

**CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY
2020 - 2021 SCHOOL YEAR
HIGH SCHOOL**

Dear Parent or Guardian:

Your student is being asked to be a part of our school's California Healthy Kids Survey (CHKS) sponsored by the California Department of Education. This very important survey that will help promote better health and wellbeing among our youth, improve the school learning environment and combat problems such as drug abuse and violence. *Your student does not have to take the survey. If you do not want your student to complete the survey, you must notify your school district's CHKS contact.*

Survey Content. The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; and health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression and suicide and perceived sexual orientation.

You may examine the questionnaire at the district office by contacting Cindy Hicks at 858-521-2830.

The results from this survey are compiled into district and county-level CHKS Reports. To view a copy of your district's report go to <http://chks.wested.org/reports/search> (Outside Source) and type in the district name.

It is Voluntary. Students who agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

It is Anonymous. No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Administration. The survey will be administered in Fall 2020. It will take about 30 minutes to complete

Potential Risks. There are no known risks of physical harm to your student. Risks of psychological or social harm are very small. None have been reported in 22 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, or about your rights, please contact Cindy Hicks at 858-521-2830.

If you do not want your student to participate in this survey, **please send a letter through the US mail to:**

Cindy Hicks
Poway Unified School District
15250 Avenue of Science
San Diego, CA 92128

The letter should state; "I do not want my child to participate in the California Healthy Kids Survey" with your **signature** and an **e-mail address** for a confirmation message.

It also needs to include your student's name, school and grade level.

We cannot accept emails in place of a written letter.

All letters must be postmarked no later than **September 18, 2020**.

Thank you.