



THE VIEW

CONNECTING THE WESTVIEW COMMUNITY

Westview
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PRINCIPAL'S MESSAGE



Westview continues to chart a path to excellence! I am very proud to announce that an impressive SEVENTEEN (!!!!) Wolverines have been named as semifinalists in the 2010 National Merit Scholarship Competition. Please congratulate Allison Chen, Jefferson Chen, Felicia Han, Rose Hill, Ji Huang, Tiffany Hwu, Bonnie Jiang, Charles Lee, Ming Liu, Alice Main, Connie New, Jonathan Olivero, Kyle Plutchak, Eileen Shi, Christine Sun, Emily Teng, and Karl

Yang.

Every year, California students in grades 2 – 11 demonstrate their mastery of academic standards by taking the STAR exams in April. Unlike AP, ACT, SAT and CAHSEE exams, this is the one set of tests that we take as a Westview Team. We are very proud that Westview students have improved their school Academic Performance Indicator (API) score for the fifth year in a row, from 843 to 848. Congratulations to all of our students and their dedicated teachers for their continued pursuit of academic excellence!

We could not do all that we do without the unflinching support of our parent community. This year, as our school has been devastated by budget and staffing cuts, you have given more than ever. Your generous donations to our Foundation have provided enough money to put badly needed DLP (aka LCD) projectors in every classroom and to keep the library open an extra hour per day on Mondays through Thursdays. We are grateful that there will also be some additional money to add to our classroom instructional supply budgets. Thank you so much to all of you who have given your time, your money, and your support to making Westview one of the premier schools in San Diego County!

Dawn Kastner
Principal

PTSA PRESIDENT'S MESSAGE

Defense! Go Wolverines! Go Chargers!

Post Labor Day kick offs, this marks the beginning of football season. Friday nights, Sunday afternoons and Monday nights are taken up with loud hoots and hollers from cheering fans on both sides of the field. This favorite pastime can transform my family's sedate and tranquil mood to one of anxiety and tension. My sister who's always been a 49er's fan called Sunday afternoon with such defeat and sadness in her voice to announce that her beloved team fell victim with a hail mary pass in the final seconds of the game to the Minnesota Vikings. Here comes the mild depression and somber moodiness. That same day the Chargers won against the Miami Dolphins with Rivers taking his 2nd rushing touchdown of his career and Weddle catching that interception into the end zone. Suddenly, voila! Our home was instantly transformed with shouts of ecstatic happiness and joyful pride.

Could these same feelings of happiness and pride be felt in our PTSA? Why not? We have a qualified team of players (board members and chairpersons) that execute well designed plays just like the Chargers, except instead of playing at the Q, the action happens right here on campus.

Here's how our play book is written:

- Character Counts – PTSA supports ASB (Associated Student Body)'s PRIDE (Personal Recognition In Daily Effort) program with recipient awards.
- Career and College Readiness – PTSA supports students efforts with job interview clothing and shoes distributed through the Wolverine center.
- Community Concerns – PTSA organizes the Adopt A Family program that provides food and monetary donations for under privileged families in our community.
- Directory – PTSA creates and produces this award winning resource every year that provides vital information about our staff, faculty and students.
- Foundation – PTSA collaborates with our Foundation that provides the necessary funding for numerous school functions.
- Gifts to School – PTSA provides additional funding for school identified needs that ultimately benefit the student body.
- Grad Night – PTSA creates and produces this once in a lifetime event for all seniors on graduation night with a safe, alcohol and drug free environment.
- Honorary Service Awards – PTSA recognizes the service and dedication of both individuals and organizations that have dedicated their time, talents and treasures to Westview by presenting each recipient with an award.
- Hospitality – PTSA provides food and refreshments for: annual staff breakfast, refreshments at Reflections award ceremony, API award treats and test taking incentives.
- Legislation – PTSA participates actively in the legislative process through which public policy decisions are made.
- Mock SAT/ACT Test – PTSA provides 3 tests a year that gives students the opportunity to take the SAT/ACT tests without the scores being released to colleges.
- Newsletter – PTSA creates and provides an online monthly newsletter called "The View" that provides timely information on all PTSA related activities and services.
- Reflections – PTSA's national, thematic art program, that recognizes student's artistic expression in 6 categories, winners are recognized at an

award ceremony.

