



# PREVENTING AND MONITORING COVID CASES IN SCHOOL SETTINGS

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## Screen daily for symptoms\*

**If an individual has symptoms, regardless of vaccination status**

- Do not come to school and isolate at home
- Take a COVID-19 test
- With Negative Test\*\*: Stay at home until the symptoms are improving or resolved, and fever free for 24 hours, without the use of fever-reducing medicine

OR

- With No Test: Stay at home for 10 days, return on Day 11 if symptoms are improving and fever free for 24 hours without medicine



## POSITIVE TEST REGARDLESS OF VACCINATION STATUS

- Full at-home isolation for 5 days from symptoms onset or if no symptoms, 5 days from positive test date
- Return to school/work on or after Day 6 with a negative test taken on Day 5\*\* or later

AND no symptoms/symptoms resolving

AND fever free for 24 hours without fever reducing medicines

AND wear a well-fitting mask around others for 10 days



## Close contact quarantine - staff

### Unvaccinated or partially vaccinated staff

- Quarantine for 5 days, return on Day 6 with negative test\*\* AND must wear a well-fitting mask around others for 10 days

## Close contact quarantine - staff

### 14 days past completion of primary vaccines series but unboosted or COVID+ w/in 90 days

- Remain at work AND must wear well-fitting mask around others for 10 days
- Provide negative test\*\* on Day 3, 4, or 5



## Close contact quarantine - staff

### Received primary series of vaccines plus booster shot

- No quarantine is necessary for boosted individuals, as long as they are asymptomatic
- Must wear a well-fitting mask around others for 10 days
- Testing is recommended (not required) on Day 5 after exposure

## Group Tracing - for all students exposed at school, (including vaccinated, unvaccinated, and COVID+ last 90 days who shared an indoor airspace with COVID+ for 15 min)

- Remain in school wearing well-fitted mask and with negative test\*\* taken on Day 3, 4, 5
- Parents are required to inform the school of positive test results only
- Exposed students who participate in testing may continue to take part in sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19

## Household Exposures - staff & students

- If exposure to COVID-19 occurs at home, please refer to the San Diego COE Decision Tree [for quarantine guidance](#)

\*COVID-19 symptoms include: fever, chills, cough, shortness of breath or difficulty breathing, fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, or diarrhea

\*\*For ending isolation or quarantine, Antigen test is preferred. Over-the-counter and PCR tests from lab, clinic are also acceptable.

The number of days is counted from the day after the person's last close contact with a person who is contagious with COVID-19.