Emergency Procedure for Severe Low Blood Glucose
Hypoglycemia/Insulin Reaction
GLUCOSE GEL ONLY

<table>
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<tr>
<th>Student:</th>
<th>DOB:</th>
<th>School:</th>
<th>Grade:</th>
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### Equipment and Supplies
1. Glucose gel
2. Regular (not diet) soda pop
3. Blood glucose meter kit
4. Gloves (if indicated)

### Essential Steps

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<th>Key Points and Precautions</th>
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<td>Signs are so severe that student is unable to participate in care.</td>
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1. **Verify signs of severe low blood glucose:**
   - Unable to swallow; Uncooperative; Combative; Unconscious.

2. **Place student on side – or – in upright position if restless/uncooperative, AND Have someone call paramedics, parent and Resource Nurse.**
   - If seizure occurs, follow standard seizure procedure.

3. **Place one of the following in cheek pouch closest to ground and massage:**
   - **Glucose Gel:**
     - 15 gm. tube Insta-Glucose
     - 15 gm. Monogel or Glutose
   - Maintain head position to one side prevent aspiration

4. **When student is able to swallow, repeat Step 3 and/or**
   - Give sips of regular soda pop (not diet) as tolerated until paramedics arrive.

5. **When paramedics arrive, student will be transported for medical care.**

6. **Document on Procedure Log.**