

# 10<sup>th</sup> Grade Parent Information



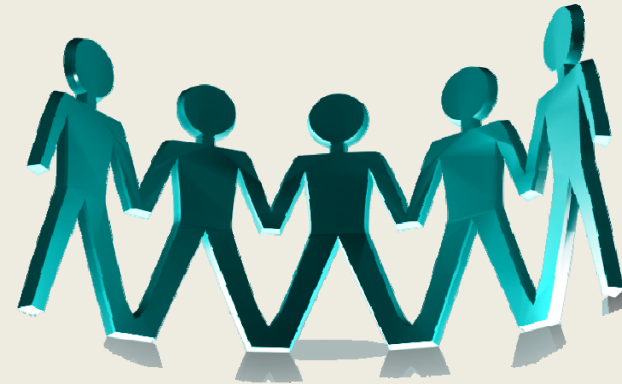
**REALITY CHECK...THE PLAN STARTS NOW**



# PHS Counseling



- Rachel DeYoung A-Da
- Lauren Whitfield De-Hp
- Khalid Maxie Hu-Mi
- Jane Napora Mo-Sa
- Susie Kihneman Sc-Z

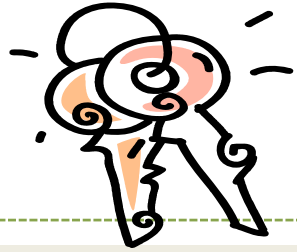


- Open Office Hours for Students: Break, Lunch, After School, and By Appointment

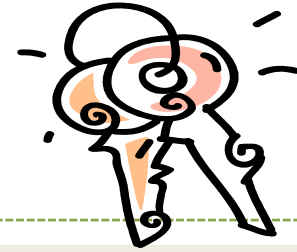
# Overview



- Keys to Success
- Academic and Informational Resources
- PHS Graduation Requirements
- PSAT
- SAT vs. ACT
- Career and College Ready: A-G Requirements
- D/F Grades
- UC Approved Course Lists
- College Acceptance Factors
- What to do NOW? Build a Resume



# Keys to Success



A successful student says:

- I know what work is due and when it is due
- I ask questions to get help when I don't understand an assignment or concept
- I will attend tutorials on a regular basis
- I will use learning point to help me communicate with my parents and teachers
- My parents still play a major role in my education, but I am responsible for myself and my learning

# Academic Resources



- Lab Day Tutorials
  - Weds/Thurs: 2:10pm-2:52pm
  - All teachers available
- Peer Tutoring
  - Students for hire
  - List available in Counseling
- 6.5 Study Skills Class
  - Mon/Weds and/or Tues/Thurs: 2:37pm-3:37pm
  - 2.5 elective credits
  - Content-based
  - Speak to Counselor
- Independent Homework Setting in the Library
  - Open Monday-Friday: 7:00am-3:00pm
  - Late start Mondays: 8:45am-3:00pm



# Informational Resources



- 6 week progress notices (given to students)
  - 10/13, 12/1, 3/16, 5/4
- Report cards (mailed home)
  - Mid-February (1<sup>st</sup> semester)
  - Early July (2<sup>nd</sup> semester)
- Titan Times parent newsletter
- Iliad student newspaper
- Learning Point
- Mass email
  - Updates on pertinent PHS information including dates, activities, and deadlines
- College and Career Resources
  - PHS Titan Center (OPEN Monday-Friday from start of lunch to 3:00pm)
  - Naviance/Family Connection: <https://connection.naviance.com/poway> (create account with student ID number)
  - Choices Planner: [www.bridges.com](http://www.bridges.com)

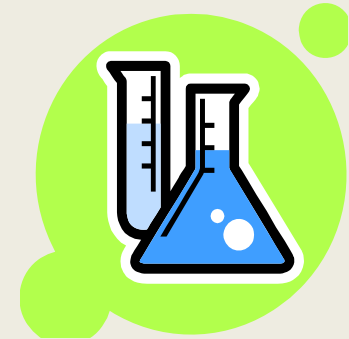


# PHS Graduation Requirements

- Total 230 credits in 4 years (one semester class = 5 credits)

- Civics/Economics (10)
- English (40)
- Fine Arts or Foreign Language (5)
- Fine Arts (Art, Music, or Drama) (5)
- Health (5)
- Life Science (10)
- Mathematics (20)
- Practical Arts (5)
- Physical Education (20)
- Physical Science (10)
- US History (10)
- World History (10)
- Elective (80)

- CAHSEE ELA
- CAHSEE Mathematics
- Computer Literacy



# College and Career Ready



## UC/CSU 'A-G' Requirements – The Minimum 15

• <b>A</b> – History/Social Science (World & US Hist)	2 years	2 years
• <b>B</b> – English	4 years	4 years
• <b>C</b> – Mathematics (Alg 1-2, Geom 1-2, Alg 3-4)	3 years	4 years
• <b>D</b> – Laboratory Science (Bio, Chem/Physics)	2 years	3 years
• <b>E</b> - Language Other than English	2 years	3 years
• <b>F</b> – Visual/Performing Arts	1 year	1 year
• <b>G</b> – College Preparatory Elective	1 year	1 year+
	<hr/>	
	15 (min)	18 (recom)

### Note:

- GPA re-calculation based on 10<sup>th</sup>-11<sup>th</sup> grade A-G courses.
- A-G courses taken beyond minimum is beneficial.
- Students accepted by many of the UC's average 22.5.

