



Poway Unified School District
13626 Twin Peaks Road, Poway, CA 92064

Health Services Health Information

Your student's health influences his/her performance in school. You can assist the school in maintaining healthy and safe conditions for your student by cooperating with the following:

1. **EMERGENCY INFORMATION** – Assures up-to-date emergency information/contacts are on file at school. **This includes parents' home, work, and cell phone numbers!** Emergency contacts may be called when parents are unavailable. Provide your school with:
 - (a) Names and phone numbers of neighbors/friends, with available transportation, to call in case you cannot be reached.
 - (b) Current health concerns for your student (i.e., asthma, any allergies, diabetes, epilepsy, etc.). This information will be shared with staff that have a need to know.
2. **FIRST AID** – In case of an injury at school, staff will provide first aid care only. Your student will then be referred to you. However, if your student's health is considered "at-risk", paramedics will be called. Parents are responsible for any cost incurred.
3. **NON-SCHOOL INJURIES** – The school is not permitted to provide care for injuries that have occurred away from school. This includes the changing of bandages or similar services.
4. **SPECIALIZED HEALTH CARE PROCEDURES** – Students who require specific health procedures in order to attend school must have written instructions with parent and physician approval. See the Health Technician for appropriate forms.
5. **COMMUNICABLE DISEASES** – When your student has any symptoms of a communicable disease, please keep him/her at home and consult with your health care provider. Please call the Health Technician when your student has a confirmed communicable disease (i.e., strep throat, chicken pox, measles, MRSA etc.) or serious illness. Obtain a note from your health care provider verifying the diagnosis, treatment plan, and date your student may return to school and give to the Health Technician.

PUSD has a "No Nit" policy for head lice. Following examination by the Health Technician students are readmitted to school only when hair is clear of all visible nits.

6. **MEDICATION** – Before any medication (prescribed or over-the-counter) can be given during school hours, an Authorization for Medication Administration form (PUSD H-26 available on PUSD/Health Services website), must be **signed by the physician and parent/guardian**. Exception: Sunscreen, lip balm, throat lozenges, cough drops, contact lens solution require written parent permission only. The school staff will supervise self-administration of the medication during school hours.
 - *Students are not allowed to carry medications during the school day without written physician and parent approval. See the Health Technician for appropriate forms.*
 - *Please contact the Health Technician if you have any questions. Your school welcomes communication between home and school for the health of your student.*