



Del Norte High School

Counseling Newsletter

February 2021

HAPPY NEW YEAR!

January 22nd marked 6-weeks in the second trimester, which means we are halfway through the school year! It is hard to believe! To help your students be successful:

- Review grades with your student on MyPlan on a weekly basis. If you need support accessing Canvas or MyPlan, we have helpful guidelines and links under the “Parents” tab on our school website. Click on the “Technology” home page for information.
- Contact teachers with questions and/or concerns regarding your student’s progress in a class.
- Report cards have been posted in Synergy, StudentVue, and ParentVue.
- Check the school & counseling websites for up-to-date information and resources.

Reminders:

February 15: Washington’s Birthday Observance. No school.

February 19: Lincoln’s Birthday Observance. No school.

March 10 - 12: Trimester 2 Final exams.

March 15: Trimester 3 begins.

COURSE REQUEST FORM (CRF) & PACKET

On Feb 4th, CRFs and packet will be posted on **Canvas** in addition to the Del Norte website: Counseling/Course Request-10th-12th. During the first two weeks of February, Counselors will be in 9th, 10th and 11th grade classrooms to review the CRF process. No later than **March 19th** - students are required to enter their course selection online on MyPlan **AND** upload their completed and signed CRF onto Canvas.

If students are uncertain about which class to take next year, we recommend they talk with

their current teacher in that subject area. The CRF packet has several resources to help with the selection process.

If parents have 2021-22 course selection questions, we are holding virtual parent drop-in sessions for a brief discussion with a counselor.

CRF Q&A Parent Drop-in dates for current 9th – 11th grade parents:

Monday February 22, 1:30 – 4:00 p.m.

Wednesday, February 24, 1:30 – 4:00 p.m.

Monday, March 1, 1:30 – 4:00 p.m.

Student CRF Q&A Drop-in dates:

Friday February 26, 8:00–10:00 am

Friday March 5, 8:00-10:00 am, 1:00-3:00 pm

Zoom links will be posted on Canvas and the Del Norte website: Counseling/Course Request-10th-12th.

DRIVE-THRU TRANSCRIPT PICK UP

In preparation for course planning, transcripts will be available for pick-up for current 9th-11th graders on the assigned dates and times below. Assignment distribution is based upon the first initial of your last name. **Masks and ID is Required.**

Alpha A-G – Wednesday, February 10th at 1:30-3:30 p.m.

Alpha H-O – Thursday, February 11th at 1:30-3:30 p.m.

Alpha P-Z – Friday, February 12th at 1:30- 3:30 p.m.

CONSIDERING TAKING AN AP CLASS NEXT YEAR?

Virtual AP Informational meetings will be held during student lunch. These meetings are intended to help students decide if the class is a good fit. Zoom links will be available on CANVAS and the Del Norte website: Counseling/Course Request 10th-12th.

- **Wed Feb 17:** AP Computer Science Principles, AP Computer Science A, and AP English Literature
- **Thurs Feb 18:** AP Physics C: Mechanics, AP Statistics, AP Studio Art, and AP Human Geography
- **Mon Feb 22:** Honors Humanities, AP English Language
- **Tues Feb 23:** AP Biology, AP Environmental Science, and AP Physics E&M
- **Wed Feb 24:** AP European History, AP US History, and AP Government/Politics
- **Thurs Feb 25:** AP Chemistry, AP Chinese, AP Spanish, and AP Psychology
- **Fri Feb 26:** AP Calculus AB, AP Calculus BC, and AP Music Theory

LEARN MORE ABOUT SOME OF OUR ELECTIVE CLASSES OFFERED NEXT YEAR

Our Electives' teachers are creating a video to highlight many of our electives. On February 17th a link will be posted on Canvas and the Del Norte website: Counseling/Course Request-10th-12th.

AP EXAM REGISTRATION



AP Exams are optional exams at Del Norte High School that correspond to AP Courses. For classes starting in the spring, our tri 2, tri 3, AP registration starts February 1 and ends March 1. These classes include; AP Calculus BC, AP Studio Art, and AP Psychology. The cost for an AP exam is \$100.

