

Procedure for High Blood Glucose Hyperglycemia

Student:	DOB:	School:	Grade:
Equipment and Supplies	1. Blood Glucose meter kit 2. Water Bottle		3. Insulin supplies (if indicated)
Essential Steps			Key Points & Precautions
1. Test blood glucose per procedure.			
2. Initiate care per physician authorization consent page. This may include insulin administration and checking for ketones (refer to appropriate procedures) and possibly activity restriction (refer to physician authorization/parent consent page, "Exercise").			Exercising when ketones are present may elevate blood glucose levels even further.
3. If student is thirsty or has dry mucous membranes, provide fluids as tolerated.			If student resumes classroom activities, he/she may use a water bottle in class for symptoms of thirst and/or dehydration.
4. If student is feeling OK, resume classroom activities. If student does not feel well (nausea, lethargy, headache) the parents should be called to take the child home.			Notify the Resource Nurse so follow up care can be ensured.
5. If student develops severe stomach pains, vomiting and/or rapid breathing, call paramedics, parent and Resource Nurse immediately.			
6. Document care on procedure log.			Resource Nurse or parent will notify the healthcare provider.

Standard Procedure for Testing Urine Ketones

Essential Steps	Key Points & Precautions
<ol style="list-style-type: none"> 1. Saturate the test strip with urine by one of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Student to hold test strip in urine flow. <input type="checkbox"/> Student to urinate in cup/jar, strip is dipped into urine. 2. Wait for test strip to develop per directions on test strip bottle. 3. Compare color of strip to chart on bottle. Results will be read as negative, small, moderate, or large. <ul style="list-style-type: none"> • If results are moderate or large, call parent to take student home for observation and/or medical care. 4. Record results on Procedure Log 	If assisting the student, wear disposable gloves during this procedure.