- Registration – PTSA organizes and provides all volunteers to assist in all areas of Westview's registration process.
- Safety and Wellness – PTSA creates and provides a yearly wellness fair that provides health related information for parent education and awareness.
- Senior Scholarships – PTSA selects deserving Westview seniors with an educational scholarship.
- Staff Grants – PTSA grants funding from teacher and staff requests for various classroom and/or educational materials.
- Student/ASB Representation – PTSA supports and welcomes ASB student representatives at each board meeting to keep 2-way communication open and accessible.
- Student/Staff Recognition – PTSA creates and provides 2 award nights per year that recognizes both students and teachers for personal and academic success.
- Web Page – PTSA provides professional, current, and timely information on numerous school related programs and activities through the Westview website.

As you can see with these numerous programs, our Westview PTSA team is ready to play. As the Chargers need their fans to cheer them on, we need you to become a member of Westview's PTSA. [Join today](#) and become a part of this winning team. Feel the happiness and pride throughout this school year as Rivers keep passing and rushing for the Chargers, we'll keep providing the programs and services listed above for our students, staff and parents to have a winning season....

If you would like more information on any of our programs listed above or are interested in volunteering, please email me at TheArcios@gmail.com.

Aloha,
Allison Aquino-Arcio
President

FOUNDATION NEWS

Thank you to all of the families that have donated to the Westview Foundation this year! Through your generosity, the Foundation has raised nearly \$60,000 which has been put to use immediately. These funds extended library hours each school day for the remainder of the year; purchased 30 LCD projectors so that each classroom will now have a projector; replacement bulbs and screens for existing projectors; and increased the teacher's classroom supply budget by nearly ten percent (10%). The Foundation is still working to raise funds to upgrade our library collection, provide additional secretarial and custodial staffing during peak times, and provide document cameras as well as computer and other technology upgrades.

There seems to be a lot of confusion regarding donations made to the Foundation in connection with "fair share" contributions so that for your child may participate in sports or other school groups. Although your checks may have been made payable to the Foundation, all of your "fair share" payment went to the organization in which your child is participating. None of those funds went into the Foundation general fund.

There also seems to be some confusion regarding how donated funds are utilized at Westview. Westview has a Leadership Cadre comprised of teachers from the various areas on campus. These representatives define and prioritize the needs of the school. These needs are then communicated to the Foundation.

Donations are always welcome.

Thank you again for your continuing support.

Jerry Bohart, President
Westview Foundation

WHAT'S COMING UP...

Check the [school calendar](#) for more events.

October 14	PSAT
October 15 & 16	Choral Fall Concert 7:00 p.m.
October 17	Rummage Sale 7:00 - 11:00 a.m.
October 17	Pancake Breakfast 7:30 - 11:30 a.m.
October 19-24	Homecoming Week
October 20	PUSD College Fair 6:15 p.m.
November 1	Daylight Savings Time Ends (move your clock back 1 hour)
November 5, 6, 7, 12, 13, & 14	Fall Play 7:00 p.m.
November 11	Veteran's Day - No School
November 14	Mock SAT/ACT Testing
November 23-27	District Recess - Happy Thanksgiving
December 3 & 4	Winter Choral Concert 7:00 p.m.
December 8	Student/Staff Recognition Night
December 9	Orchestra/Wind Ensemble Concert
December 10	Marching Band Concert
December 21 - January 1	Winter Break - No School
January 18	Martin Luther King Jr. Day - No School

FALL SPORTS

Support your Westview teams by attending their games. The following sports are being played during the fall. Click on the links for their schedules:

- [Cross Country](#)
- [Field Hockey](#)
- [Football](#)
- [Golf | Ladies](#)
- [Tennis | Ladies](#)
- [Volleyball | Ladies](#)
- [Water Polo | Men](#)

QUICK WEB LINKS

[Daily Bulletin](#) – visit the daily bulletin to see what's happening today!

