

## **WELCOME**

Welcome to the Pomerado ESS 2009 Summer Program. We have a wonderful summer planned with field trips, guest speakers, movies and plenty of fun-filled activities. Please take the time to read this handbook carefully. It is filled with important summer program information for you and your child. If you have any questions or concerns after reading this handbook, please call us at 858-679-8946.

## **WHAT'S UP**

The schedule for the upcoming week will be posted the previous Friday on our "Week at a Glance" board. There will also be a "What's Up" sheet available for you to take at the Parent Information table with important times and information regarding our field trips and other planned activities.

## **PARENT INFORMATION TABLE**

The Parent Information table is where you sign your child in and out of ESS and receive newsletters and all other important information.

## **SUMMER TUITION FEES**

June 15-30	\$264.00 (1 <sup>st</sup> child) \$211.20 (2 <sup>nd</sup> child)
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July 1-31	\$484.00 (1 <sup>st</sup> child) \$411.40 (2 <sup>nd</sup> child)
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August 3-14	\$220.00 (1 <sup>st</sup> child) \$187.00 (2 <sup>nd</sup> child)
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Registration Fee for new families: \$50.00

Re-Registration Fee for returning families: \$25.00

## **ABSENCES AND VACATIONS**

All vacation requests are given in five consecutive day increments only when we receive your two-week written notice. There are no refunds for absences due to illness or partial attendance.

## **SUMMERTIME DATES TO REMEMBER**

Monday, June 15, ESS summer program begins

Friday, July 3, ESS will be closed in observance of Independence Day

Monday, August 17, ESS closed for Staff Development

Tuesday, August 18, ESS closed for Staff Development

Wednesday, August 19, ESS closed for Staff Development

Thursday, August 20, First day of school

### **FRIENDLY REMINDERS**

Lunches- please provide a lunch and disposable drink each day except where noted on the weekly "What's Up." No glass containers, please. It is important to remember that ESS does not have the space for refrigeration of lunches, nor are we able to microwave your child's lunch. If your child would like a morning snack, please pack it in his/her lunch. On field trip days, each child is responsible for carrying his/her own lunch. To make it easier on your child, it is advised that lunches be packed in disposable bags. As a safety precaution, any sandals worn by your child while at ESS this summer must have a back strap support. We strongly recommend comfortable closed-toe shoes to be worn on all field trips.

### **ADMINISTERING MEDICINE**

Before ESS staff can administer any medication (prescription or non-prescription), your child must have a PUSD Authorization for Medication Release Form on file with Pomerado ESS. These forms are available at ESS. For medication such as sunscreen, cough drops, and chapstick, the release form need only be completed by a parent. For all other medications, a parent and doctor must complete the form. We need to keep **all** medications (even sunscreen) in our cabinet and administer them as required. The medication must be in its **original container** with the label and directions intact and have your child's name on it.

### **FIELD TRIPS**

On all field trips please be sure to have your child wear their current ESS T-shirt and good walking shoes. Also, please have your child at ESS at least fifteen minutes **before** departure time. Children do not need extra money for field trips, unless otherwise stated on our weekly "What's Up." Individual field trip permission slips are required for each child. If we do not have a signed slip for your child, he/she will not be able to attend. We need individual signatures for each trip. If your child will not be joining us for a certain trip, other childcare arrangements will need to be made because all of the Pomerado ESS staff will be on the field trips. **There will be no one left behind to watch your child.**

Once we have left the campus, you **may not** bring your child to the field trip to drop off with us. We don't always have extra seats on the bus, and it will disrupt the group counts we monitor. This also applies to picking up early from a field trip. If your child will need to be picked up earlier than our return you will have to find alternative care for you child on that day. In case of an emergency, exceptions will be made.

### **BEHAVIOR**

Pomerado ESS maintains the same rules as the school all year round. If your child has behavior problems while on a field trip, during a guest speaker visit, or while in the ESS center, it may be necessary to exclude your child from future trips or guest speaker visits. Please inform your child of these expectations.

**POMERADO ESS**  
**DAILY SUMMER SCHEDULE**

6:30-8:15	Indoor Free Play/Choice
8:15-8:30	Clean-up/Roll & Group Games
8:30-10:00	A.M. Snack and Outdoor Recess/SPARK
10:00-11:30	Arts and Crafts/Clubs /Enrich Activities*
11:30-1:00	Lunch and Outdoor Recess
1:00-1:30	Roll, Rest, Relax, and Reading Time
1:30-2:30	Guest Speaker/Enrich Activities*
2:30-3:30	Snack and Outdoor Games
3:30-4:30	Projects/Game Time/Enrich Activities*
4:30-5:00	Inside /Outside/Organized Games
5:00-5:30	Free Play/Choice
5:30-6:00	Group Game/5:30 Box

\*Enrich Activities 3 hours per week

Monday:	Clubs/Enrich
Tuesday:	Field Trip
Wednesday:	7-11 Walk/Enrich
Thursday:	Movie/Swim
Friday:	Special Event Day

## **DAILY ACTIVITY REMINDERS**

**MONDAY:** Kids' Clubs will be held every Monday, starting June 22 through August 10, 2009. Kids' Clubs will be held from 10:00-11:30 and will take the place of our project times. Please fill out the club registration form to sign up for clubs.

