

# Park Village *FLASH*



Park Village Elementary PTA Newsletter  
A National Blue Ribbon School

September 18, 2009 - Vol. 13, Issue 05

## Next Week

### All Week (9/21-9/25)

- Foundation Penguin Pledge Drive (through September)
- VONS Receipt Challenge
- Box Tops Classroom Collection Contest

### Monday (9/21)

- Penguin PALs Training  
9:30 a.m., Report to the Office

### Tuesday (9/22)

- Penguin PALs Training  
9:30 a.m., Report to the Office
- 1:40 p.m. Early Dismissal  
12:20 p.m. PEPP
- PTA Reflections Workshop  
1:45-3:30 p.m., D101  
*No cost to participate*

### Thursday (9/24)

- Grades 4-5: MAD Science Performance  
6:30-7:15 p.m., MP Room

### Friday (9/25)

#### NATIVE AMERICAN DAY

- "Fit Friday"-Walk to School
- Friday Flag Assembly  
9:00 a.m., On the black top
- Ice Cream Sales  
3:20 p.m., Lunch Area

### Saturday (9/26)

- D.A.D.S. Bike Safety Fair  
9:00-10:45 a.m.,  
Bike Repair in the  
Parking Lot  
10:45 a.m.-12 p.m.,  
Bike Ride in the  
Peñasquitos Canyon



Parents - Just a reminder that Poway Unified School District has a **policy against sharing food with other children without first obtaining parent permission**. This policy was put into place to protect those children with food allergies and other dietary restrictions. One such food allergy found at PV is allergy to peanuts/nuts. As a result, our school has implemented guidelines based on the PAL ("Protect A Life") Program to help ensure the safety of these students. These guidelines are as follows:

## PAL ("PROTECT A LIFE") PEANUT/NUT ALLERGY ACTION PLAN

- \* Classrooms with an identified allergic child are to remain peanut/nut free (crafts, classroom wide snacks).
- \* All classes with an identified allergic child will not have snacks containing nuts (for parties, etc). Please check with your child's teacher before sending birthday treats to be shared by the classroom. Snacks provided for classroom parties should be store-bought and accompanied by the ingredient/content label.
- \* A nut-free table is designated in the lunch area. Students eating at this table may not have nut/peanut items in their lunches. Friends are encouraged and welcome to share this table, and teachers will instruct their students appropriately about eating at this table. Your reinforcement of this plan is greatly appreciated.
- \* Designated staff is provided to assist in monitoring the nut-free table.
- \* Parents of allergic children are advised to remind their children not to eat offered foods without parent permission, or unless the ingredient label indicates that it is safe.



Please do not hesitate to contact your child's teacher or the health office with any questions. Together, we can keep Park Village a safe place to learn and grow! If you would like more information about peanut/nut and other food allergies please go to [www.foodallergy.org](http://www.foodallergy.org) and click on "Common Food Allergens".

## Dearest Room Parents!

By Julie Petry, Room Parent Coordinator

Thank you for attending our meeting last week; looks like it will be a great year! If you are interested in being a room parent and have not yet signed up, please contact Julie Petry at [juliepetry@yahoo.com](mailto:juliepetry@yahoo.com). A special thank you to all of you who have already signed up for Parentella! This will be the room parents' main means of communication this year, so please sign up as soon as possible. If you need help creating your Parentella account, you may contact me or Aparna Vashisht at [aparna@parentella.com](mailto:aparna@parentella.com). Please discuss with your child's teacher how you can use Parentella to communicate with the other parents in the class regarding the classroom events you plan. I have posted on [www.parentella.com](http://www.parentella.com) a sample letter introducing Parentella that you can modify and share with your teacher and parents when inviting them to join. The letter includes the simple steps needed to get started. To view the letter, log on to Parentella, and go to your Dashboard. Look under the "shared" section. Remember there are two \$50 prizes for the first two room parents to have their whole class signed up! Thank you for all you do! You truly make a difference!

## THE PTA SEPTEMBER MEMBERSHIP CHALLENGE IS ON!

At Back-To-School Night, the PTA launched their September Membership Challenge - **725 PTA Members Strong By October 1<sup>st</sup>**! If we reach our goal of 725 Members, all students and teachers will receive a special snack during lunch! You can also help your teacher win a \$50 gift certificate to Office Depot by simply returning your PTA Membership envelope you received at Back-To-School Night. Each teacher with a 100% return envelope participation will be entered into the drawing. It's a Win-Win for all!!