[School Calendar](#) – see what events are coming up throughout the year.

[General Information](#) – can't find what you're looking for? Try this link.

[Athletics](#) – support your Westview Wolverines – visit the athletic pages to see when your favorite team is playing.

[Counseling](#) – graduation requirements, colleges visiting Westview, scholarships, course catalog, etc.

[PTSA Webpage](#) - see all that the Westview PTSA has to offer.

COLLEGE READINESS

College fairs and expo events are listed on our [counseling website](#).

NEW LIBRARY HOURS

Thanks to the generous support of the Foundation, the library will be open an extra hour after school Monday-Thursday. Beginning Monday, October 5th, the library will be open until 4:45 p.m.



NATIONAL HONOR SOCIETY MEMBERSHIP

The Westview Chapter of the National Honor Society will be inviting eligible students to be considered for membership. These students will be notified through their homeroom teachers during the week of November 2nd. Interested candidates will complete a Student Activity Information Form and return it by **November 20, 2009**. These forms can be found on the Westview website under "organizations." The selection process is detailed below. If you have any questions, please contact the Westview National Honor Society advisor, Andrea Champoux at ext. 3229 (achampoux@powayusd.com)

Westview National Honor Society Selection Procedure

To be eligible for membership, students must:

- be a sophomore or junior
- have attended Westview for one term
- have a minimum weighted cumulative academic **3.8 grade point average**

To be selected, students must demonstrate outstanding performance in:

- **Scholarship (3.8 GPA)**
- **Leadership**
- **Service**
- **Character**

The Selection Process

- Student's academic records will be reviewed by the chapter adviser to determine those persons who are scholastically eligible for membership.
- Students who are eligible will be notified and informed that for further consideration for selection to the chapter they may complete the **Student Activity Information Form**, which outlines their accomplishments in the areas of **service** and **leadership**.
- Candidates will return the *Student Activity Information Form* and the adviser will invite all faculty members to make **character** comments about each candidate that they have had professional interaction with on the **Faculty Evaluation Form**. School discipline records and citizenship grades may also be consulted for character documentation.
- *Student Activity Information Forms* and the *Faculty Evaluation Forms* will be reviewed by the five-member **Faculty Council**. Candidates receiving a majority vote from the Faculty Council will be inducted into the chapter in May.

To further define **leadership**, **service**, and **character**, the following descriptions are from the *National Honor Society Handbook, 2005 ed.* <http://www.nhs.us/>

WESTVIEW ENS DEPARTMENT PRESENTS FAMILY EXERCISE NIGHT

This year the WV Exercise and Nutritional Science Department will be hosting a monthly *Family Exercise Night* on the second Monday of each month. October 12th will be the kick-off event with a "Walk and Talk". Each family will be given a list of questions to talk about while they walk together around the Westview Campus.

*Parents and students this is a great way to spend quality time with one another, reconnect, make memories, and do something that will benefit your bodies.

Who: WV students and parents/guardian (Minimum 1 parent/guardian present)

When: October 12th

Time: 7:30pm - 8:30pm

Location: WV Gym - main entrance

Sign -up: By 7am on 10-12 via email smclaughlin@powayusd.com

Questions: Steve McLaughlin (858) 780-2000 ext. 3281



HUNGRY KIDS DON'T LEARN!



Starting October 1st, Westview cafeteria will offer breakfast daily for 30 minutes before the start of school. Students who qualify for free or reduced price school lunches are eligible for the same benefits in the breakfast program. Breakfast will cost \$1.50 for paying students and \$0.30 for students approved for reduced meal benefits. The school breakfast meal will satisfy one-quarter of each student's recommended daily nutritional allowance. Please visit

<http://www.powayusd.com/Nutrition> to sample the menu or for information about the confidential Free and Reduced meals application.

REFLECTIONS PROGRAM

Students, be a part of this year's PTSA Reflections program celebrating 40 years of achievement in the arts.

6 art areas include: Dance Choreography, Film Production, Literature, Musical Composition, Photography and Visual Arts.