For all other classes with the exception of AP Calculus BC, AP Studio Art, and AP Psychology, there will be an additional \$40 fee for late registration.

To complete an AP® Exam order successfully, students MUST submit an exam fee payment AND complete the Join step on MyAP for EACH exam.

If you have already completed the above steps during the fall registration, there is nothing else to do.

Submit AP exam payments at <https://aptestservice3.wufoo.com/forms/p1m5w5q51nqor8f/>

CAREER PRESENTERS SOUGHT

Each winter and spring, the counseling department offers career presentations to our student body. This is an opportunity for students to learn first-hand about professions that interest them. We are hoping to continue this tradition and are looking for parents in our Nighthawk community that would be willing to share information regarding their career journey. These are informal 20-30 minute zoom meetings on a designated Tuesday, Wednesday, or Thursday from 11:25-11:55 a.m. (student lunch period). Zoom link will be provided.

This year we plan to align the presentations with our Career Technical Education (CTE) pathways. PUSD Career Technical Education focuses on the changing workplace that demands high levels of academic and applied knowledge and skill. Throughout the district, career pathway programs are offered in twelve of the fifteen high-growth industry sectors identified by the State of California. To learn more about the CTE Program click [here](#).

Each week we hope to focus on one of the specific pathways offering a career presentation that fits the pathway. To view the pathways that Del Norte offers, click [here](#).

If you would like to volunteer your time and offer a virtual lunch career presentation, please email Sue at sreich@powayusd.com. Please include a brief description of your career. Those interested will be contacted with dates and details.

COLLEGE FINANCIAL AID/FAFSA



If you will be attending a two-year or four-year college or university, or technical school next year, the deadline to apply and be eligible for California pell grant is March 2nd. Financial aid comes in the form of grants, loans, and scholarships. Some families choose not to file the financial aid documents believing they will not qualify for any aid. While individuals may not be eligible for some federal grants, filing the Free Application for Federal Student Aid (FAFSA) is required if you will be taking out any federal loans and also many colleges and universities that offer scholarships. To begin filing for your FAFSA, [click here](#)

8th GRADE FAMILY NIGHT

On Tuesday, March 23 from 5:00 – 7:20 p.m., Del Norte will host a virtual information night for current 8th grade students and their parents/guardians. Additionally, DNHS counselors will virtually visit D39 and OVMS 8th grade classrooms March 17-19 to share 2021-22 course selection information.

VIRTUAL COLLEGE FAIRS

College Board will launch its inaugural BigFuture Days, a regional series of virtual college fairs for high school sophomores and juniors to help connect them with hundreds of colleges, admissions officers, and current college students. BigFuture Days is designed to give students a tailored experience so that they can establish connections with colleges and take action on important college planning tasks, like building a college list and identifying scholarships to apply for. [Promotional Video](#)

Black College Fair, February 18th, register at: <https://hopin.com/events/black-college-expo-san-diego>

Scholarship Opportunities through the Black College Expo Fair:

<https://www.thecollegeexpo.org/students/win-dollars-landing-page>

Deadline: February 8, 2021.

SAT/ACT



Class of 2021: CSU will suspend the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2021-2022 academic year. This temporary change of admission eligibility applies only for the fall 2021, winter 2022 and spring 2022 admission cycles.

UC is "test-optional" for fall 2021 and fall 2022. Freshman applicants are not required to submit SAT/ACT test scores. You can choose to submit SAT/ACT scores with your application; however, if you are unable or choose not to submit test scores, your application will still receive full consideration.

Juniors: Due to the pandemic, testing availability is challenging and many colleges are test optional for fall 2022, including the UC system. It is typically recommended that you take the SAT and ACT with writing by the end of your junior year. You can also choose to take one or more of the SAT Subject Tests, in your areas of strength. For more information or resources click [here](#).

Please visit the the SAT and ACT websites for the most up to date information on testing during COVID-19.

SAT - Register at <http://sat.collegeboard.org>

ACT - Register at www.actstudent.org

INTERNSHIP & SUMMER OPPORTUNITIES, ETC.

Some internship, volunteer, and summer education opportunities are posted in Naviance.

Please have your student log in to their Naviance account to see the entire list.