**TUESDAY:** Field trip day. Please refer to the calendar for the activity that is scheduled on that particular day. Your child will need to bring a sack lunch and disposable drink. ESS T-shirts are to be worn along with good walking shoes. Children will not be allowed to attend the field trip without their ESS T-shirts. **NO EXCEPTIONS.**

**WEDNESDAY:** ESS will walk to 7-11 on Wednesdays to purchase slurpees. Children will need to bring **\$1.30** each Wednesday to purchase a slurpee.

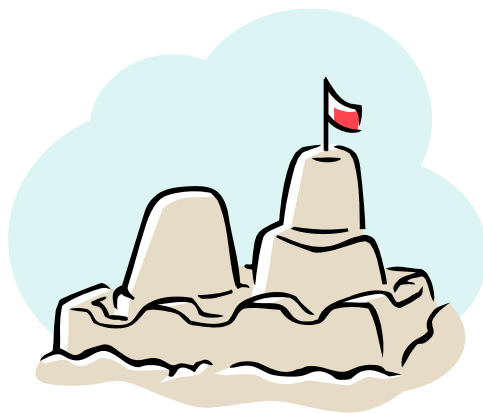
**THURSDAY:** Movies and Swim. Every Thursday we will take the children to Edward's Theater for a movie. Money for snack packs at the movie is optional. Snack Packs are \$4.50. **PLEASE BRING EXACT CHANGE.** After the movie, we will take the children back to our site to eat lunch. We will be swimming at Ned Baumer's Aquatic Center in Mira Mesa. Please have your child wear their swimsuit under his/her clothes on this day. Have them bring a backpack containing their disposable lunch, beach towel (please label), and clothes that they can change into after swimming.

**FRIDAY:** Special Event Day! Each staff member will plan a day for all of the ESS children to participate. Please refer to the calendar for the activity that is scheduled on that particular day. On Fridays, children may bring handheld electronic games to ESS. We ask that all toys fit in his/her backpack. ESS is not responsible for loss of toys or personal belongings. Please label all lunch boxes, backpacks, and clothing with your child's name.

\*Field trips, special events, and guest speakers are subject to change at a moment's notice due to unforeseen circumstances. Thank you for understanding.

## ***JUNE 2009***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 Bus Safety  Enrich Activities	16 Field Trip: San Diego Zoo  Depart: 8:30 Return: 2:30	17 7-11 Slurpee Walk	18 Movies Only  Depart: 8:30 Return: 12:30	19 Scavenger Hunts
22 Kids' Clubs Session I  Enrich Activities	23 Field Trip: "The Crew" Performance @ Shoal Creek  Depart: 8:30 Return: 2:00	24 7-11 Slurpee Walk	25 Movies and Swim  Depart: 8:30 Return: 3:30	26 "All About Me" Day
29 Kids' Clubs  Enrich Activities	30 Field Trip: La Jolla Shores  Depart: 8:30 Return: 2:30			



# JULY 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 7-11 Slurpee Walk	2 Movie And Swim  Depart: 8:30 Return: 3:30	3 ESS Closed For Independence Day
6 Kids' Clubs  Enrich Activities	7 Field Trip: Balboa Junior Theater "Disney's Mulan Junior" Depart: 8:30 Return: 2:30	8 7-11 Slurpee Walk	9 Movie And Swim  Depart: 8:30 Return: 3:30	10 Ice Cream Social
13 Kids' Clubs  Enrich Activities	14 Field Trip: Petco Park Tour  Depart: 8:30 Return: 2:30	15 7-11 Slurpee Walk	16 Movie And Swim  Depart: 8:30 Return: 3:30	17 Restaurant Day
20 Kids' Clubs Session II  Enrich Activities	21 Field Trip: Rueben H. Fleet Center "Bugs" IMAX Depart: 8:30 Return: 2:30	22 7-11 Slurpee Walk	23 Movie And Swim  Depart: 8:30 Return: 3:30	24 Water Play Day
27 Kids' Clubs  Enrich Activities	28 Field Trip: The Wave Water Park  Depart: 9:00 Return: 2:30	29 7-11 Slurpee Walk	30 Movie And Swim  Depart: 8:30 Return: 3:30	31 Music Day