This year's theme is "Beauty is..."

Think about what this theme means to you and let your shine by creating an original piece in any of the following 6 categories: Dance Choreography, Film Production, Literature, Musical Composition, Photography and Visual Arts.

Click on the links below for rules and entry forms.

Entries are due in the front office by Friday, October 30, 2009



talent



LIVE HOMEWORK HELP

The lazy days of summer are behind us, and in between class, sports practice and an after-school job, it can be hard to find time to plan a few days in advance, much less a few years to college. The San Diego Public Library has got you covered!

Does your teen need to boost his or her grades before applying to college? The Library offers free one-on-one expert online tutoring in math, English, social Studies and science every day, from 1 p.m. to 10 p.m. through **Live Homework Help**. Tutoring is also available in Spanish.

San Diego SchoolRooms, based on the California curriculum and built by teachers and librarians, is an interactive learning environment with thousands of pages of fun, multimedia content to supplement classroom lessons. SchoolRooms makes online research more productive by providing grade-appropriate, quality reference information on any number of topics.

The Library also offers 80 other online databases to meet students' research needs, including the new online **Testing & Education Reference Center**, connecting users with the most current information about colleges and universities throughout the country. The free center also identifies financial aid and scholarship sources and offers tips on how to secure available funds. And, it has a large selection of online and eBook test-prep materials to help you ace the GED, AP, SAT, ACT and many more.

Log onto www.sandiegolibrary.org or stop by the nearest local Library branch to get started.

2ND ANNUAL PUSD COLLEGE FAIR

The PUSD College Fair will take place on Tuesday, October 20th at Del Norte High School. Two sets of workshops are scheduled from 6:15pm to 7:00pm and from 7:05pm to 7:50pm. Students and parents will have an opportunity to meet with representatives from over 100 colleges from 6:00pm to 8:30pm in the high school gym. This is a wonderful opportunity for PUSD high school students (especially 10th, 11th and 12th graders) and their parents to find out more about college opportunities. Representatives from technical schools, art schools, community colleges and 4-year colleges and universities from throughout the country have committed to participating. Be sure to mark this date on your calendar and check out the college fair website at www.pusdcollegefair.org. If you would like to volunteer to help at the College Fair (students and parents are encouraged to volunteer), visit the website for more information. If you have any questions, please email College Fair Coordinator Colleen Salzetti at pusdcollegefair@san.rr.com.

RECOGNIZING FLU SYMPTOMS

Because all influenza or "flu" viruses can easily spread from person to person, Poway Unified is asking for your help in reducing the spread of flu in our schools.



Here's What Parents Can Do To Help

- Recognize the symptoms of the flu. Symptoms of the flu include fever (100 degrees Fahrenheit or higher), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- Do not send children to school if they are sick. Children who are determined to be sick while at school will be sent home. This includes before and after-school programs.
- Make plans now for children who need to stay home. Plan for how children will be cared for at home in case they become ill.
- Keep sick children at home for at least 24 hours after the fever is gone without using fever-reducing drugs. By keeping children home when they have a fever, we can reduce the number of new people who may become infected.
- For more information, visit the PUSD website at <http://www.powayusd.com/schools/Safety/>.

HOMECOMING TICKETS ON SALE NOW!

Homecoming is October 24th and tickets are on sale, starting at only \$10 in the finance office! Contact swild@powayusd.com or check the Westview Wolverine website for information on volunteering for floatbuilding and the dance. We need your support!

RED RIBBON WEEK CHARACTER COUNTS



Each fall a specific week is chosen in October to celebrate Red Ribbon Week. Westview will be acknowledging Red Ribbon week during the week of October 19-23 as well as implementing character-building ideas during the school day. Red Ribbon week is an opportunity for schools and communities to educate people about the effects of drugs and the advantages of leading a healthy lifestyle. Through various activities, educational lessons and the display of red ribbons we stress the positive promotion of a drug-free life.

