



## **2021 HEALTH & SAFETY GUIDELINES**

### **SEASON 2 SPORTS**

#### **Pre-Practice & Contest Screenings**

- All coaches, student athletes, and game officials shall be screened prior to each practice or contest for signs / symptoms of COVID-19 prior to participating.
- Teams traveling for a contest should screen their student athletes prior to boarding transportation for the event, and once again upon arrival at the contest site. (Home contest site is not responsible for screening visiting athletes and coaches)
- Responses to screening questions for each person should be recorded and stored based upon school or district protocols.
- Any person with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.

#### **Hygiene Practices**

- When practical, make handwashing/sanitization stations available and accessible for all Student Athletes, Coaches, Officials, and Spectators at all times.
- Disinfect frequently used items and surfaces on a daily basis.
- Mandate the use of face coverings for everyone entering the campus at all times.
- Require all Student Athletes, Coaches, Officials, and Spectators to bring their own water bottles. Water bottles must not be shared. Food should not be shared.

#### **Facilities & Equipment**

- All athletic facilities and equipment should be cleaned and disinfected at the conclusion of each practice or contest.
- Cleaning schedules should be created and implemented for all athletic facilities and equipment.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, bathrooms, athletic training room tables, etc.)

#### **Limit Areas for Public Gatherings**

- Consider strategies to prevent groups from gathering at entrances/exits to facilities to limit crossover and contact.

*These Guidelines are specific to the San Diego Section are not meant to supersede CIF State Health and Safety Guidelines. Please refer to [https://www.cifstate.org/covid-19/All\\_Sports\\_Guidelines.pdf](https://www.cifstate.org/covid-19/All_Sports_Guidelines.pdf) for more information.*



## 2021 CIFSDS Basketball Modifications

MINIMAL

This document provides guidance and modifications for spirit line practice and game attendance for schools, administrators, coaches and athletes to follow in accordance with NFHS, state and local restrictions and recommendations. Administration and coaches are responsible for informing all participants of local guidelines for participation.

### **PREGAME, TRAVEL, AND FACILITIES**

#### **DRESSING ROOM FACILITIES, TRAVEL & PREGAME**

- Dressing facilities for game officials and teams should be large enough for them to use social distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- Before, during and after the contest's players, coaches, game officials, team personnel and game administration should wash or sanitize their hands as often as possible, but at a minimum of each time they move to a new location (locker room to court, beginning of game, back to the locker room at halftime, after halftime and the end of the game).
- All bench personnel including all coaches and players must wear a face covering at all times.
- Masks should be worn at all times by all individuals participating in the activity, even with heavy exertion as tolerated.
- Social distancing measures shall be in place at all times other than when engaged in competition.

#### **PREGAME PROTOCOL**

- Suspend the captains meeting and replace with a coaches meeting.
- Coaches meetings should be conducted with both head coaches and the referee at the division line in front of the scorer's table.
- Suspend handshakes prior to and following the Pregame Conference

## **TEAM BENCHES**

- Place team benches opposite spectator seating, if possible.
- Add bench/chairs to allow bench personnel to observe social distancing of 3 to 6 feet (Extend past end line and expand the coaching box line, if necessary. If possible, stagger and offset the team benches).
- Limit bench personnel to observe social distancing of 3 to 6 feet.
- All bench personnel including all coaches and players must wear a face covering at all times.

## **SUBSTITUTION PROCEDURES**

- Maintain social distancing of 3 to 6 feet between the substitute, officials and or teammate(s) by encouraging substitutions to occur between the team 28' mark and the division line.

## **OFFICIALS TABLE**

- If possible, place officials table sufficiently away from the sideline to allow for additional space for substitutions.
- Limited to essential personnel which includes home team scorer and timer with a recommended distance of 3 to 6 feet between individuals. Visiting team personnel (scorer, statisticians, PA announcer etc.) are not deemed essential personnel and will need to find an alternative location unless the scorer table can accommodate.
- All personnel must be wearing a face covering at all times.

## **OFFICIALS**

### **OFFICIALS PRIOR TO CONTEST AND TRAVEL**

- Officials should contact the host Athletic Director prior to the day of the contest to discuss logistics and requirements for that particular school, district or municipality.
- Officials must follow any additional requirements imposed by the school or municipality.
- Drive yourself to the contest when possible. If carpooling is necessary, wear a face covering and limit the amount of people in a single vehicle.
- Bring your own container of water
- Bring your own equipment and towel. Do not share.
- Arrive at the game site dressed, if possible.

### **FACE COVERINGS AND GLOVES**

- Officials must wear a face covering while on campus (whenever not actively engaged in officiating a contest including while observing warmups).
- The wearing of a cloth face covering and gloves while officiating is permissible.

**Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on [cifsds.org](http://cifsds.org).**

