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Common Name: Horehound

Scientific Name: Marrubium Vulgare

Kumeyaay Name:

Description: This plant has small white flowers on the stem in the spring. The flowers produce a spiny, burr kind of fruit. It is interesting that it has a square stem. Green bumpy leaves grow out of the stem. They make a candy from sweetening the sap of the horehound plant.

Uses by the Kumeyaay: The Kumeyaay would make a tea from horehound that they would use to cure colds and whooping cough.

You can read about this plant in *Indians of the Oaks* on pages

By Brianna