If you have **already joined** the PTA, simply write on the envelope "ALREADY JOINED" and include your name, child's name, and teacher's name on the outside of the envelope. If you've already joined, but still have not remitted payment, please include your payment in the envelope.

If you would **like to join**, please register on-line at [www.pqwebservices.com/pves/pta/registration](http://www.pqwebservices.com/pves/pta/registration) and write on the envelope "JUST JOINED" and enclose your payment inside. Please include your name, child's name, and teacher's name on the outside of the envelope.

If you are not interested in joining at this time, that's okay too! You can still help your teacher win a \$50 gift certificate by simply returning the Membership envelope. Just mark "NOT INTERESTED" and return your envelope with your name, child's name, and teacher's name on the outside of the envelope.

Any questions? Contact Cat Cusack, VP of Membership at [ccusack@san.rr.com](mailto:ccusack@san.rr.com).



## CATCHIN' WAVES: JOIN PARENTELLA TODAY AND EARN MONEY FOR OUR PTA!

Catch the wave, and join Parentella today! Parentella is a communication site developed by a Park Village mom to help parents stay informed about their child's classes and activities. Join your class group and stay on top of class events, news, and get to know other parents in your child's class. Room parents will be using Parentella to communicate with the PTA Room Parent Coordinator and to disseminate information about PTA and classroom events. Parentella selected Park Village as the first school to pilot this site, and has generously offered to donate \$3.00 to the PTA for every parent that signs up with Parentella!! Additionally, Parentella is offering a \$100 gift card to the parent who provides the most feedback about their site. It's a win-win for all! So, don't delay - join Parentella today!

To join your child's classroom, follow these simple steps:

1. Visit [www.parentella.com](http://www.parentella.com) to set up your account.
2. Once you set up your account, you will land on the screen to "Add a Class". Enter in Park Village Elementary with zip code 92129 and click submit.
3. Click on Park Village Elementary and select your child's Class Group, then click submit.
4. Select the class your child belongs to and click submit. You will land on the dashboard.
5. You will see this group as pending on your dashboard. (Click the little arrow next to the word Dashboard).

For safety precautions, all parents requesting access to a Class Group must be verified and approved by the room parent. Once the room parent grants approval, you will be able to access your child's Class Group and can begin staying informed about classroom activities. If you have any questions or problems registering for Parentella, please email the Parentella founder, Aparna Vashisht-Rota, at [aparna@parentella.com](mailto:aparna@parentella.com).

## VONS Receipt Challenge



### Phase 2 of the VONS 10% Back to School Program is here!

From September 18<sup>th</sup> until October 13<sup>th</sup>, we will be collecting VONS receipts. We will be holding weekly drawings, and at the end of the challenge, the class that turns in the most receipts will have a popsicle party. You can ask friends, neighbors, coworkers, and relatives for their receipts. Please write your child's name and room number on the back of the receipts and turn them in to their teacher or drop them off in a box at the office. Let's continue to join together to be one of the top 200 schools, so we can win that additional \$1,000 for Park Village!

### VONS Club Card and eScrip

Please remember to renew your VONS club card or if you are not an eScrip member, please register your VONS club card. Our school continues to earn money throughout the school year every time you shop at VONS.

**If your Vons club card is already registered with eScrip** and you have already designated Park Village Elementary as your school choice, then all you have to do is go on [www.escrip.com](http://www.escrip.com) and press the renew button. Remember, you must renew your card by **November 1<sup>st</sup>** in order for our school to get credit for this school year.

**If you have NOT registered your Vons club card**, you can do so TODAY by visiting [www.escrip.com](http://www.escrip.com) and designating Park Village Elementary (group #3495146) as your school of choice.

Let's get as many members as we can to help our school earn money this year. Again, you can ask friends, neighbors, coworkers, and relatives to join. They don't have to attend Park Village Elementary to become eScrip members. They just have to designate Park Village Elementary as a school of choice.

Any questions about this program, please contact Liezl Magbanua at [raynlyz@san.rr.com](mailto:raynlyz@san.rr.com).



