

# Bernardo Heights Middle School



## Reopening Plan For Learning, Health, and Safety

### Introduction

On Friday, July 17, Governor Newsom announced [clear mandates](#) for how and when California schools can physically reopen. Schools can reopen if the county they are located in is removed from the state's [COVID-19 monitoring list](#) for 14 consecutive days. At this time, San Diego County has been placed on the state monitoring list due to rising cases since early July. As such, the San Diego County Department of Public Health's [latest public health order](#) does not allow for the physical reopening of schools.

Poway Unified School District (PUSD) continues to monitor local public health conditions to ensure our reopening plans are in alignment with county, state, and federal guidelines and recommendations. This plan ensures PUSD is on track to reopen our schools for in-person learning as soon as possible pending health orders.

The following plan:

- Complies with the measures described in the [COVID-19 Industry Guidance: Schools and School-Based Programs issued by the California Department of Public Health](#) (CDPH)
- Incorporates where feasible the guidelines provided in [Stronger Together: A Guidebook for the Safe Reopening of California's Public Schools](#) issued by the California Department of Education (CDE)
- Will be completed and posted, detailing the actions the school is taking to comply with the CDPH Industry Guidance measures after considering the CDE Guidelines

### Bernardo Heights Middle School Learning Plan

Bernardo Heights will be providing two learning models. One being on campus learning with health and safety protocols in place based on state and county guidelines. The other being a virtual learning model. More information is available about our learning models in the [PUSD Reopening Guidebook](#).

#### **1. On Campus Learning (In-Person)**

Daily "in-person classroom learning" will take place on campus for students. Daily, rigorous and engaging instruction will be provided by a classroom teacher to meet the academic, social and

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emotional needs of our world class learners. Bernardo Heights is maintaining current class size maximum for both the in person learning and virtual learning classroom. Classrooms will utilize space by spreading desks and tables around the room, as available.

We will follow CA Department of Public Health guidance and provide “in-person” learning virtually should our school be closed. Students will remain with their teacher and learn virtually following a full day learning schedule. Our school will also have a contingency plan in place should we need to provide learning with smaller groups of students on campus. The plan may include staggered start times and morning and afternoon sessions.

***Depending on the number of families selecting the in person on campus option, in order to ensure physical distancing when students come onto campus, school sites may need to implement contingency plans to ensure physical distancing inside classrooms as much as possible.***

## **2. Virtual Learning Academy (VLA)**

Our goal is to foster continuity of our school community. This means to the greatest extent possible, students will receive virtual instruction from a teacher at their home school. The determining factors will be the number of students and staff requesting the VLA option for our school. If placement at the home school is not feasible, the student will receive VLA instruction from another highly qualified Poway Unified teacher. Students will receive virtual classroom learning five (5) days a week from home. Integrated standards-based instruction will be provided by the virtual classroom teacher via rigorous live and recorded lessons, offline learning, and virtual collaboration with their online community.

Virtual Learning will utilize one learning management platform: Canvas. Students will be following a virtual bell time schedule to attend live instruction and required classroom conversations. There will be regular office hours, homeroom, and opportunities for students to ask questions and work in collaboration with each other. Virtual Learning will include PE for all students. For students on an IEP, related services will be provided as documented on each student’s IEP (may also occur in a virtual format as needed).

More information is available about our learning models in the PUSD Reopening Guidebook.

## **Social and Emotional Learning (SEL)**

SEL has been identified as a key area of consideration in school districts’ reopening plans. The COVID-19 pandemic has amplified the need to address student (and staff) wellness, and has created a new set of circumstances that necessitates that we prioritize the importance of meeting the social-emotional needs of our students, staff, and families. Staff will check in daily with students and we will continue utilizing the Mindful Minute. Students will continue to be supported by our counselor and student services specialist.

## **Health & Safety Measures**

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The safety of students and staff continues to be our top priority for the 2020-21 school year. When it comes to educating our school community about safe habits during this pandemic we are focused on what are referred to as the Big 4: Temperature and Symptom Screening, Physical Distancing, Face Coverings and Increased Sanitation. Signage promoting the Big 4 will be posted throughout campus.

