

# Mt. Carmel High School

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## School Profile

## Class of 2016

### ABOUT US

Established in 1974, Mt. Carmel High School lies in the suburban neighborhood of Rancho Peñasquitos in the northernmost inland area of the City of San Diego, and is fully accredited by the Schools Commission of the Western Association of Schools and Colleges (WASC). It was the second comprehensive high school opened in the district and draws students from the communities of Rancho Peñasquitos, Sabre Springs, Scripps Ranch and Carmel Mountain Ranch. While Mt. Carmel offers many of the same courses as other high schools within the Poway Unified School District, it is unique with its combination of the trimester system, the diversity of its student body, open enrollment status, open access to AP courses as well as award-winning and storied programs. The school is home to 2,000 students of varied backgrounds and is the most diverse high school within the Poway Unified School District. Over 30% of the students speak another language at home and over 40 languages are represented on the campus. Mt. Carmel boasts the only Fire Science program in the school district that is articulated with a local community college. Mt. Carmel has added PLTW Engineering Pathway in the last year and has a Sports Medicine program that includes internship experience. Our trimester system allows students to accelerate through Spanish, math and science and take more courses over the four years of high school. Mt. Carmel has been named a California Distinguished School three times over three different decades and a National Blue Ribbon School in 2005.

### In the class of 2016 :

90% ATTENDED COLLEGE ♦ 62% went to 4 year colleges ♦ 28% went to 2 year colleges

### THE CURRICULUM AND GRADING

The Mt. Carmel curriculum is an academically challenging college preparatory program. Mt. Carmel students can take up to five classes each of three trimesters, earning five credits per course for a maximum of 75 credits in one school year. Two trimesters are equivalent to a full year of coursework.

Graduation requirements: Students must complete a minimum of 230 credits that include the following requirements:

English	40 credits
Mathematics	20 credits
Social Science	30 credits
Biological/Life Science	10 credits
Physical Science	10 credits
Physical Education (PE)	20 credits
Fine Arts	10 credits
Health	5 credits
Electives	85 credits

**Courses identified as college preparatory are coded "P." Honors classes are coded "H," Advanced Placement classes are graded on a 5 point scale and coded "HH" and "AH" respectively on student transcripts.**

Mt. Carmel HS calculates grade point average on a weighted 4.0 scale that includes all subjects taken from the freshman year through the senior year, except physical education, school services, and planning and leadership grades. The following breakdown is used: A= 4.00, B=3.00, C=2.00, D=1.00, F=0. Add an additional point for AP grades A, B, C (e.g. A= 5.00) , (+/- not included in weight). Poway Unified School District/Mt Carmel High School does NOT RANK students.

### ATHLETICS

The Class of 2016 had 109 Senior Scholar Athletes who maintained GPAs of 3.00 to 4.49 and includes 3 tri-sport Scholar Athletes. CIF Championships in 2016 include Boys Swim & Dive and Boys Volleyball. MCHS holds 100 CIF Championships. League Championships in 2016 include Gymnastics, Boys Volleyball and Girls Swim and Dive. MCHS holds 181 League Championships over the course of the school's history.

# Mt. Carmel High School 2016 Profile

## CLASS OF 2016 DEMOGRAPHICS

Total School Enrollment: 1947 ♦ Class of 2016: 466 ♦ Highest GPA was 4.46

White	47%
Other Asian	14%
Filipino	13%
Hispanic/Latino	14%
Black/African American	3.5%
Other/2 or more	8.5%

Free/Reduced Lunch	22%
ELL	4%
AVID	10%

SAT	2016 Scores	AP	ACT	2016 Scores
Critical Reading Mean	542	43% of Seniors took AP tests	English	24.2
Mathematics Mean	562	1260 Total AP tests taken	Math	25.2
Writing Mean	523	81% scored 3 or higher	Reading	25
Multiple Choice Mean	52.8		Science	24.3
Essay Mean	7.2	NMSQT Semi Finalists 10	Composite	24.8

## EXCELLENCE, PROGRAMS AND AWARDS

Mt. Carmel High School programs that are consistently recognized for excellence are the Grammy Award-winning music department, drama education and journalism education. The music department includes the Marching Sundevils Band, the MCHS Orchestra, the MCHS Jazz Band and vocal music programs. Instrumental music has won numerous unanimous superior awards and sweepstakes awards at band tournaments and field shows all over Southern California, as well as four appearances in the prestigious Tournament of Roses Parade. The Marching Sundevils & Color Guard are the current (Southern California School Band and Orchestra Association) SCSBOA Gold Medal Champions. **The choral music program's reputation for excellence includes performances at Carnegie Hall,** the Golden State Festival, and the Holiday Bowl in San Diego. Both Classical Ensemble and Bel Canto groups have traveled the United States extensively receiving superior ratings at local, regional and national festivals. In 2003, the music department was recognized by the Grammy Foundation as the number three program in the United States, followed by another Grammy in 2005 and 2008. The Mt. Carmel Sun Newspaper is a high-quality student newspaper that has won local and national journalism education recognition and is currently in the National Top Ten of School news websites for 2016 JEA (Journalism Education Association). The Drama program has won distinction at the CETA (CA Educational Theatre Association) Festival and recognition for excellence in Drama education. ASB (the Associated Student Body) received the 2016 Outstanding Leadership Program Award at the California Association of Student Leaders conference.

