



# EXPLORER INFORMER



## 2nd Grade Winter Service Project

DSES' 2nd grade Explorers are helping make the holidays brighter for local students and families by collecting items for PUSD's *Youth in Transition* outreach program, which serves students who are underserved and homeless in Poway Unified. DSES would love your support in having students collect lunchboxes and fill them with non-perishable snacks and items to help keep kids and families in need warm this winter. **Please donate via [Sign-Up Genius](#) by this Friday, December 9.**

### Dear DSES Families,

We are looking forward to another great week at Del Sur Elementary. On Page 3 of this Explorer Informer is information about our Kids Heart Challenge that will be taking place in the month of January.

We also have some grade levels doing service projects to give back to those in need. Information about our Grade 2 Service Project is shown above.

On Wednesday, December 7, we will be practicing a lockdown drill. Prior to the drill, we will be reviewing our lockdown procedures in our staff meeting before school.

### Here's what's happening this week:

- 12/5: School Spirit Day
- 12/7: Lockdown Drill 9:00am
- 12/8: Math Olympiad 7:30am in MPR
- 12/9: College Wear Day
- 12/9: ASB Meeting 8:00am in Library
- 12/9: Friday Flag (chants by TK,K, 2nd and 4th grades)

Sincerely,  
Eric "Mr. T" Takeshita  
Principal, Del Sur Elementary School



### Mr. T's Quick-Connect Question:

Is there something that you are afraid to try? If yes, why?



Congratulations to DSES' Margaret Bergamin for being recognized as the "Teacher Spotlight" from PUSD's Technology and Innovation department! See details on following page.



# EXPLORER INFORMER

Congratulations to DSES' Margaret Bergamin for being recognized as the "Teacher Spotlight" from PUSD's Technology and Innovation department!

## TEACHER SPOTLIGHT



### FAVORITE TECH TOOL

I really enjoy using Flip! (formerly Flipgrid) with my students. This is a video-sharing tool where the teacher creates a topic to spark discussion within the classroom. Our students are able to post and then comment on each other's video entries. It's so awesome to see my students' creativity come to life on the screen. Quiet students are able to express themselves in a way that often surprises me.

### TECH TIP

I love using Thrively with my 4th grade students. We are really focusing on unpacking our strengths, with the initial Strength Assessment and the 23 Thrively Strengths playlist. As my scholars are learning more about their strengths, they are also discovering how their classmates have other strengths and how these apply to their daily learning. We also use this vocabulary to help us understand the characters in our literature selections. We can truly understand resilience, assertiveness, creative thinking, and more as we unpack these strengths within ourselves and then apply them to the people we are reading about.



**MARGARET BERGAMIN**

DEL SUR ELEMENTARY  
4TH GRADE  
Insta @mrsbergamin

**HOMETOWN**  
ALEXANDRIA, VA

**YEARS TEACHING**  
25

**FAVORITE BOOK**  
ANYTHING BY ROALD DAHL

**FAVORITE RESTAURANT**  
JAKE'S AT DEL MAR



*When educating the minds of our youth, we must not forget to educate their hearts."*

*-Dalai Lama*



# EXPLORER INFORMER



## Kids Heart Challenge is coming soon, Explorers!

*Our goal is 100% of families knowing Hands-Only CPR®.*



The heart healthy program will kick on **January 6, 2023**, but don't wait to get started!

- Download the Kids Heart Challenge app or visit [heart.org/KHC](http://heart.org/KHC) to register.
- Complete Finn's Mission to learn Hands-Only CPR® and earn Finn's Lifesaver Award! Plus, students can earn the Be the Torch Heart Heroes pictured below.
- Students who sign up by **January 6th** will receive our collector's edition Frankie keychain!

MEET THE TEAM! INTRODUCING OUR "BE THE TORCH" HEART HEROES:

\$5- HEARTY Be Kind	\$10- BREEZE No Smoking	\$25- HYDRO Choose Water	\$40- DREAM Sleep More	\$100- MARLEY Be Active	\$200- BAXTER Be Thoughtful

Thank you for your support!



**Thank you, Del Sur Elementary School sponsors!**



The King Family

Medtronic

The Waggoner Family



Further, Together  
and  
The Fontana Family