Red Ribbon week was originated as a dedication to a DEA Agent named Enrique Camarena (Kiki). He was murdered by drug traffickers in Mexico. What turned out to be a one-day event to honor him became proclaimed by Congress in 1988 as Red Ribbon Week. Red Ribbon week is in its 24th year of celebration and hope.

During this week Student Support Services, PTSA and ASB will be sponsoring a variety of fun activities for students. Look for tables at lunch and notices in the bulletin.

"Remember the three Rs: Respect for self; Respect for others; Responsibility for all your actions." ~H. Jackson Brown, Jr.

SENIOR EVENT PACKAGE

Parents, our [senior event package](#) offers discounted prices for all the exciting senior events to be held this year. It includes senior giveaway days, broomball, a harbor cruise, a Disneyland trip, the senior breakfast and senior picnic. The package is available for \$200, a savings of \$55 over a la carte prices. [Click here for more information.](#)

Senior packages must be purchased by December 18, 2009.

WESTVIEW THEATRE COMPANY PRESENTS NEIL SIMON'S "FOOLS"

The Westview Theatre Company proudly presents "Fools," by Neil Simon. This hilarious comedy tells the story of Leon Tolchinsky, a young, enthusiastic teacher sent to the Russian Village of Kulenchikov to educate a young woman named Sophia. Soon after his arrival, Leon learns that Kulyenchikov is under the influence of a 200-year-old curse, which makes everyone in the village a fool. Leon ambitiously decides that he will be the one to break the evil curse and return the villagers' intelligence. To break the spell, he must teach the beautiful, young Sophia, which is a daunting task given that her greatest accomplishment to date is learning to sit. To make matters worse, Leon has only 24 hours to educate Sophia; and if he fails, he too becomes a fool! Since Leon falls madly in love with Sophia, his desire to break the spell becomes even more pressing. Will Leon find a way to break the curse, or will he be another fool in love? Come see the show to find out!



November 5, 6, 7, 12 and 14 at 7:30

Special Performance November 13th at 4:00

Come for the show and stay for the game!

Catch this special matinee performance and stay for the Westview vs. Mt. Carmel football game!

Premium Reserved: \$10

General Admission: \$8

Ticket order form at

<http://www.powayusd.com/pusdwyhs/theatre/index.htm>

WESTVIEW CHORAL DEPARTMENT PRESENTS THE FALL CABARET

The Westview Choral Department announces our first concert of the 2009-2010 school year! Come see us at the Fall Cabaret on Thursday, October 15th at 6:00 p.m. and Friday October 16th at 7:00 p.m. in the Theatre. Thursday's exciting opening night event will also include appetizers, desserts and special performances. [Please visit our website for details.](#)



TREES AND HOLIDAY WREATHS



The Westview Wrestling team is again offering the freshest Christmas trees and holiday wreaths you can buy starting October 1st and continuing through Friday, November 6th! Trees vary from 5' up to 10', and you can order your choice of Nobel Fir or Douglas Fir. The trees are actually cut two days prior to delivery, giving you the freshest tree you have ever had! Information and order forms can be obtained by talking to your favorite Westview wrestler, or by e-mailing Judy Manuche at jmanuche@san.rr.com. We guarantee it will be the freshest tree you will ever have! Thanks for supporting Westview Wrestling!

INSPIRATIONAL THOUGHT

You will come to know that what appears today to be a sacrifice will prove instead to be the greatest investment that you will ever make.

- Gorden B. Hinkley



Counselor's Corner

Upcoming Important Dates

OCTOBER

- Oct 1 - Deadline to register for Nov 7 SAT Reasoning & Subject(s)
- Oct 7 - 8:00 Westview Theater: CSU Application Process [SENIORS ONLY]
- Oct 10 - SAT Reasoning & Subject(s) tests
- Oct 14 - 9:00 a.m. UC Application Process & Personal Statement [SENIORS ONLY]
- Oct 14 - PSAT given in Homeroom for students who have already registered
- Oct 21 - 8:00 a.m. Common Application Workshop
- Oct 24 - ACT Test
- Oct 28 - "Drop in" time for students to get help on their online application (Computer Lab) [SENIORS ONLY]
- Oct 30 - Deadline to register for Dec 5 SAT Reasoning & Subject(s)