### **Temperature and Symptom Screening**

- **Passive Screening:**
  - Parents/guardians should screen students before leaving for school by checking their student's temperature to determine that it is below 100 degrees Fahrenheit (without fever reducing medications) and observe for [symptoms](#). Parents are to keep their students home if they have symptoms consistent with COVID-19 or if they have had close contact (proximity of less than 6 feet for more than 15 minutes) with a person diagnosed with COVID-19.
  - Staff should self-screen before leaving for work by checking their temperature to determine that it is below 100 degrees Fahrenheit and to observe for [symptoms](#). Staff are to stay home if they have symptoms consistent with COVID-19 or if they have had close contact (proximity of less than 6 feet for more than 15 minutes) with a person diagnosed with COVID-19.
- **Active screening:**
  - All staff, students and visitors to our campus will be screened.
  - Students and staff will be assessed via visual wellness checks and temperature checks with no-touch thermometers (to ensure the temperature is below 100 degrees Fahrenheit). Staff will be asked about COVID-19 symptoms within the last 24 hours and whether anyone in their home has had COVID-19 symptoms or a positive test. All students who are able to verbally communicate will be asked the same screening questions as the staff.
  - For students riding the bus, screenings will take place before boarding. All other students will be screened upon arrival to school.
  - Staff and students will be screened daily outside dedicated areas of the campus to ensure appropriate physical distancing.
  - Students and staff must wash or sanitize their hands as they enter school campuses.

### **Physical Distancing**

The degree to which physical distancing is possible throughout our campus will largely depend on the number of families choosing the on campus option. Students will be advised to attempt to keep as physically distant from one another as feasible on a campus of our size.

- **Arrival and Departure:**
  - Drop off locations will be designed to encourage physical distancing.
  - Dismissal locations will be designated to encourage physical distancing.
  - Currently volunteers and visitors are not allowed on campus. The allowance of volunteers on campus will be a phased approach based on current safety regulations for physical distancing, and will be determined by health conditions and guidelines. At some point we would like to have volunteers back, but must

monitor health orders in order to welcome volunteers back. When the time comes, there will be training to ensure volunteers follow established protocols

- Bus drivers will notify students and parents to maintain 6-foot distancing at bus stops and while loading and unloading.
  - Students will be seated from the rear of the bus forward to limit unnecessary contact.
- **In Classrooms:**
    - To the extent possible, we will maximize space between seating and desks.
    - Teacher and other staff desks will be positioned at least six feet away from student desks.
    - Where practicable, students will be further separated by privacy boards between desks, markings on classroom floors to promote distancing or arranging desks in a way that minimizes face-to-face contact.
    - Consideration will be given to redesigning activities for smaller groups and rearranging furniture to maintain separation.
    - Routines for submitting assignments will also minimize contact. All students will be checking out a chromebook with their textbooks.
  - **During Lunch on Campus:**
    - The number of students per table may be limited.
    - The distance between tables, when practicable, will allow for 6 feet of distance.
    - Teachers will be encouraged to allow students to eat in classrooms.
    - When possible, the number of areas in which students may eat will be increased.
  - **Larger Common Spaces:**
    - Students and staff should avoid congregating in larger common spaces, including break rooms, staff rooms, and bathrooms.

### Face Coverings

- All Poway Unified staff must wear face coverings or face shields while students are on campus.
- Students grade 3 and above, are **required** to wear cloth face coverings. PUSD will provide face coverings to students who are able to wear one but don't have one. It is understood that some students may not be able to wear a face covering for medical reasons or due to their disability. PUSD will continue to monitor and follow the most current Health Order regarding face coverings in the school setting.
- Parents/guardians should familiarize their students with the information available [here](#) about the proper use, removal, and washing of cloth face coverings, as possible.
- Staff will also train students on these protocols and educate them about their role in helping to prevent the spread of the virus.

### Increased Sanitation

- **Hygiene:**
  - The top two recommendations from every health agency to prevent the spread of COVID-19 and to minimize personal risk of getting COVID-19 are frequent handwashing and minimizing touching your face.

