

Date Due:

Student Name: _____

**OCIS-PE
Workout/Activity Log**

Date	Start Time	End Time	Total Hours	Activity
Total Hours this Page				

Date Due:

Student Name:

OCIS-PE Workout/Activity Log

Date	Start Time	End Time	Total Hours	Activity
Total Hours (both pages)				

I affirm that the above record of participation is accurate to the best of my ability

Citizenship: Circle appropriate outstanding and write a short statement to validate mark

Outstanding Good Satisfactory Needs Improvement Unsatisfactory

Work Habits: Circle appropriate outstanding and write a short statement to validate mark

Outstanding Good Satisfactory Needs Improvement Unsatisfactory

Supervising Coach's Signature