NOVEMBER

- Nov 1 - Deadline to submit materials for Letters of Rec and Secondary School Reports from counselor [SENIORS ONLY]
- Nov 4 - "Drop in" time for students to get help on their online application (Computer Lab) [SENIORS ONLY]
- Nov 7 - SAT Reasoning & Subject(s)
- Nov 18 - "Drop in" time for students to get help on their online application (Computer Lab) [SENIORS ONLY]
- Nov 30 - UC & CSU apps due [SENIORS ONLY]

College Presentations

Several colleges will be on campus to present their various programs to our students. Following is a list of our presenters for October and November, but check your Family Connection account for a complete list. Students will need to RSVP for an admission session through Family Connection. Signed permission forms are required for any visits occurring during class time. See Miss Bloomfield for assistance.

COLLEGE NAME	DATE	TIME	LOCATION
San Diego State University	October 1, 2009	10:00 AM	STAFF LOUNGE
Middlebury College	October 2, 2009	8:05 AM	Wolverine Center
Johns Hopkins University	October 2, 2009	9:00 AM	Wolverine Center
University of Oregon	October 2, 2009	12:00 PM	Wolverine Center
University of the Pacific	October 5, 2009	11:30 AM	Wolverine Center - conference room A21
Embry-Riddle Aeronautical University - AZ	October 6, 2009	10:00 AM	Wolverine Center
Reed College	October 9, 2009	9:00 AM	Wolverine Center
Whitworth University	October 13, 2009	8:05 AM	Wolverine Center
Stonehill College	October 14, 2009	12:30 PM	Wolverine Center
Boston University	October 15, 2009	11:21 AM	Wolverine Center
Stanford University	October 15, 2009	2:00 PM	Wolverine Center
Gordon College	October 16, 2009	12:30 PM	Wolverine Center
University of California at San Diego	October 19, 2009	10:45 AM	Staff Lounge
Marymount College	October 19, 2009	12:15 PM	Wolverine Center
Seattle University	October 20, 2009	8:05 AM	Wolverine Center
University of Redlands	October 20, 2009	8:45 AM	Wolverine Center
The Evergreen State College	October 20, 2009	9:30 AM	Wolverine Center
Biola University	October 20, 2009	10:45 AM	Wolverine Center
University of Connecticut	October 21, 2009	9:15 AM	Wolverine Center
Whittier College	October 21, 2009	9:45 AM	Wolverine Center
California Lutheran University	October 21, 2009	11:00 AM	Wolverine Center
Emerson College	October 21, 2009	12:15 PM	Wolverine Center
University of Colorado at Boulder	October 21, 2009	1:00 PM	Wolverine Center
Indiana University-Purdue	October 22, 2009	8:05 AM	Wolverine Center

University Indianapolis			
Westminster College	October 22, 2009	9:00 AM	Wolverine Center
Baylor University	October 22, 2009	10:00 AM	Wolverine Center
William Woods University	October 22, 2009	11:30 AM	Wolverine Center
University of Colorado at Denver	October 22, 2009	12:15 PM	Wolverine Center
University of California at Santa Barbara	October 23, 2009	8:05 AM	Staff Lounge
University of Southern California	October 23, 2009	10:00 AM	Wolverine Center
Washington University in St. Louis	October 27, 2009	9:15 AM	Wolverine Center
Harvey Mudd College	October 27, 2009	10:00 AM	Wolverine Center
Colorado State University	October 27, 2009	11:15 AM	Wolverine Center
Whitman College	October 28, 2009	9:30 AM	Wolverine Center
The University of Arizona	October 28, 2009	12:00 PM	Wolverine Center
Linfield College	October 28, 2009	1:00 PM	Wolverine Center
University of Hawaii at Manoa	October 30, 2009	8:30 AM	Staff Lounge
Suffolk University	November 3, 2009	11:30 AM	Wolverine Center
Macalester College	November 16, 2009	8:05 AM	Wolverine Center