### CURRENT 2016-17 HONORS & ADVANCED PLACEMENT COURSES

All students are strongly encouraged to take honors and Advanced Placement courses in all academic areas. As an open access campus, our goal is that every student will attempt at least one AP class.

Honors Courses :

Honors High School English, Honors Humanities, Honors Algebra 3-4, Honors Pre-Calculus

Advanced Placement (AP) Courses :

Art History	Physics C Electricity & Magnetism
Biology	Physics C Mechanics
Calculus AB	Psychology
Calculus BC	Spanish
Chemistry	Statistics
Computer Science	Studio Art 2D
English Language	Studio Art 3D
English Literature	Studio Art Drawing & Painting
Environmental Science	US Government & Economics
European History	US History
Physics 1A-1B	

### CURRENT 2016-17 ELECTIVES

3D Computer Animation*	Filipino
Art Appreciation	Fire Science*
ASB Planning & Leadership	First Responder*
Athletic Training/Sports Medicine*	French
Automotive Technology*	Internship
AVID	Intro to Engineering
Band	Design (PLTW)*
Biotech/Biotech Internship	Journalism
Choir	Orchestra
Civil Engineering/Architecture (PLTW)*	Photography*
Computer Programming	Psychology
Dance	Sociology
Design Mixed Media	Spanish
Digital Media Production	Tall Flags (Color Guard)
Drama	Theater Tech*
Drawing & Painting	Work Experience
	Yearbook

\*Indicates Career Technical Education (CTE) courses.  
PLTW: Project Lead the Way

# Mt. Carmel High School

## Class of 2016 Profile

### COLLEGES OF ATTENDANCE 2014-2016

Abilene Christian University	Harvard University	Stanford University
Allegheny College	Harvey Mudd College	State University of New York
American University	Howard University	Syracuse University
Arizona State University	Humboldt State University	Texas A&M University
Art Institute of CA	Indiana University at Bloomington	Texas Christian University
Auburn University	Kansas Wesleyan University	Texas State University
Azusa Pacific University	Lassen College	Texas Tech University
Barrett, The Honors College	Lehigh University	Tulane University
Baylor University	Liberty University	United States Marine Corps
Boise State University	Loyola Marymount University	United States Naval Academy
Boston College	Loyola University	Universal Technical Institute - Los Angeles
Boston University	Marist College	University of Alabama
Bradley University	Marquette University	University of Arizona
Brigham Young University	Marymount California University	University of California, Berkeley
Brown University	Mass. College of Pharmacy & Health Sciences	University of California, Davis
Caldwell College	Mercy College	University of California, Irvine
California Baptist University	Massachusetts Institute of Technology	University of California, Los Angeles
California College of the Arts (San Francisco)	Mesa Community College	University of California, Merced
California Institute of Technology	Miami University, Oxford	University of California, Riverside
California Lutheran University	Michigan State University	University of California, San Diego
California Maritime Academy	MiraCosta College	University of California, Santa Barbara
California Polytech. State University, San Luis Obispo	Montana State University	University of California, Santa Cruz
California State Polytechnic University, Pomona	New York University	University of Colorado
California State University, Channel Islands	Northeastern University	University of Denver
California State University, Chico	Northern Arizona University	University of Florida
California State University, Fresno	Oregon State University	University of Hawaii at Manoa
California State University, Fullerton	Otis College of Art and Design	University of Idaho
California State University, Long Beach	Otterbein University	University of Kansas
California State University, Los Angeles	Pacific Union College	University of La Verne
California State University, Monterey Bay	Pacific University	University of Maryland
California State University, Sacramento	Palomar College	University of Michigan
California State University, San Marcos	Penn State University	University of Minnesota
California State University, Stanislaus	Pepperdine University	University of Missouri Columbia
Calvin College	Point Loma Nazarene University	University of Nevada
Carnegie Mellon University	Portland State University	University of New Mexico
Case Western Reserve University	Princeton University	University of North Texas
Chapman University	Purdue University	University of Northern Colorado
Claremont McKenna College	Quinnipiac University	University of Notre Dame
Coe College	Reed College	University of Oregon
Colorado College	Riverside Community College	University of Pennsylvania
Colorado Mesa University	Rose Hulman Institute of Technology	University of Pittsburgh
Colorado State University	Rutgers	University of Redlands
Columbia College Chicago	Saint Louis University	University of San Diego
Columbia University	Samford University	University of Southern California
Concordia University	San Diego Mesa College	University of Tennessee
Cooper Union	San Diego Miramar College	University of Texas
Cornell University	San Diego State University	University of Toronto
Culinary Institute of America NY	San Francisco State University	University of the Pacific
DePaul University	San Jose State University	University of Vermont
Doane College	Santa Barbara City College	University of Washington
Drexel University	Santa Clara University	Utah State University
Duke University	Santa Monica College	Virginia Commonwealth University
Duquesne University	School of the Art Institute of Chicago	Wagner College
Embry-Riddle Aeronautical University	Seattle Pacific University	Washington and Jefferson College
Emory University	Seattle University	Washington College
Florida Atlantic University	Smith College	Washington State University
George Mason University	Sonoma State University	Washington University in St. Louis
George Washington University	Southern Oregon University	Weber State University
Georgia Institute of Technology	Spelman College	Western Washington University
Gettysburg College	St. Olaf College	Whittier College
Golden West College	St. Johns University	Wichita State University
Gonzaga University		Willamette University
Grand Canyon University		William Woods University
Grossmont College		