# Out of State Public/Private Admissions



- Requirements are similar to A-G but not always identical
- Research college websites for admission specifics
- An example of requirement differences:

## Arizona State University

Requires 4 years of English, 4 years of math, 3 years of lab science, 2 years of foreign language, 2 years of social science, and 1 year of fine art

# Repeating D/F Grades



- A-G courses must be passed with a grade of C or higher
- Students may retake courses, if necessary
- Students who earn D/F grades and do not choose to retake classes may not be eligible to attend CSU, UC, or other various universities
- There are special guidelines for math and foreign language for the CSU/UC systems (i.e. Validation Rule)
- For specific out of state and/or private college guidelines, contact the college directly

# UC Approved Course List



- The Poway High School courses that meet the requirements for admission to the University of California can be accessed on-line at:

<http://www.ucop.edu/doorways/>

- Poway High School CEEB code: 052-533
- Honors courses do not denote additional GPA credit
- AP courses do denote additional GPA credit (approved AP courses may provide additional credit in the A-G GPA re-calculation)

# College Acceptance Factors



- The factors below are in no specific order:
  - Complete application packet
  - Course load, rigor of curriculum, and variety
  - Special talents, leadership, intellectual vitality, athletics
  - Teacher and/or Counselor letters of recommendation
  - Anticipated course of study
  - Race, ethnicity, family situation
  - Grade Point Average (GPA)
  - Class Rank
  - Standardized test scores
  - Pool of applicants

# Placing the Best Foot Forward



- Take a challenging, yet balanced, course load each year
- Demonstrate an upward trend in learning
- Demonstrate a genuine commitment (or a few!) to a club/organization/sport/activity *long-term*
- If possible, hold a leadership position
- Develop the Habits of Mind (personal responsibility, flexible thinking, self-advocacy, listening with understanding and empathy, communicating with clarity and precision, taking responsible risks, finding humor)
- Take the appropriate standardized admission tests (PSAT/SAT/ACT/SAT II Subject Tests)
- Stay organized and meet deadlines!



# PSAT/NMSQT



- WHO: ALL Sophomores
- WHAT: Preliminary SAT/National Merit Scholarship Qualifying Test
- WHEN: Wednesday, October 14<sup>th</sup> at 7:30am
- Why should a SOPHOMORE take the PSAT?
  - Exposure to standardized testing
  - Compare student scores to other 10<sup>th</sup> graders across nation
  - Identify growth areas by evaluating strengths and weaknesses
  - Critical reading, math reasoning, and writing practice
  - Makes colleges aware student is “out there”
  - Access to PSATextra and MyRoad – providing explanations of test questions and a college/career planning tool
  - **FREE** – 10<sup>th</sup> graders are paid for by PUSD!



# PSAT/NMSQT continued



- Not to be confused with the PTSA “Mock” SAT
- Why should a JUNIOR take the PSAT?
  - Competition for National Merit Scholarship Awards
  - National Hispanic Recognition Program
  - National Achievement Program for African Americans
  - If student checks “yes” to Student Search Service, they will receive information from colleges



# SAT vs. ACT



SAT			ACT	
CRITICAL READING 33%	MATH REASONING 33%	WRITING 33%	ENGLISH 25%	MATH 25%
			READING 25%	SCIENCE REASONING 25%
			Optional Writing Test	

# SAT vs. ACT continued



## SAT

- Critical reasoning/logic test
- 3 individual scores on a scale of 200-800
- Perfect score = 2400
- Penalty for incorrect answers

## ACT

- Curriculum-based test
- 4 individual scores and 1 composite score (average of the 4 scores), each on a scale of 1-36
- No penalty for incorrect answers

NOTE: All colleges will accept the SAT and the ACT and will focus on the higher score. It is in your student's best interest to take BOTH the SAT and the ACT.

# What to do NOW? Build a Resume



- Continue to put forth best effort in class
- Compile a portfolio of awards, honors, volunteer hours, interests, and accomplishments
- Be aware of the testing calendar: PSAT, SAT/ACT, SAT II, and AP exam opportunities
- Research colleges and universities and don't be afraid to look outside CA
- Start thinking about potential majors and college selection preferences (academic major, size, location, financial aid, etc.)
- Helpful websites:
  - [www.fastweb.com](http://www.fastweb.com) (scholarship database)
  - [www.collegeboard.com](http://www.collegeboard.com) (PSAT/SAT/SAT II, AP, College Research)
  - [www.actstudent.org](http://www.actstudent.org) (ACT)

A graphic featuring the words "THANK YOU" in a bold, blue, 3D sans-serif font. The letters are set against a black rectangular background that is slightly tilted. The entire graphic is positioned in the upper center of the slide, above a horizontal dashed line.

THANK  
YOU

We appreciate your time and support.

Enjoy Back to School Night!