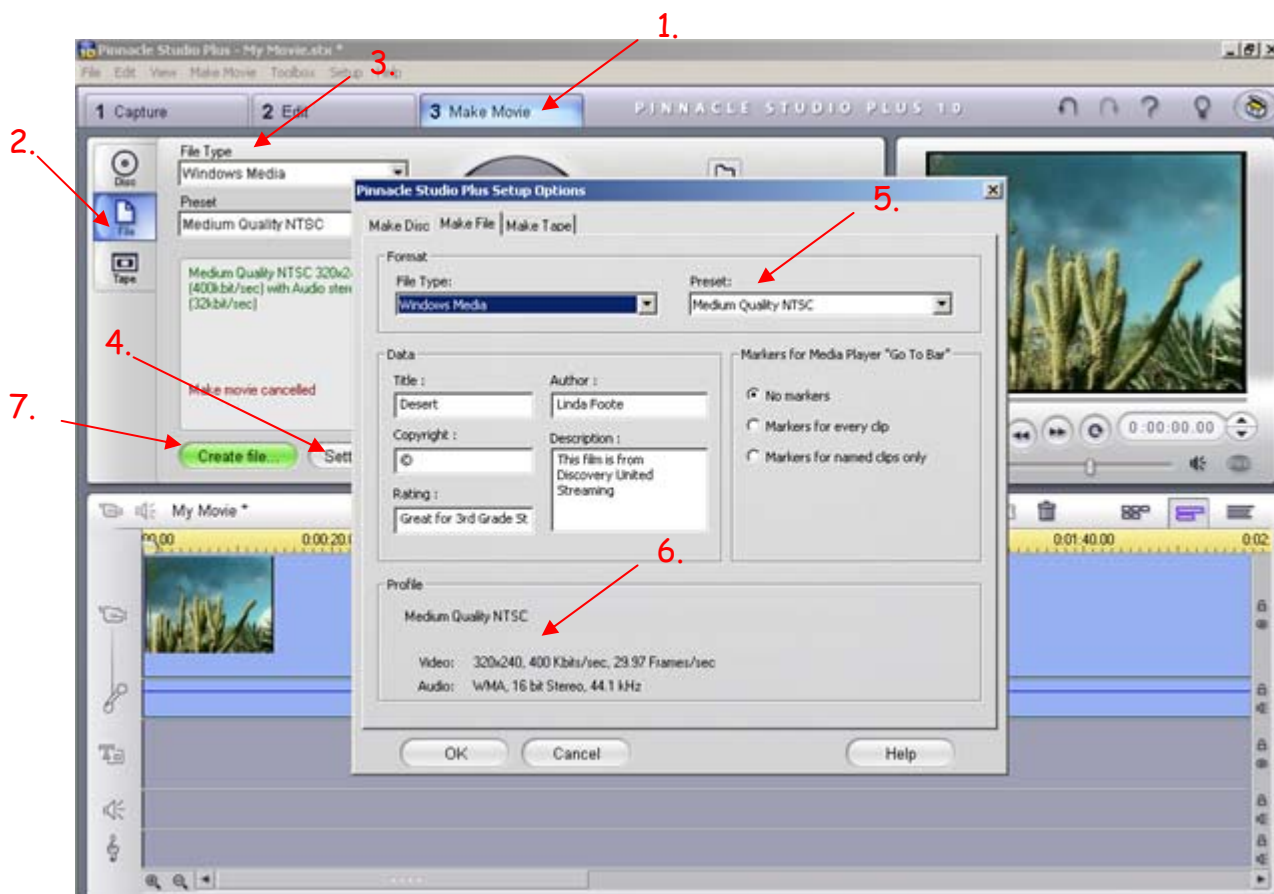
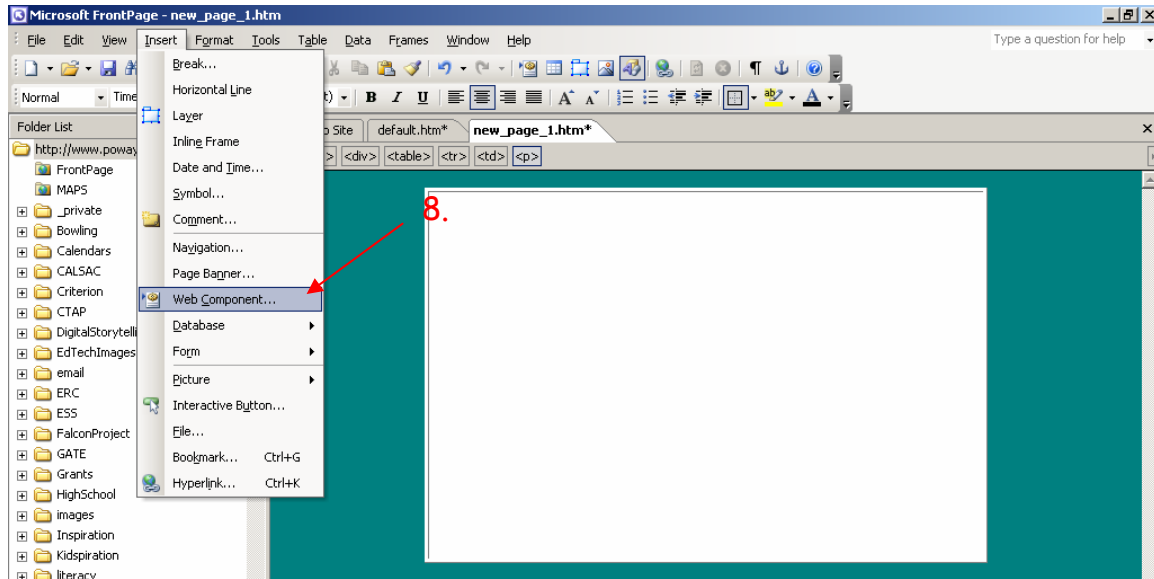


