Government & Economics |
| English Language | Psychology | US History |

ATHLETICS: The Class of 2020 had 47 Senior Scholar Athletes who maintained GPAs of 3.76 to 4.36. MCHS holds 108 CIF Championships and 188 League Championships over the course of the school's history.

MT. CARMEL HIGH SCHOOL ❖ 2019–20 PROFILE

EXCELLENCE, PROGRAMS AND AWARDS: Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the undefeated four time (Southern California School Band and Orchestra Association) SCSBOA 6A Gold Medal Champions. The choral music program’s reputation for excellence includes performances at Carnegie Hall, the Golden State Festival, and the Holiday Bowl in San Diego. Recognized by the Grammy Foundation in 2003, 2005 and 2008. The Mt. Carmel Sun Newspaper has won local and national journalism education recognition and was in the National Top Ten of School news websites for 2016 and 2017 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the Outstanding Leadership Program Award the past 4 years at the California Association of Student Leaders conference.

88% of 2020 MC Graduates Attended College 62% to 4-year ♦ 26% to 2-year

**79% of the Class of 2020 met A-G requirements.
4.53 Highest GPA**

NATIONAL MERIT
2019-20 Semi-Finalists: 5

ADVANCED PLACEMENT
728 Students in AP classes
Total Number of AP Exams: 1042
Senior AP Exams: 327
80% received a passing score

SAT

ACT

| Year | ERW Mean | Math Mean | Total Mean |
|------|----------|-----------|------------|
| 2020 | | | |
| 2019 | 599 | 601 | 1199 |
| 2018 | 595 | 599 | 1195 |

| Year | Composite Score |
|------|-----------------|
| 2020 | tba |
| 2019 | 26.1 |
| 2018 | 25.6 |

2019-20 ELECTIVES

- | | |
|-------------------------------------|--|
| 3D Computer Animation* | French |
| Art Appreciation | Internship |
| ASB Planning & Leadership | Intro to Computer Science |
| Athletic Training- Sports Medicine* | Intro to Engineering Design (PLTW)* |
| Automotive Technology* | Journalism |
| AVID | Orchestra |
| Band | Photography* |
| Biotech/Biotech Internship | Principles of Engineering (PLTW)* |
| Choir | Psychology |
| Computer Programming | Sociology |
| Dance | Spanish |
| Design Mixed Media | Tall Flags (Color Guard) |
| Digital Media Production* | Theater Tech* |
| Drama | Work Experience |
| Drawing & Painting | Yearbook |
| Filipino Lang. Culture | *Indicates Career Technical Education (CTE) courses. |
| Fire Science* | PLTW: Project Lead the Way |
| First Responder* | |

COLLEGES & UNIVERSITIES ATTENDED

BY MT CARMEL CLASS OF 2020

- | | |
|---|---|
| American University of Rome | St. Olaf College |
| Arizona State University | Texas Christian University |
| ASU, W P Carey Business School | Texas Tech University |
| Azusa Pacific University | The Ohio State University |
| Baylor University | The University of Alabama |
| Boise State University | The University of New Mexico |
| Brigham Young University - Idaho | Universal Technical Institute |
| Cal Poly Pomona | University of Arizona |
| Cal Poly San Luis Obispo | University of Arizona - Tucson |
| | University of British Columbia, Vancouver |
| Cal State Fullerton | University of California Los Angeles |
| Cal State Long Beach | University of California Berkeley |
| Cal State Northridge | University of California Davis |
| Cal State Sacramento | University of California Irvine |
| Cal State San Marcos | University of California Los Angeles |
| Chapman University | University of California Merced |
| Clark Atlanta University | University of California Riverside |
| Colorado School of Mines | University of California San Diego |
| Colorado State University | University of California Santa Barbara |
| Colorado State University - Pueblo | University of California Santa Cruz |
| Colorado State University- Fort Collins | University of Colorado - Co, Springs |
| CSU Chico | University of Hawai'i at Mānoa |
| Embry-Riddle Aeronautical U. Prescott | University of Idaho |
| Gonzaga University | University Of Iowa |
| Grand Canyon University | University of Kansas |
| Knox College | University of North Dakota |
| Lawrence University | University of Northern Colorado |
| Louisiana State University | University of Oregon |
| Loyola Chicago University | University of Pennsylvania |
| Mary Baldwin University | University of San Diego |
| Maryville University | University of Southern California |
| Matthew G Gibbons | University of Washington(Seattle) |
| New York University | Villanova University |
| Northern Arizona University | Whitworth University |
| Northwest Lineman College | Wichita State University |
| Ohio Wesleyan University | <u>2-year colleges</u> |
| Oregon State | Bellus academy |
| Otis College of Art and Design | Foothill Community College |
| Point Loma Nazarene University | La City College |
| Rider University | Palomar College San Marcos |
| Rochester Institute of Technology | Portland Community College |
| San Diego State University | San Diego Community College District |
| San Francisco State University | Santa Barbara City College |
| San Francisco University | Santa Monica College |
| Sonoma State University | |