## RECYCLING!!! What A Way To Win!!!

By Greg Bourque, Park Village Recycling Coordinator

We had our first recycling of the year on September 8th, and I would like to thank all the students and parents for their participation. It looks like this year we are going to set new records for recycling. Please do not forget that we are now collecting any TV's, Computer Monitors, Electronic Devices, & Entertainment Equipment at each recycling event. I would also like to thank the Boy Scouts for their continued support in making our program a success. Please make sure that you are filling out the Recycling Form and counting all your bottles and cans when you turn them in. We keep a record throughout the year, and the class with the most recycling will win a party at the end of the year. Our next recycling day is scheduled for **October 13<sup>th</sup>**; we hope to see you there.

## Park Village Elementary Science Lab Opens

Have you noticed the strong brainwaves around the D-Mall? Are your kids asking for their very own safety goggles? It could be because **the Science Lab is up and running!** 5<sup>th</sup> graders met last week and conducted experiments involving chemical and physical reactions. 4<sup>th</sup> graders will be in the lab on September 21<sup>st</sup> and 24<sup>th</sup> experimenting with electricity and conductivity.

If you haven't had a chance to look at the new Science Lab, check it out in D107! Traci Jackson, a PVES parent and our program coordinator, has outfitted it with equipment and products needed to perform hands-on science experiments with the classes. Traci is a self-proclaimed science nut with a Bachelor's degree in Mathematics and a Minor in biology. As a mother of 3 boys, she realized several years ago that a "hands-on" approach to science is what captures children's interest. With that goal in mind, she started coordinating Science Nights and is back for her 4<sup>th</sup> year. In addition, she has been a driving force in making the Science Lab a reality.

We are still seeking the following items for the lab: Gently used lab tables and chairs, balances, microscopes, child-size protective eyewear and a vacuum chamber. If you have access to any of this equipment, please contact Niki Wallace at [niki.wallace@lifetech.com](mailto:niki.wallace@lifetech.com). In addition, **copy paper** is always greatly needed and appreciated. Drop it off at the front office, clearly marked "Science Lab".

*The Science Lab has been created and funded by your generous PVEEF donations.*



## Park Village Elementary Education Foundation Penguin Pledge Drive Continues (through September)

Have you been meaning to make a donation to PVEEF? It's not too late. We are **halfway to our goal** with 2 weeks left in our Penguin Pledge Drive. Thank you to all who have already contributed.

Did you know you can spread your donation out over the 10 months of the school year? Donate via PayPal on our website at [www.pqwebservices.com/pves/pveef](http://www.pqwebservices.com/pves/pveef). There you can make a one-time donation or create a subscription for monthly donations. Or make your check payable to PVEEF and drop it off at the front office or have your child give it to their teacher.

You can **DOUBLE** your donation - ask your employer about a matching gift program!

### Technology Talented People Needed

We are looking for tech savvy parents to help with the computer lab, docucams, printers and other technology. If you would like to volunteer your talents, please contact Niki Wallace, at [niki.wallace@lifetech.com](mailto:niki.wallace@lifetech.com) for more information.

## D.A.D.S. Bike Safety Event

On **Saturday, September 26<sup>th</sup>**, from **9 a.m. to about 10:30 a.m. at the school parking lot** there will be several D.A.D.S. helping to pump up tires, patch tubes, repair bikes, adjust brakes, seats, handlebars, gears, and helmets. Kids, parents, and relatives are welcome! There will be information about safe riding tips and everyone is welcome to ask questions about anything cycling or fitness related. There will be a short bicycle handling course for the kids to enjoy until about **10:45 a.m.** At that time, those who wish to **ride down into Peñasquitos Canyon** will gather and head out in a group. The ride is approximately 3.6 miles round trip to the waterfall and back. Principal Ceceña joined us last year and will hopefully be able to join us again this time. We will return to the school by about 12 p.m.



## PTA Fundraising Thank You

A GREAT BIG THANK YOU to all who supported this Fall's PTA fund-raising efforts! To date, we have exceeded our projected fund-raising goals for Sally Foster, Entertainment Books, and Opt Out Donations, and we are still receiving orders and donations daily! Our Park Village families are truly AMAZING!