# AUGUST 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Kids' Clubs  Enrich Activities	4 Field Trip: The Boardwalk  Depart: 10:00 Return: 3:30	5 7-11 Slurpee Walk	6 Movie And Swim  Depart: 8:30 Return: 3:30	7 Pajama & Brunch for Lunch Day
10 Kids' Clubs  Enrich Activities	11 Field Trip: Boomers  Depart: 9:00 Return: 2:30	12 7-11 Slurpee Walk	13 Movie And Swim  Depart: 8:30 Return: 3:30	14 Picnic Day
17 ESS Closed	18 ESS Closed	19 ESS Closed	20 School begins	21 School



## **KIDS CLUBS**

This summer ESS will be offering a variety of Kids' Clubs that are listed below. Each child will choose one club for the beginning four weeks of summer and a different club for the last four weeks. Session I will meet for four sessions from June 22 - July 13 and Session II from July 20- August 10, from 10:00AM to 11:30AM. The calendar shows the specific dates. Please be sure to complete and return the Kids Club sign-up sheet on the next page. We will do our best to give your child his/her first choice, however spaces are limited. **Be sure to have your child pick a first and second choice.** Below is a brief summary of the clubs offered.

**“ARTS & CRAFTS CLUB”** – Ms. Tabatha. All grade levels.

\*Time to get creative! Explore the wonders of art. Children will be able to create their own projects by using their imaginations and creativity!

**“FUN FOOD CLUB”** – Ms. Melissa. All grade levels.

\*Kids will enjoy preparing, mixing, and creating their favorite foods. All of their hard work will pay off in the end when they taste their delicious creations!

**“ELECTRONICS & GAME CLUB”** – Ms. Nicole. All grade levels.

\*Bring your favorite electronics and play with your friends! From remote control cars to video games you'll be entertained by the world of electronics.

**“SPORTS CLUB”** – Ms. Stephanie. All grade levels.

\*The Sports Club will be learning indoor and outdoor activities such as basketball, baseball, and other popular sports!

\*Kids' Clubs registration form on next page

**KIDS' CLUBS REGISTRATION**

Please complete and return by June 5, 2009.

Date: \_\_\_\_\_

My child \_\_\_\_\_ Grade \_\_\_\_\_  
would like to register for:

***CLUB #1 (June 22 – July 13)***

First choice \_\_\_\_\_

Second choice \_\_\_\_\_

***CLUB #2 (July 20 – August 10)***

First choice \_\_\_\_\_

Second choice \_\_\_\_\_

\_\_\_\_\_  
Parent signature

\*Clubs are listed on previous page in the Summer Packet.

**PARENT COPY**

**Poway Unified School District  
Pomerado ESS Field Trip Permission Slip  
2009**

**I request my child, \_\_\_\_\_, attend the following field trip events, which I have signed for with the Pomerado ESS summer program.**

ACTIVITY	DATE	DEPART	RETURN	SIGNATURE
7-11 Slurpee Walk	6/17- 8/12	Various Times	Various Times	
<b>San Diego Zoo</b>	<b>Tues. 6/16</b>	<b>8:30</b>	<b>2:30</b>	
Edward's-"Agent Cody Banks" (PG)	Thurs. 6/18	8:30	12:30	
<b>"The Crew" @ Shoal Creek</b>	<b>Tues. 6/23</b>	<b>8:30</b>	<b>2:00</b>	
Edward's-"Tale of Despereaux" (G) Ned Baumer Aquatic Center-Swimming	Thurs. 6/25	8:30	3:30	
<b>La Jolla Shores</b>	<b>Tue. 6/30</b>	<b>8:30</b>	<b>2:30</b>	
Edward's-"Nim's Island" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 7/2	8:30	3:30	
<b>Balboa Junior Theater: "Disney's Mulan Junior"</b>	<b>Tues. 7/7</b>	<b>8:30</b>	<b>2:30</b>	
Edward's-"Hotel for Dogs" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 7/9	8:30	3:30	
<b>Petco Park Tour</b>	<b>Tues. 7/14</b>	<b>8:30</b>	<b>2:30</b>	
Edward's- "Kung Fu Panda" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 7/16	8:30	3:30	
<b>Rueben H. Fleet: "Bugs" IMAX</b>	<b>Tues. 7/21</b>	<b>8:30</b>	<b>2:30</b>	
Edward's-"Open Season" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 7/23	8:30	3:30	
<b>The Wave</b>	<b>Tues. 7/28</b>	<b>9:00</b>	<b>2:30</b>	
Edward's- "Space Chimps" (G) Ned Baumer Aquatic Center-Swimming	Thurs. 7/30	8:30	3:30	
<b>The Boardwalk</b>	<b>Tues. 8/4</b>	<b>10:00</b>	<b>3:30</b>	
Edward's-"Madagascar 2" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 8/6	8:30	3:30	
<b>Boomers</b>	<b>Tues. 8/11</b>	<b>9:00</b>	<b>2:30</b>	
Edward's- "Monsters vs. Aliens" (PG) Ned Baumer Aquatic Center-Swimming	Thurs. 8/13	8:30	3:30	