VOLUNTEER OPPORTUNITIES

Find your next volunteer opportunity! TeensVolunteer.org is a database created by teens for teens, offering opportunities in San Diego and throughout California with virtual and in-person opportunities with a variety of organizations. Due to Covid, restrictions may apply so check with the organization before volunteering.

PANDEMIC RELIEF DESIGN COMPETITION

The UC San Diego branch of Institute of Electrical and Electronics Engineers is sponsoring a virtual competition for grades K-12 to foster students' interest in STEM. Applications due by February 13, 2021. For more information about the competition as well as the sign-up link, please refer to [our website](#).

SCHOLARSHIPS

Scholarships are entered into Naviance on a regular basis. Click on the Colleges tab and then click on the Scholarship link. A few scholarships to consider:

Rancho Bernardo Rotary Club Scholarship - The RB Rotary club awards scholarships annually to **Del Norte High School students** who show excellence in school and community service in addition to financial need. One student will also be chosen based on departmental nominations of students who have significant disabilities and have shown progress overcoming challenges. Four \$1,500 scholarships will also be awarded. Deadline to turn in applications is March 1st. To apply, please upload to the attached google form: https://docs.google.com/forms/d/1T_ho_TZOus5GukIfXPGgndhQ4LkFBmXL80QxJBQt4YXA/edit (Note: the application requires a copy of your school transcript and one or more letters of recommendation.)

All application questions can be emailed to rbrotaryscholarships@gmail.com (Please

also provide this email to your recommenders to submit letter of recommendations.)

San Diego County Citizen's Scholarship

Foundation - This scholarship is awarded to seniors who live in San Diego County and plan to attend college full-time. Maximum award is \$1,000. Deadline to apply is February 3.

San Diego County Ford Salute to Education Scholarship

- Local community leaders, educators and the San Diego County Salute to Education Advisory Council will select the recipient of this scholarship. Selection is based on personal achievements, financial need, personal challenges, academic accomplishments, and contributions to their communities and schools, and overall character. Deadline for entries is February 19.

Asian Pacific Fund Scholarship - Our foundation provides college scholarships to more than 60 students on an annual basis. Many of the scholarships are designated for Asian students with financial need, ranging from \$1,000 - 20,000 each, including ten different scholarship programs with varying criteria and deadlines. See website for complete criteria and application deadlines.

www.asianpacificfund.org

The San Diego Chinese Women's Association

- This scholarship is available to graduating high school seniors of Chinese descent. Scholarship award of \$1,500 for use at a four-year university or \$1,000 for use at a two-year community college or vocational program. Eligibility information and application forms are available on the Association website at: <http://sdcwa.net/scholarships/> Deadline to apply is March 26.

Junior Class Scholarship - Questbridge College Prep Scholars Program provides a pathway to top colleges for outstanding low-income high school juniors. Questbridge is seeking high achieving high school juniors who exhibit strong personal character and come from households earning less than \$65,000 annually (family of

four). Find out if you are eligible and complete the free application at www.questbridge.org Application opens early February.

Brad Fowler Memorial Scholarship -

The Brad Fowler Memorial Scholarship Fund offers a two-year, \$5,000 scholarship to several high school seniors in San Diego County. The nominee must have demonstrated an ability to overcome personal obstacles associated with drugs or alcohol, a strong commitment to athletics, and a desire to continue personal growth and development through higher education. There is no minimum GPA requirement, but academic growth will be considered. One-year scholarship for \$5,000 for the school year September-June and eligible expenses include college tuition, books & on-campus housing. Submission deadline is February 26. Find more information in Naviance.

The Poway Unified School District (PUSD) is an equal opportunity employer/program and is committed to an active Nondiscrimination Program. PUSD prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived race, color, ancestry, national origin, nationality, immigration status, ethnicity, ethnic group identification, age, religion, marital or parental status, physical or mental ability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or a group with one or more of these actual or perceived characteristics. For more information, please contact: Title IX/Equity Compliance Officer, James Jimenez, Associate Superintendent, Poway Unified School District, 15250 Avenue of Science, San Diego, CA 92128, 858-521-2800, extension 2761, jjimenez@powayusd.com