



County of San Diego

# School Entry Health Checkups (Kindergarten/First Grade)

You want your child to be **healthy** to get the most out of school.

Early and regular **health checkups** can find, prevent and treat many health problems before they become serious.

That is why California has a **law** that says all children **must** have a health checkup before they enter first grade.

The health checkups must be completed **a year and a half (18 months) prior to or 90 days after** your child begins first grade to meet the school entry requirement.

### A health checkup includes:

- ✓ A health history and physical examination
- ✓ Urine, blood and tuberculosis (TB) tests when necessary
- ✓ Dental screening
- ✓ Nutritional assessment
- ✓ Vision and hearing tests
- ✓ Immunizations, if necessary
- ✓ Developmental assessment
- ✓ Other tests, if needed

### Before first grade begins:

**If your child had a health checkup** at kindergarten entry and a report is not already at the school, you need to get a report from your child's doctor or clinic and take it to the school where your child will begin first grade.

**If you are not able to pay for this checkup**, please call **Maternal, Child and Family Health Services** to find out if your child is eligible for a **no-cost** health checkup through the CHDP\* (Child Health and Disability Prevention) Program **and** for on-going complete medical, dental and vision care at a price you can afford.

**PLEASE CALL TODAY**

**1-800-675-2229**

**English and Spanish spoken**

*\*CHDP is a state program that pays for health checkups and immunizations for children from low-income families and children on Medi-Cal.*

### To bring to your doctor or clinic:

1. **The Report of Medical Examination for School Entry (Green Form - attached).** Please complete the top part of the form filling in all of the information requested from parent or guardian.
2. **Your child's yellow Immunization Card** (called the **California Immunization Record**). If you do not have this card, ask for one where your child had the last immunizations.
3. **A Benefits Identification Card (BIC).** Bring this if your child has Medi-Cal.

### After the health checkup:

1. **Give the Report of Medical Examination for School Entry to the school.**
2. **Show the Immunization Card to the school.** Then take the card home and keep it in a safe place. You will need proof of immunizations many other times in your child's life.



### Note . . .

If health checkups or immunizations are against your personal beliefs, you **must** sign a form at the school office.

If your child cannot receive immunizations because of a medical problem, bring a doctor's note to the school.

**If** there is a disease outbreak at the school and your child is not immunized against the disease, your child cannot attend school until the outbreak is over.

County of San Diego Health and Human Services Agency

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(Español al dorso)