# MOVIE DESCRIPTIONS

**June 18 → Agent Cody Banks – PG** A government agent trains a typical teenager Cody Banks who loves to skateboard, hates math, and feels like a complete goof around girls. Cody's living every boy's dream life--he can drive like a stunt man and has an incredible arsenal of cool gadgets. From runaway cars and high-speed snowboard chases, Cody has to use everything he's learned to prove himself as an agent.

**June 25 → Tale of Despereaux –G** The tale of three unlikely heroes - a misfit mouse who prefers reading books to eating them, an unhappy rat who schemes to leave the darkness of the dungeon, and a bumbling servant girl with cauliflower ears - whose fates are intertwined with that of the castle's princess.

**July 2 → Nim's Island – PG** Anything can happen on Nim's Island, a magical place ruled by a young girl's imagination. It is an existence that mirrors that of her favorite literary character, Alex Rover - the world's greatest adventurer. But Alexandra, the author of the Rover books, leads a reclusive life in the big city. When Nim's father goes missing from their island, a twist of fate brings her together with Alexandra. Now they must draw courage from their fictional hero, Alex Rover, and find strength in one another to conquer Nim's Island.

**July 9 → Hotel for Dogs – PG** Animals are strictly forbidden at Andi and her little brother Bruce's foster home. But for Friday, the adorable dog they secretly care for, they're ready to risk everything and find him a huge abandoned hotel that Bruce transforms thanks to his engineering genius. Friday is soon joined by all kinds of furry friends, so many in fact that their barks alert the neighbors and the local pound. Andi and Bruce will have to call on all their friends and all their imagination to stop the hotel's secret from being discovered.

**July 16 → Kung Fu Panda – PG** A comedy about a lazy, irreverent slacker panda, Po, who must somehow become a Kung Fu Master in order to save the Valley of Peace from a villainous snow leopard, Tai Lung. Set in the legendary world of ancient China, this is the story of Po, our unlikely hero, who enters the rigid world of Kung Fu and turning it upside down.

**July 23 → Open Season – PG** Boog, a domesticated 900lb. Grizzly bear finds himself stranded in the woods 3 days before Open Season. Forced to rely on Elliot, a fast-talking mule deer, the two form an unlikely friendship and must quickly rally other forest animals if they are to form a rag-tag army against the hunters.

**July 30 → Space Chimps – G** Ham III, the grandson of the first chimp astronaut, is blasted off into space by an opportunity-seeking senator. Soon, the fun-loving chimp has to get serious about the mission at hand: Rid a far-away planet of their nefarious leader. Fortunately for Ham III, two of his simian peers are along for the ride.

**August 6→ Madagascar 2 – PG** Alex the Lion, Marty the Zebra, Melman the Giraffe and Gloria the Hippo, still stranded on Madagascar, start to leave the island. All of a sudden, they land in the wilderness of Africa, where Alex meets the rest of his family, but has trouble communicating with them after spending so much time at the Central Park Zoo

**August 13→ Monsters VS Aliens – PG** When a meteorite from outer space hits a young California woman named Susan Murphy and turns her into a giant monster, She is taken to a secret government compound where she meets a ragtag group of monsters also rounded up over the years. On a desperate order from The President, the motley crew of Monsters is called into action to combat the aliens and save the world

**\*\* If there is a movie that you do not want your child to see, you will need to make other child care arrangements until we return to ESS. All staff will be going on the field trip.**

## **Pomerado ESS Staff**

Corinne Kircher – Supervisor  
Kaitlyn O’Neill – Lead Assistant  
Stephanie Acosta – Aide  
Tabatha Eddy – Aide  
Daisy Farrales – Aide  
Nicole Gose – Aide  
Melissa Kramer – Aide  
Melissa Spucces – Aide  
Jason Carton – HS Aide  
Calyn Guiney– HS Aide  
Sarah Hobbs – HS Aide  
Suzy Gore– Sub  
Tyler Harrison– Sub  
Cameron Quiseng – Sub  
Christina Spucces – Sub  
Chelsea Wilcox – Sub

## **Pomerado ESS**

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