



Fall 2017

Dear Parent/Guardian:

*Too Good for Drugs* is a school-based prevention program that has been approved by the Poway Unified School District Board of Education. This program is designed to reduce risk factors and enhance protective factors related to alcohol, tobacco, and other drug (ATOD) use among students. *Too Good for Drugs* has a separate, developmentally appropriate, drug prevention curriculum at each grade level. Each curriculum builds on earlier grade levels and strengthens five essential life skills: goal setting; decision making; bonding with others; identifying and managing emotions; and communicating effectively.

As you know, parents can make a crucial difference in their child's attitudes and behaviors associated with alcohol, tobacco, and other drug (ATOD) use. Research has shown parental involvement to be a key factor in boosting resiliency and fostering healthy development in children. Recognizing your child's positive behaviors, use of prevention skills, and showing care and support, extends program goals to the family setting. Therefore, family involvement in the *Too Good for Drugs* program is integral.

Detailed information about the *Too Good for Drugs* program can be found at [www.mendezfoundation.org](http://www.mendezfoundation.org). If you have any questions about the *Too Good for Drugs* program, please contact your school principal.

Sincerely,

Marian Kim-Phelps, Ed.D.  
Superintendent