Gift wrap orders, additional Entertainment Book orders, Opt Out receipts, and prizes for all three fund-raisers will be distributed in early November. Corporate matching families: Please contact your Human Resources Department and forward any necessary donation-matching form to Park Village Elementary, c/o "PTA Opt Out: Corporate Match Program." If you have any questions regarding the Corporate Match program, please contact Arlene Chang at [thechang@san.r.com](mailto:thechang@san.r.com).

A special "THANKS" to \*all\* our Tally Day volunteers. You are greatly appreciated, and we couldn't have done it without you!



## The American Chemical Society

*presents*

### Mad Science's Spin, Pop, Boom!

Thursday, September 24, 2009

6:30-7:15 p.m.

In this spectacular show, the Mad Scientist will create a rainbow in a mega-sized test tube and perform gravity defying feats. Watch as we show the forces that act on a roller coaster. You will be amazed as we demonstrate a chemical reaction with a Didgeridoo and will get to see a foam factory at work.

**Free for 4<sup>th</sup> and 5<sup>th</sup> grade students and their families. Siblings are welcome.**

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## Penguin PALs Is Back!

*By Kimberly Wilkins, Park Village Elementary PTA President*

We are pleased to announce that Penguin PALs (Parent Assisted Learning - a reading fluency impact program) is back again this year! We are very fortunate to have Jeralyn Dunn, Park Village's Impact Teacher, lead this program again for us! However, she cannot do this alone! Parent volunteers are needed to make this program successful. If you are interested in helping with this VERY IMPORTANT, rewarding program, please contact Jeralyn Dunn at [jdunn@powayusd.com](mailto:jdunn@powayusd.com) as soon as possible. Training on how to use the Quick Read program will be held for parent volunteers next **Monday, September 21<sup>st</sup>**, and **Tuesday, September 22<sup>nd</sup>**, at **9:30 a.m.** Please report to the front office.

For those unfamiliar with the program, Penguin PALs (Parent Assisted Learning) is a program used to help children increase their reading fluency and comprehension skills. This program works best if the children have a session at least twice a week. With current budget cuts, Park Village's impact program has been dramatically scaled back, so we really need your help. We want to reach as many children as possible who could use some extra reinforcement in reading fluency and comprehension.

Thank you for your continued support of our students at Park Village! Together we can make a difference in a child's life!

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## Internet Safety Tips

(Source: [www.pta.org](http://www.pta.org) - Media & Technology Safety Tipsheet)

### Benefits

- \* The Internet is a great learning resource.
- \* The Internet is a great tool for social and entertainment planning.
- \* The Internet is a great communication and networking tool.

### Risks

- \* The Internet is a common place for predators.
- \* Cyber-bullying is a growing problem on the internet.
- \* Schools are concerned with plagiarism, as well as abundant access to inaccurate sources of information.

### What You Can Do

- \* Make sure your children feel comfortable talking to you about their online experiences.
- \* Keep your family's computer in an open space in a common room. You want to be able to casually monitor what your child is doing.
- \* Educate yourself about what your child is doing online, and make sure you are comfortable using the programs your child uses.
- \* Periodically review with your child his or her list of online contacts. If you don't know someone listed, ask your child about that person.
- \* Search the Web for information about your family. Using a search engine, periodically search for your family members' names on the Internet to see what comes up. You want to stay a step ahead of potential predators.
- \* Install blocking or monitoring software on your family's computer.
- \* Establish a Media Use Contract with each child in your family. It is important that you have a conversation with each child to set rules and limits that are appropriate for him or her. Once the contracts have been signed, post them next to your family's computer as a reminder.

## New Flyers on the PV Rack

*(Located outside the office)*

- ◆ America's Youth Outreach Programs: Youth Self-Defense Karate & Safety Awareness Program
- ◆ Poway Valley Gymnastics
- ◆ Champion Youth Outreach: Art & Illustration, Cheerleading, Tennis
- ◆ San Diego Children's Choir

### Park Village

# PTA

*everychild.onevoice.*

7930 Park Village Road, San Diego 92129

[www.powayusd.com/pusdpves/pta](http://www.powayusd.com/pusdpves/pta)

CCPTS/Ninth PTA District

Palomar Council

Attendance Hotline:	538-0437
Principal: Ricardo Ceceña	484-5621
PTA President: Kimberly Wilkins	780-9034
Flash Editor: Teresa Wu	538-4502
E-mail:	<a href="mailto:parkvillagenews@hotmail.com">parkvillagenews@hotmail.com</a>