# Creating Windows Media File Videos for the Web

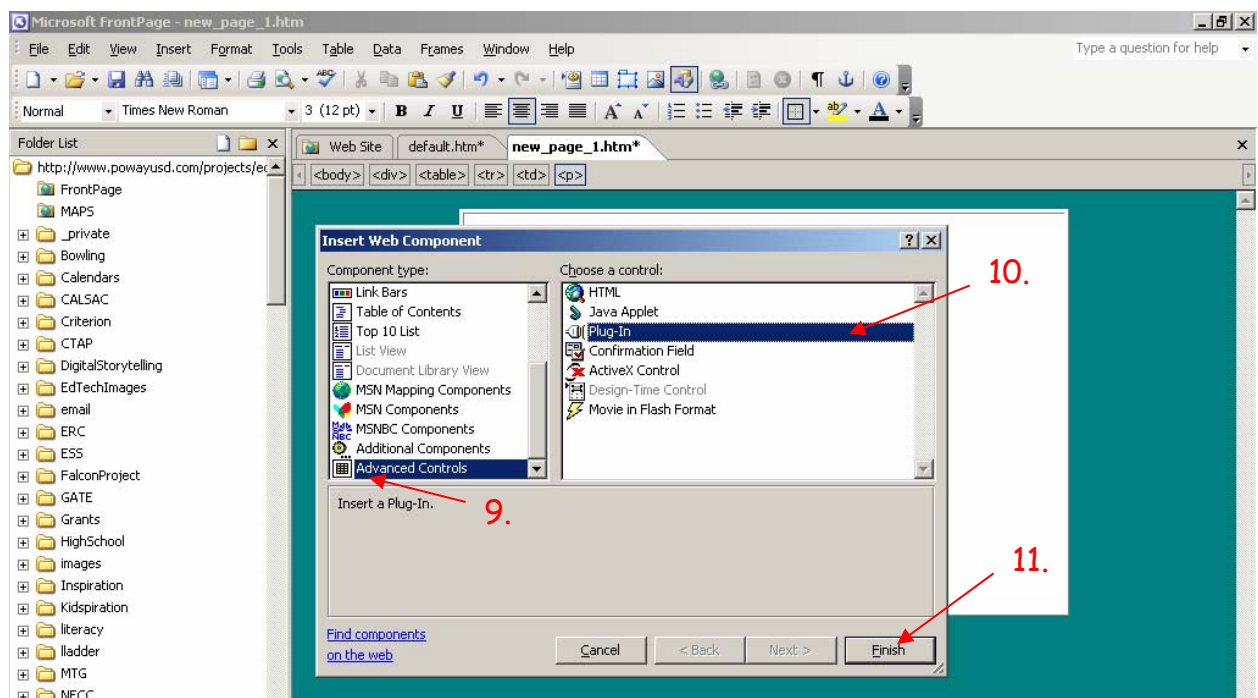
1. After creating your video in Pinnacle, choose the "Make Movie" tab.
2. On the sidebar, choose "File" as the type of video you want to render
3. Make sure the file type is "Windows Media"
4. Next click on settings to choose the size and format of your WMF
5. In the pop-up leave file type as Windows Media, choose Medium Quality, NTSC from the preset drop-down menu.
6. Notice the size of the video will change to 320 x 240
7. Click "ok" and then after the settings screen closes, click on "Create File" to make your Windows Media file. Then import your file to FrontPage as you would import other graphics, photos, or document files.