- Staff will train students in appropriate hand washing techniques. They will also explain the importance of avoiding contact with one's eyes, nose, and mouth and covering coughs and sneezes.
- Hand sanitizer will be available through both automatic and traditional dispensers in strategic locations across campus.
- Staff will prompt students to wash or sanitize their hands multiple times per day.
- **Cleaning and Disinfection:**
  - Teachers are advised to avoid allowing students to share electronic equipment, books, or learning materials.
  - Materials that are difficult to clean and sanitize will be limited.
  - Desks, tables, chairs, keyboards, headsets, and other similar equipment will be disinfected as frequently as feasible and practicable.
  - Custodial staff will disinfect high touch points and hard surfaces daily. This includes door handles, desktops, sink handles, handrails and restrooms.

### **Campus Access**

- Currently volunteers and visitors are not allowed on campus. The allowance of volunteers on campus will be a phased approach based on current safety regulations for physical distancing, and will be determined by health conditions and guidelines. At some point we would like to have volunteers back, but must monitor health orders in order to welcome volunteers back. When the time comes, there will be training to ensure volunteers follow established protocols.
- All visitors to campus, including parents, will be screened. Those showing [symptoms of COVID-19](#) will not be allowed to access the campus.
- The Main Office will be configured to include some plexiglass barriers.

### **Symptomatic Students & Staff on Campus**

- Students who develop a fever over 100 degrees and/or symptoms of illness while at school will be separated from others immediately in an identified area (typically within or nearby the Health Office) to isolate potentially ill students from the general student population.
- Students exhibiting symptoms will be required to wait in the isolated area until they can be transported home or to a healthcare facility.
- Students who are ill will remain in the Health Office until a parent comes to pick them up.
- Staff who develop symptoms while at work will be sent home. The principal or designee will be notified and emergency substitute plans will be enacted.
- Sick students and staff are advised to adhere to the following [CDC guidelines](#).
- They are not to return to school/work until they have met [CDC criteria to discontinue home isolation](#).
- If you think you may have COVID-19 or may have been exposed to COVID-19, please contact your healthcare provider, to determine treatment and testing steps.
- If you receive a positive test result, it is recommended you notify the school immediately.

### **Procedure for Handling a Positive COVID-19 Test on Campus**

- If the school is notified of a student or staff member who tests positive for COVID, the administration will work with District staff to notify affected parties under the guidance of the County Department of Health and Human Services, as required.
- The areas they contacted will be disinfected as quickly as is practicable. This may include closing a classroom for a short-time, if necessary.
- The District will adhere to public health guidelines for [isolating positive cases or those who have been directly exposed to a positive case](#).
  - For exposures to a known positive person, this includes home isolation for at least fourteen (14) days.
  - For those who test positive for the virus, this includes home isolation for at least ten (10) days after respiratory systems have improved and three (3) days after a fever.
  - Students may be allowed to return if they have negative test results for the virus at least 24 hours apart.
- Students who are sent home for testing positive or being exposed to someone who tested positive will have access to instructional materials as if this were any other illness-related absence.

### **Staff Training**

- Staff should complete the Keenan Training entitled: *Pest Management Training*, which includes guidance on the proper use and care of disinfectants and wipes.
- Staff should familiarize themselves with the information available [here](#) about the proper use, removal, and washing of cloth face coverings.
- Staff should further familiarize themselves with disinfecting frequency, tools, and chemicals by viewing the [CDPR](#) guidance.

### **Staff Protective Equipment**

- As recommended by the CDC, all staff must wear face coverings. Per CDPH guidance, instructional staff may use face shields.
- Cloth face coverings have been provided to all employees and face shields will be provided to all instructional personnel.
- For staff engaging in symptom screening, PUSD will provide face covering, face shields, and disposable gloves.

**Note:** This reopening plan is intended to be a living document that is revisited and updated based on revisions to the County Public Health Order and Emergency Regulations. District administrators participate in weekly meetings reviewing the latest COVID-19 guidance from The California Department of Public Health (CDPH), California Department of Education (CDE), San Diego County Health and Human Services Agencies, Public Health Services (PHS) and San Diego County Office of Education (SDCOE). Updates and changes to policies are communicated system-wide. This document will be posted on our school website. The PUSD website contains additional information regarding the plans for reopening the district.