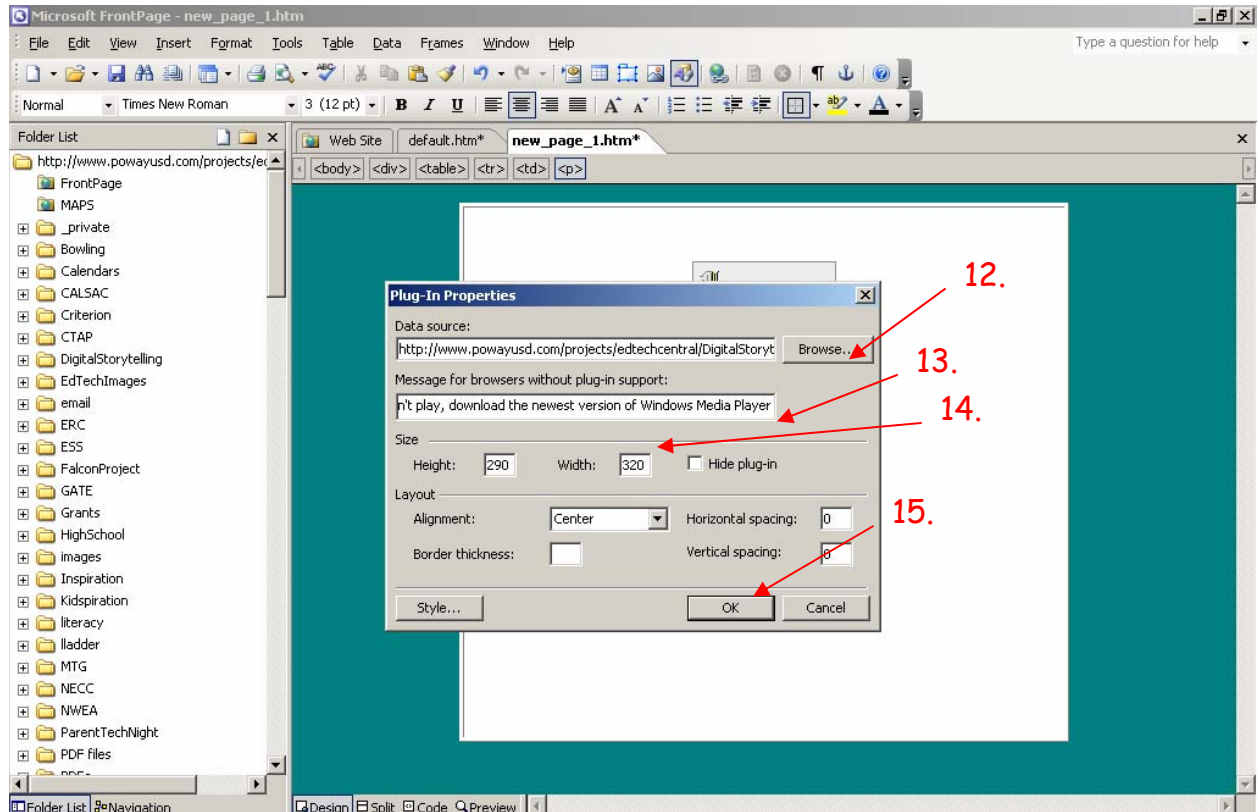
- Put your cursor on the page where you want to embed your video. Then select "Insert Web Component" from the menu



- On the Insert Web Component screen, scroll to the bottom of the first column and select "Advanced Controls."
- In the second column select "Plug-In"
- Then click on "Finish"



12. On the pop-up for Plug in Properties, browse to the file in your FrontPage folders and the path will appear in this box
13. In the "Message for Browsers without Plug-in Support" window, type something like: "If this clip doesn't play, download the most recent version of Windows Media Player."
14. In the height box type 290 (the video is only 240, but the controls for the media player will take up about 50 additional pixels) and in the width box type 320.
15. Click ok to complete this step



16. In the design screen in FrontPage you'll see a plug-in placeholder for your video clip. Save your page and when you open it in your browser, your video will be there and will start to play automatically!

